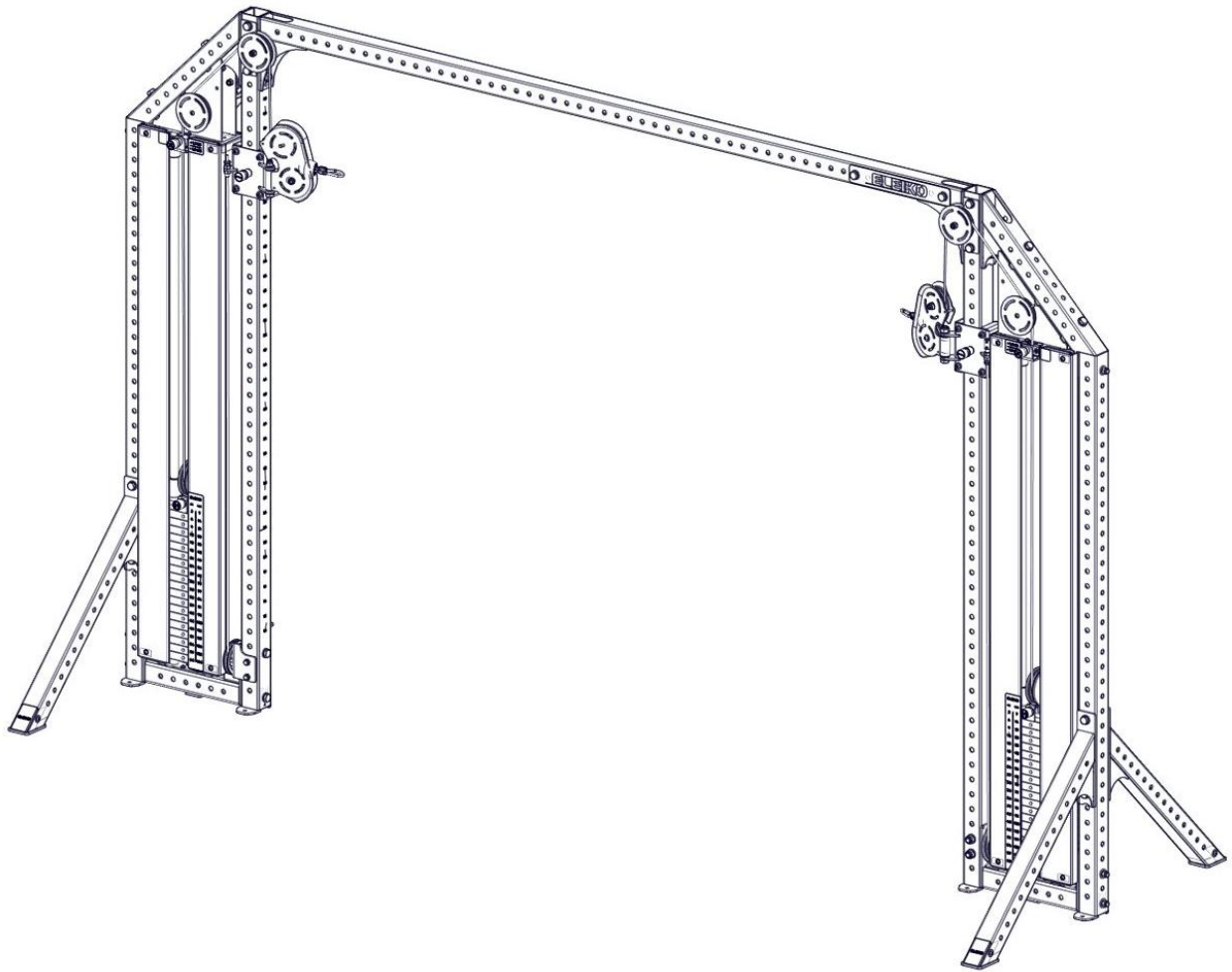


Eleiko Cable Cross

RAISE THE BAR



ELEIKO

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Read Before Installation and Use

Caution

The equipment must be installed and used in a place whose access and supervision are specifically controlled by the owner.
Be sure to install the equipment on a stable base and properly level the equipment.
ELEIKO recommends that all equipment is secured to floor and installed by a licensed contractor or an ELEIKO-installer.
The equipment is intended for indoor use only.

Safety Instructions

It is the responsibility of the purchaser of ELEIKO products to instruct all users and supervising personnel on proper usage of the equipment. It is also the responsibility of the purchaser of ELEIKO products to assess the suitability of the floor, and to choose appropriate fasteners depending on floor type when using ELEIKO products that needs to be bolted to the ground.

1. All included warnings (labels) and instructions **MUST** be read before the use of any ELEIKO-equipment. Use each equipment as it is intended for.
2. A user **MUST** get a medical examination and proper instructions before the use of any ELEIKO-equipment.
3. **DO NOT** let anyone, under any circumstances, use equipment that appears to be damaged. Do not try to repair any equipment before consulting an ELEIKO technician.
4. **DO NOT** replace the components of ELEIKO-equipment with other none ELEIKO equipment (magnetic safety pin, frames, bars), do not improvise. If there are any doubts consult an ELEIKO representative prior to any intervention.
5. **DO NOT** overload the equipment and **DO NOT** try to exceed personal strength Levels.
6. Children under the age of 14 must be supervised by an adult.
7. **DO NOT** remove any safety labels from the ELEIKO-equipment. ELEIKO is not responsible if a label is removed. Replace damaged labels immediately.
8. Eleiko package for products can be made of wood, be aware of splinters, **MUST** use gloves and proper work wear.
9. Eleiko package material could be a risk when handling, be aware of crushing, **MUST** use work wear including gloves and hard shoes.
10. Eleiko products and packing material is heavy, **MUST** use proper lifting technique, work wear and hard shoes.

Preventive Maintenance & Inspections

Regularly

NOTE: The safety level of the equipment can only be maintained if it is examined regularly for damage and wear.

- Clean the surfaces on frames and tubes from dust and dirt.
- Check that all bolts between parts, walls, floors are properly tightened, according to recommendations.
- Check equipment for sharp edges and replace if necessary.
- Check tubes and welds for cracks or other defects, replace if necessary.

Spare Parts and Service

Contact Eleiko for spare parts and service:

Eleiko Group AB | Klastorpsvägen 18 | SE-302 62 HALMSTAD | Sweden

E-mail: service@eleiko.com | Phone: +46 35 17 70 70 | www.eleiko.com

Warranty

All products manufactured by ELEIKO are warranted to the original purchaser to be free from defects in workmanship and / or materials under normal use or service as follows:

- 10 years on welds on structural frame (NOT on moving parts)
- 5 years on structural moving parts.
- 3 years on bearing, bushings and pulleys.
- 1 year on wire, accessories and PUR upholstery.

Warning Labels

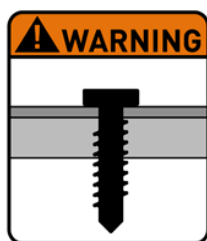
Precautions



Pinch point



Bolt To Gound



Eleiko recommends that this product should be bolted to the ground. Make sure the ground is solid and level. Consult a licensed contractor to choose the appropriate anchoring fasteners for your facility.

See assembly instructions for the position of the anchoring points.

Product Info

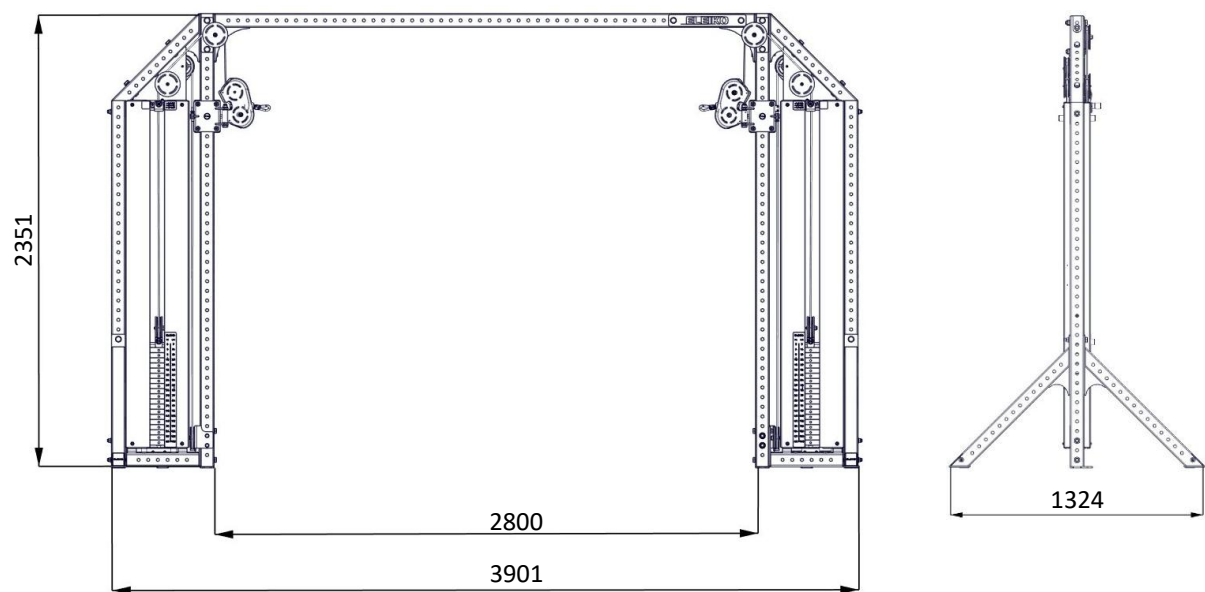
Purpose
 The Eleiko Cable Cross provides users with a wide range of excercises that target all muscle groups.

- General Instructions for Use**
1. Use the selector pin to select training weight.
 2. Adjust height on carriage by pulling the pop-pin.
 3. Switch to different handles depending on exercise.
 4. Release 1,5 kg / 3,5 lbs weight increment by pulling pop-pin.

Description

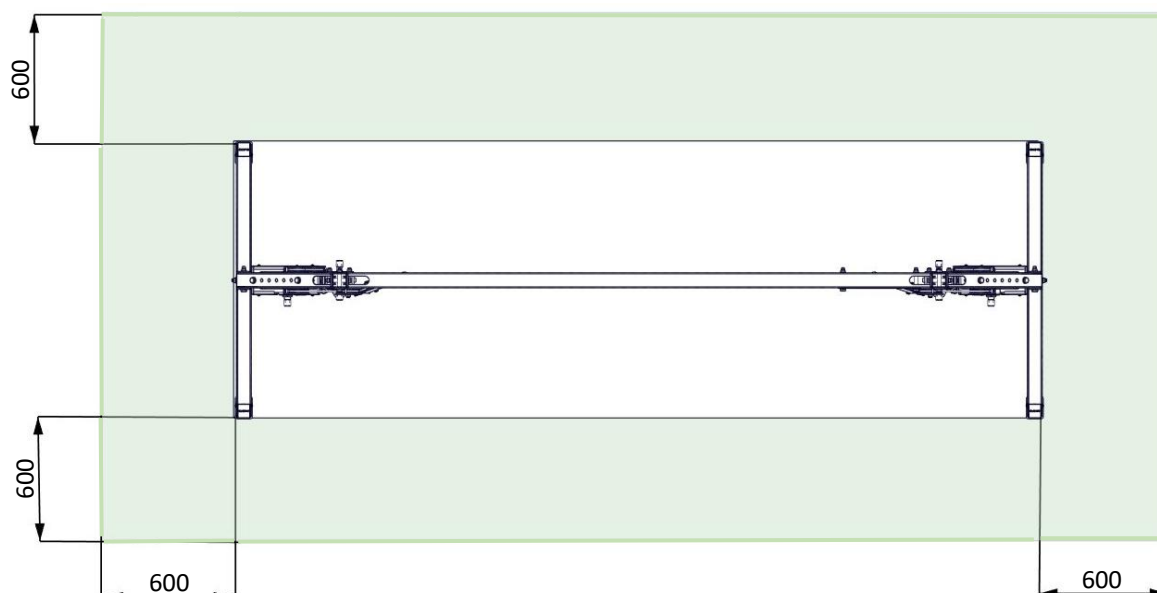
		3085807 (120 kg)	3085807 (90 kg)
Max user weight	-	N/A	N/A
Max training weight	kg	240	180
	lbs	529	396
Product weight	kg	478	418
	lbs	1054	922
Dimensions (L x W x H)	mm	3901x1324x2351	3901x1324x2351
	inch	153,6x52,1x92,6	153,6x52,1x92,6

3085807



Safety Area

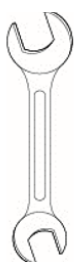
Before assembly, make sure you have enough space on all sides of the equipment to create a safety area. This safety area exists to avoid personal injury when using the equipment and need to follow the measurements set below.



User Guide

Required Tools

You need the following tools to assemble the equipment.



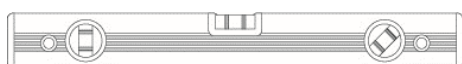
Wrench
Sizes: 14, 17 & 24



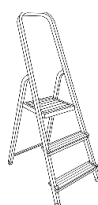
Socket Wrench
Sizes: 10, 17 & 24



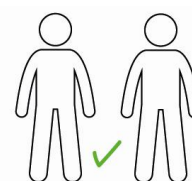
Hex Key-kit
Sizes: 3,4,5,6 & 8



Spirit Level



Stepladder

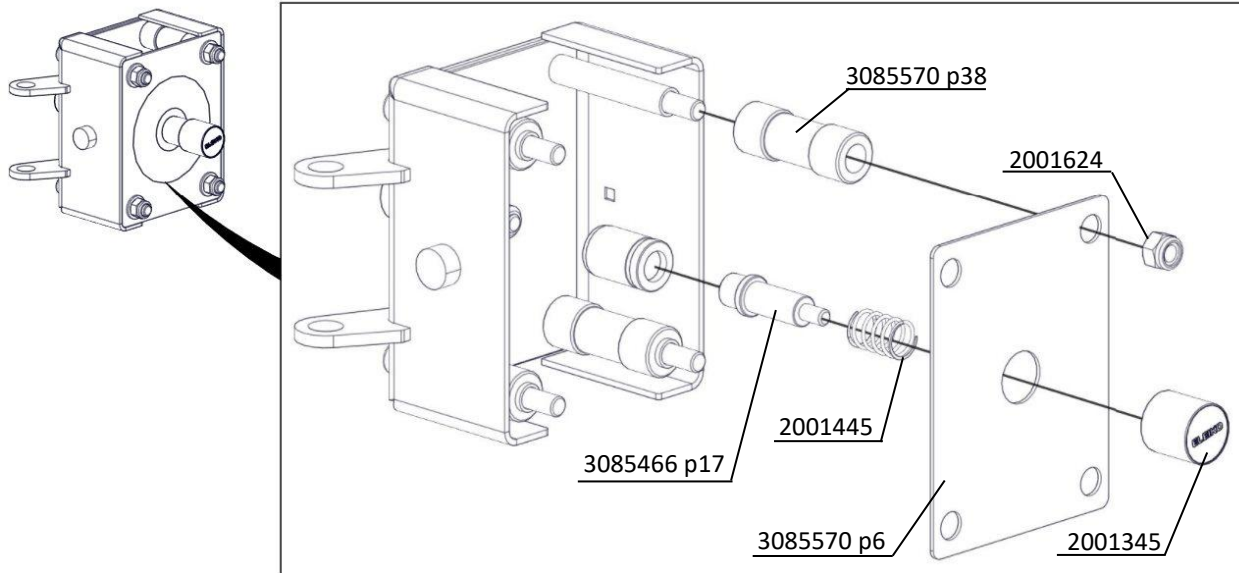


Spare Part List

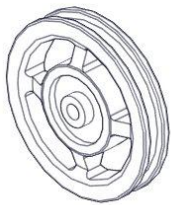
Contact Eleiko for spare parts.

E-mail: service@eleiko.com | Phone: +46 35 17 70 70

3085601a3-SERV



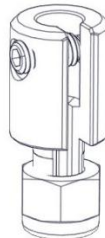
2001482-SERV



2001000-SERV



2002529-SERV

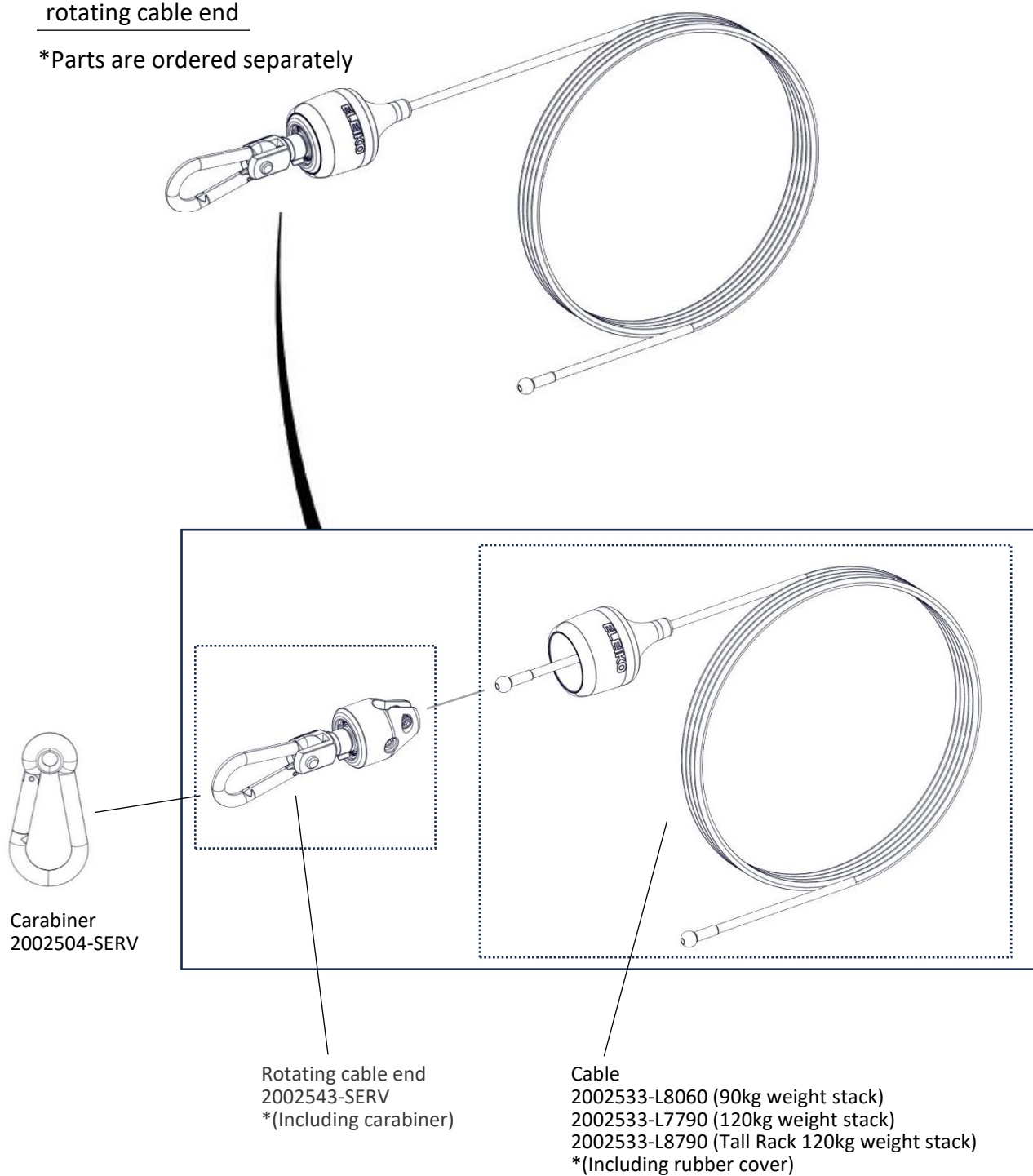


2002453-SERV



Mounted cable and rotating cable end

*Parts are ordered separately



List of Components

User manual Cable cross 2002603

1x



Box - Starter kit 2002597

4x



M16 x 110
2001385-L110

10x



M16 x 100
2001385-L100

28x



Washer M16
2001421

14x



Locking Nut M16
2001379

1x



2001836

2x



2001845

2x



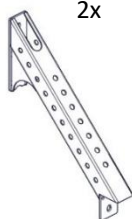
2001320

4x



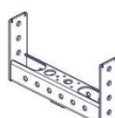
2001925

2x



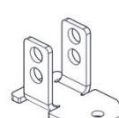
2001299

2x



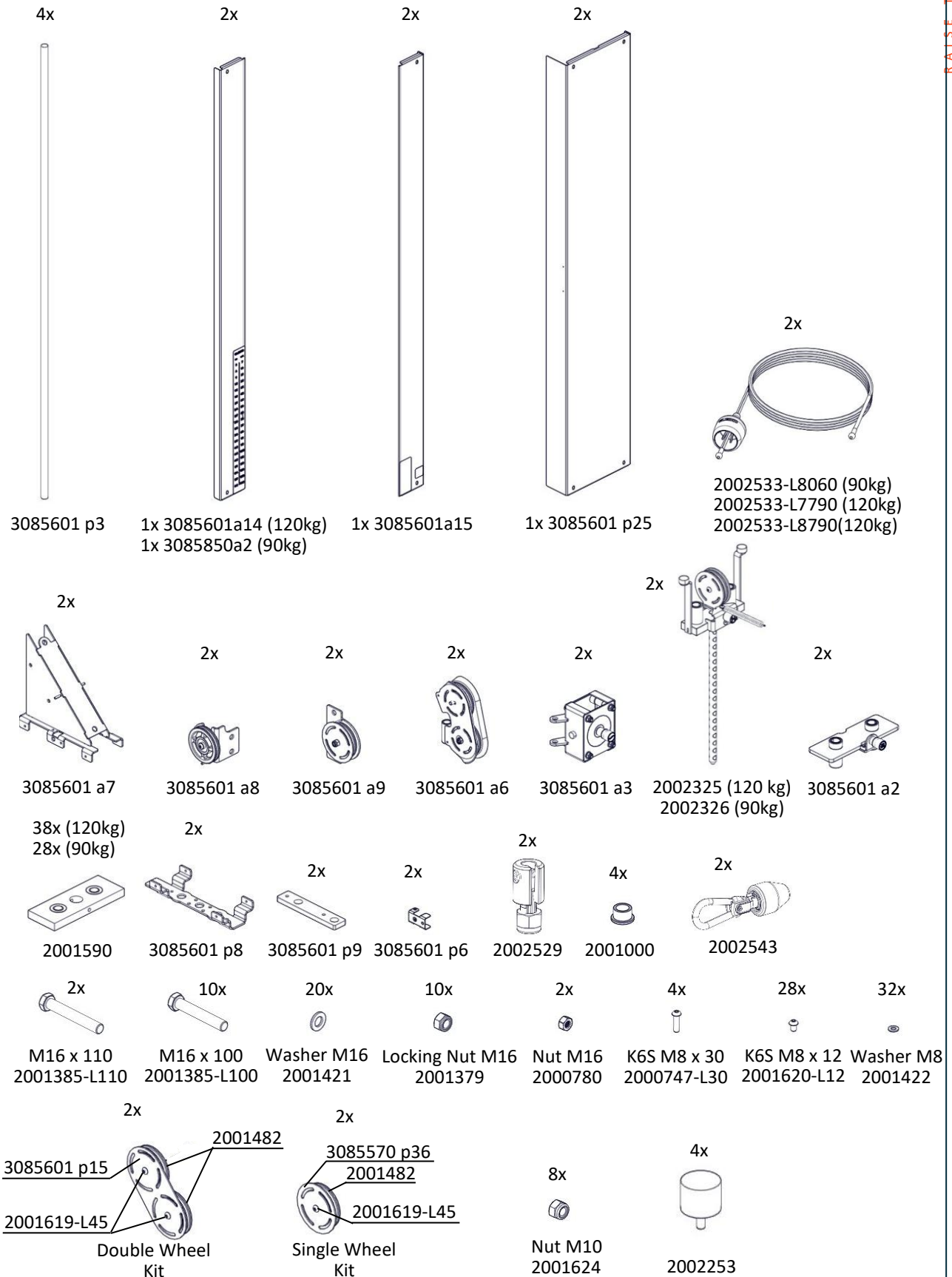
2001592

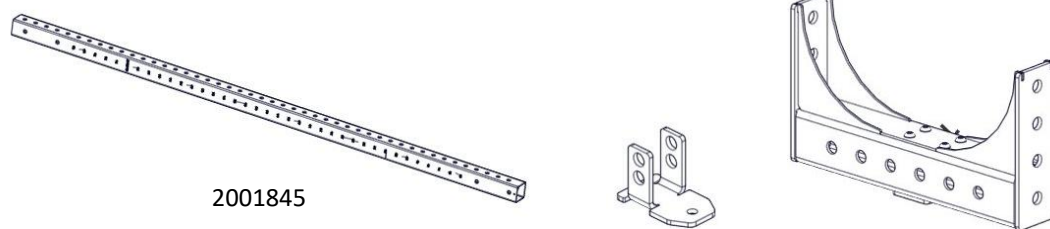
4x



2001373

2x Box 3085601 for 120kg
2x Box 3085850 for 90kg

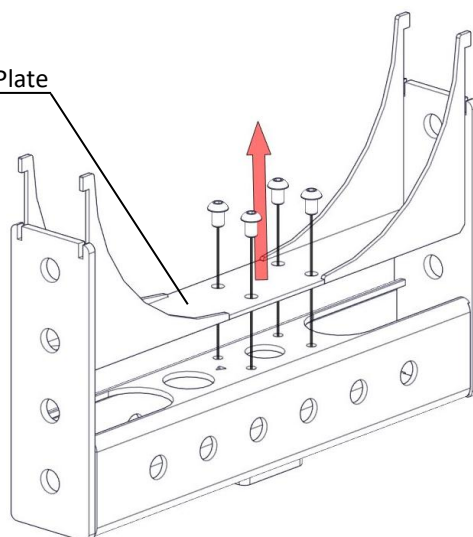




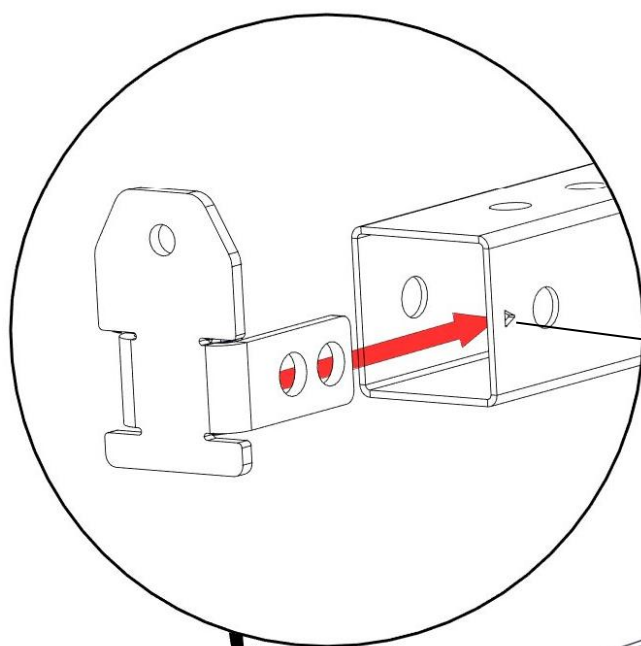
1

Mount the frame lying on the ground!

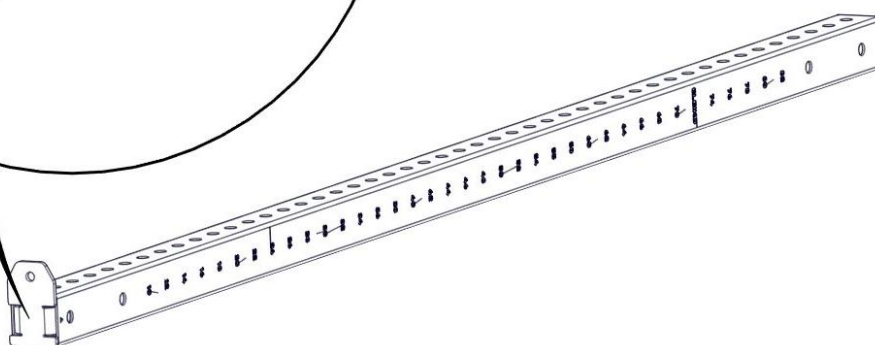
Remove the Top Cover Plate

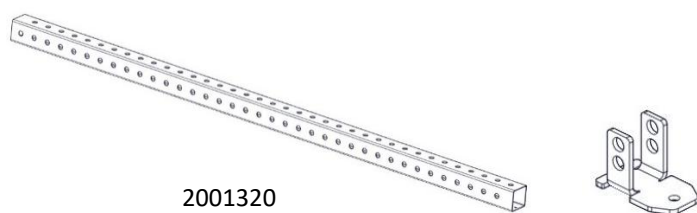


Save the parts in case the Cable Attachment needs to be removed in the future.

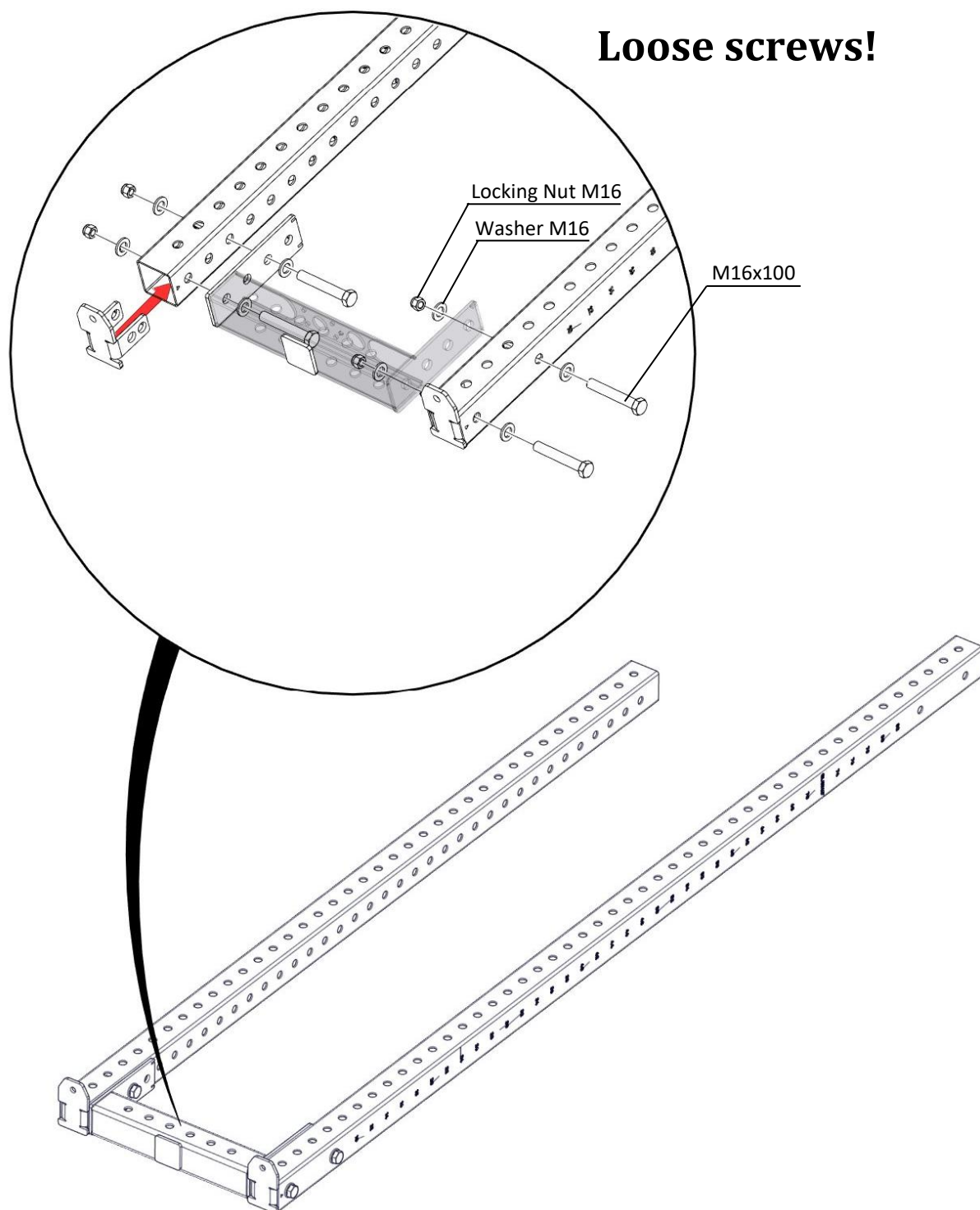


Make sure this mark points in this direction.



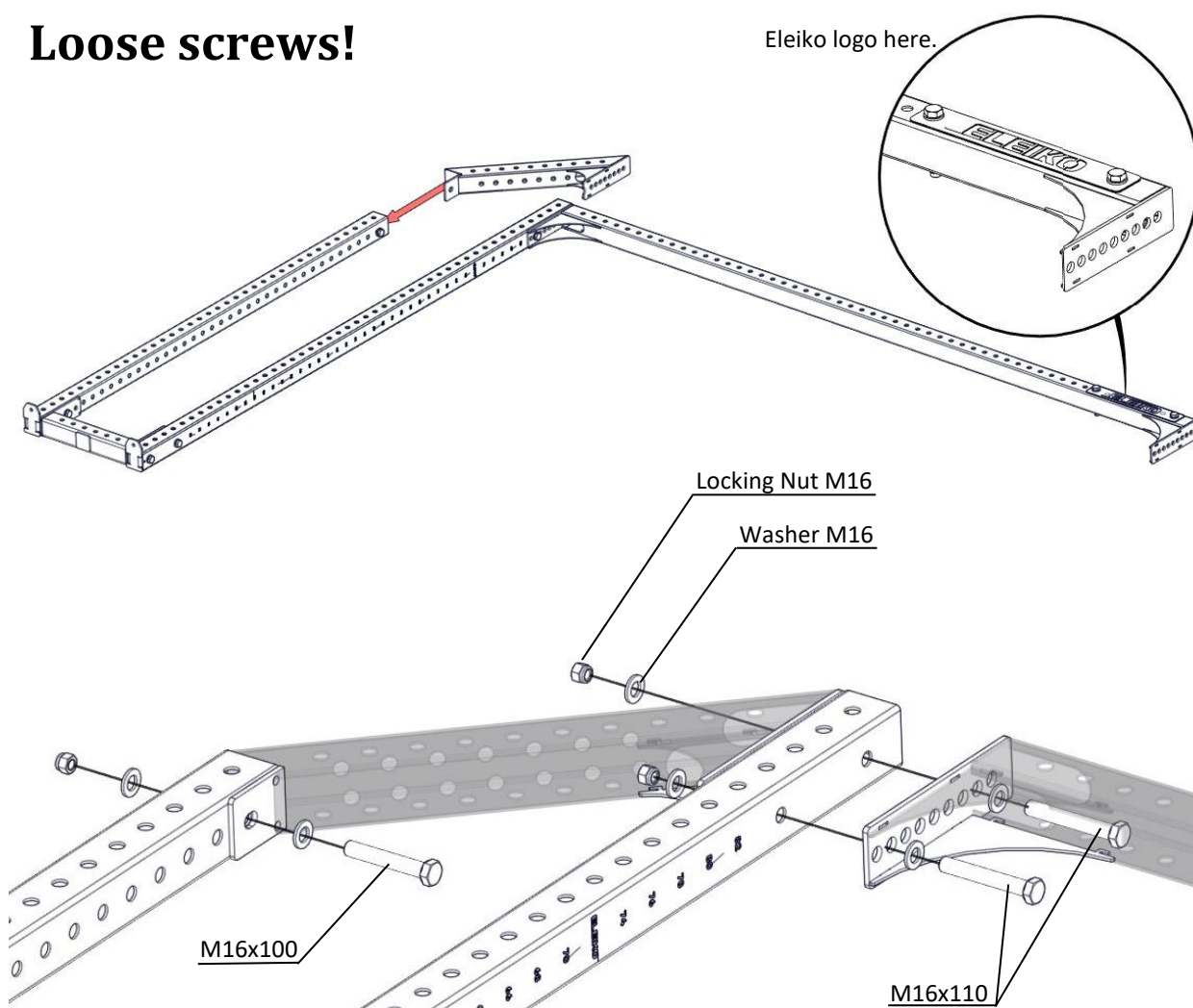


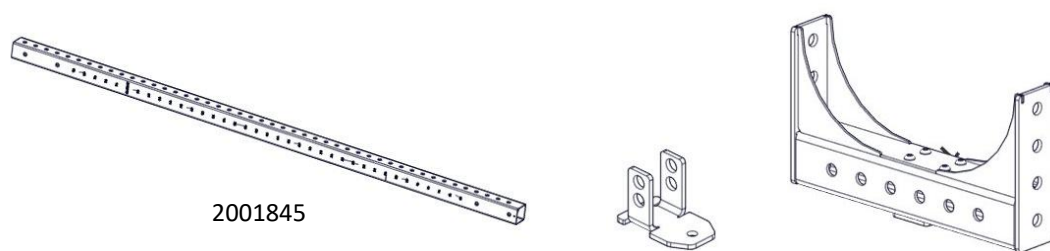
2



3

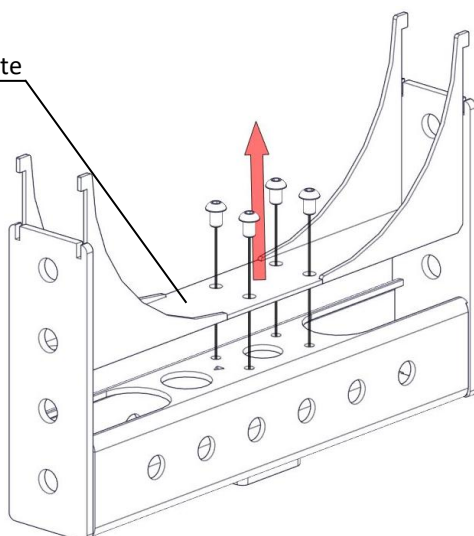
Loose screws!





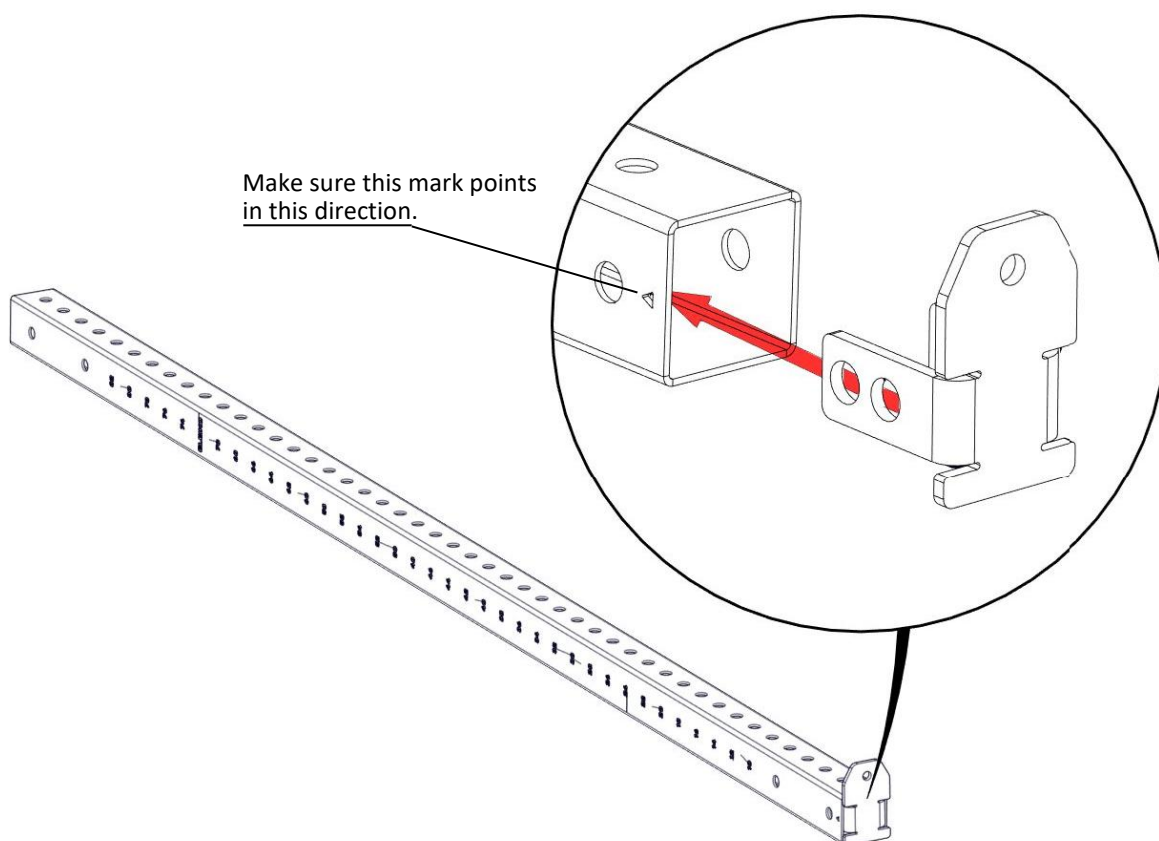
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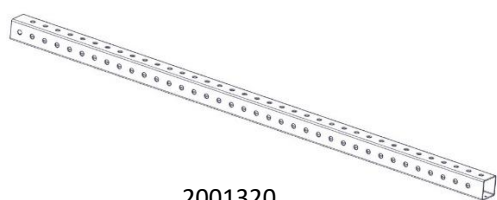
Remove the Top Cover Plate



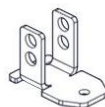
Save the parts in case the Cable Attachment needs to be removed in the future.

Make sure this mark points in this direction.

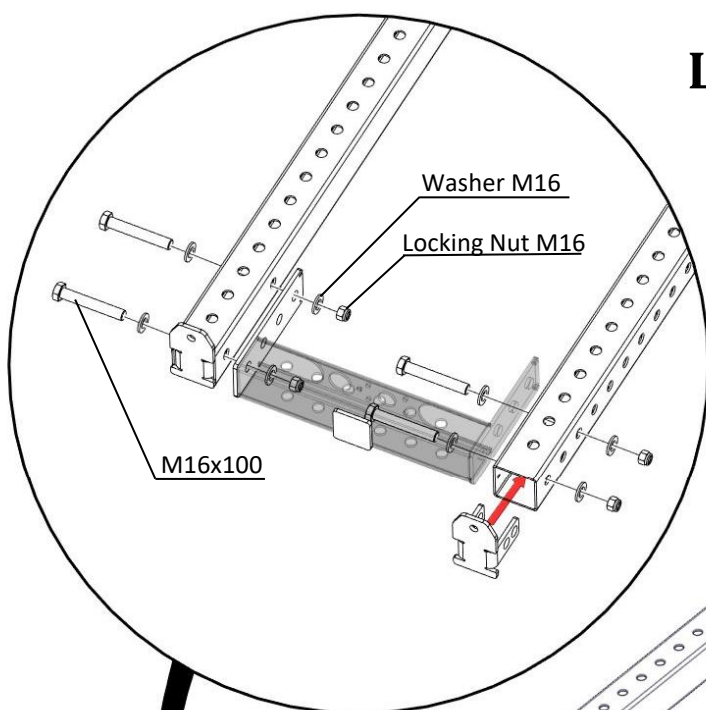
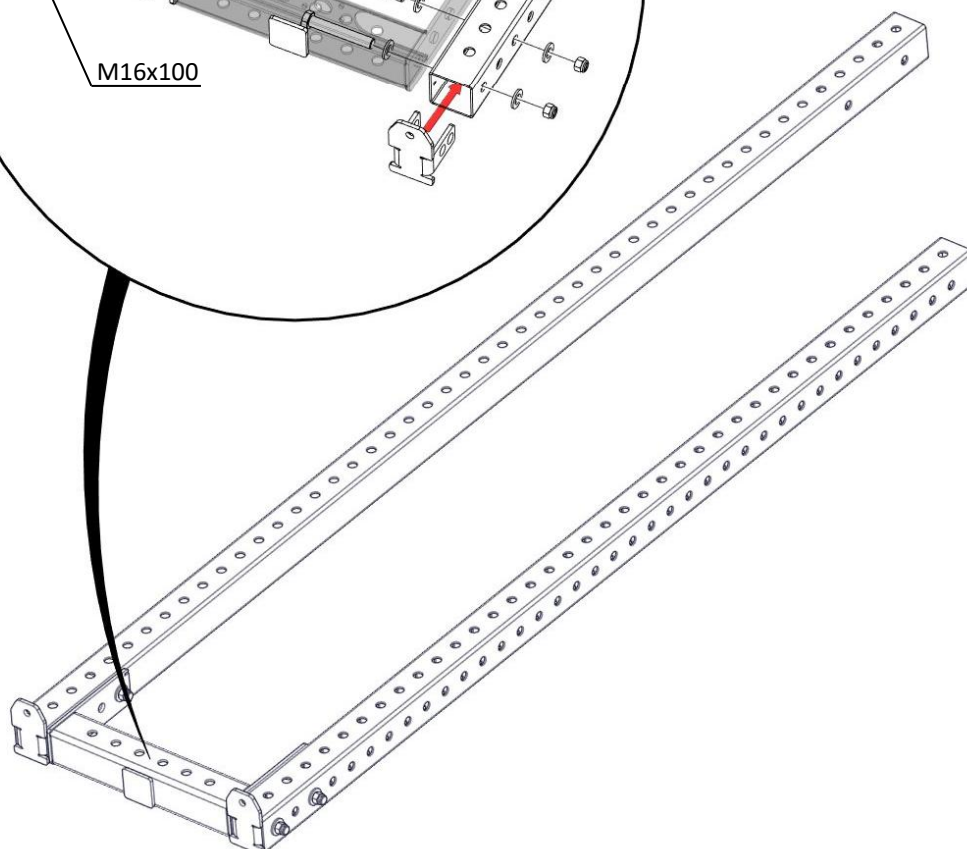




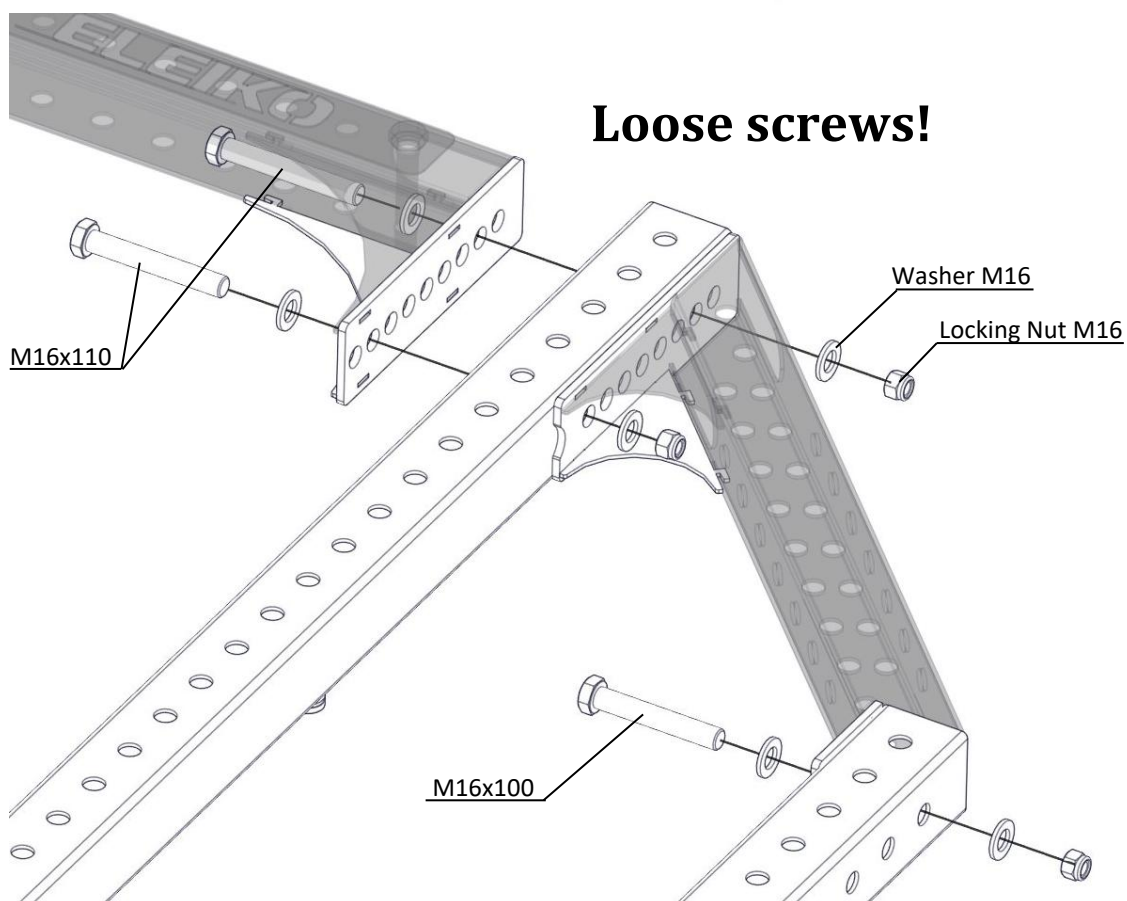
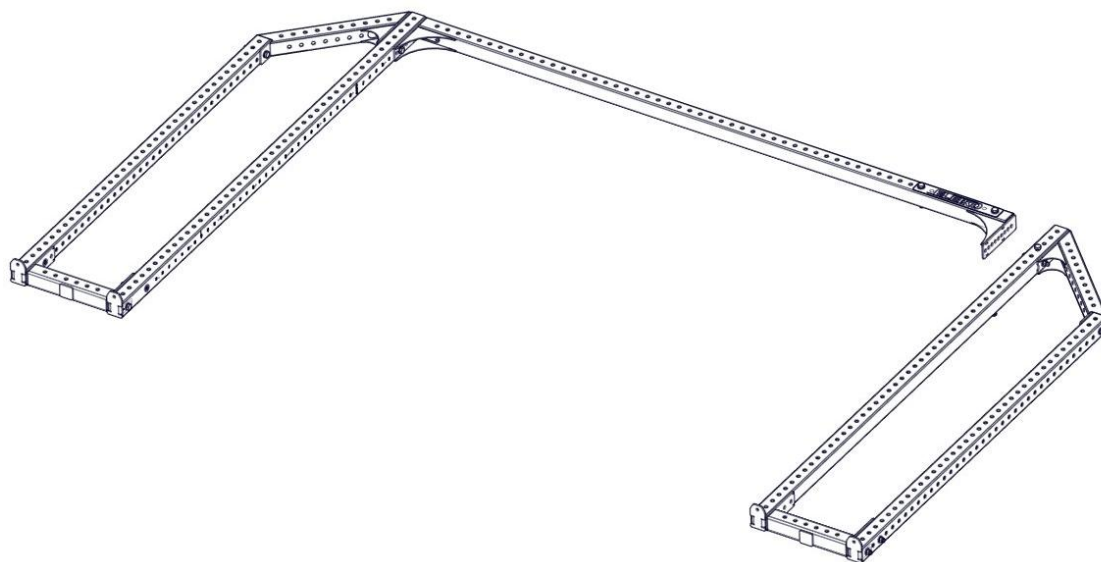
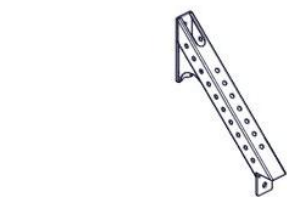
2001320

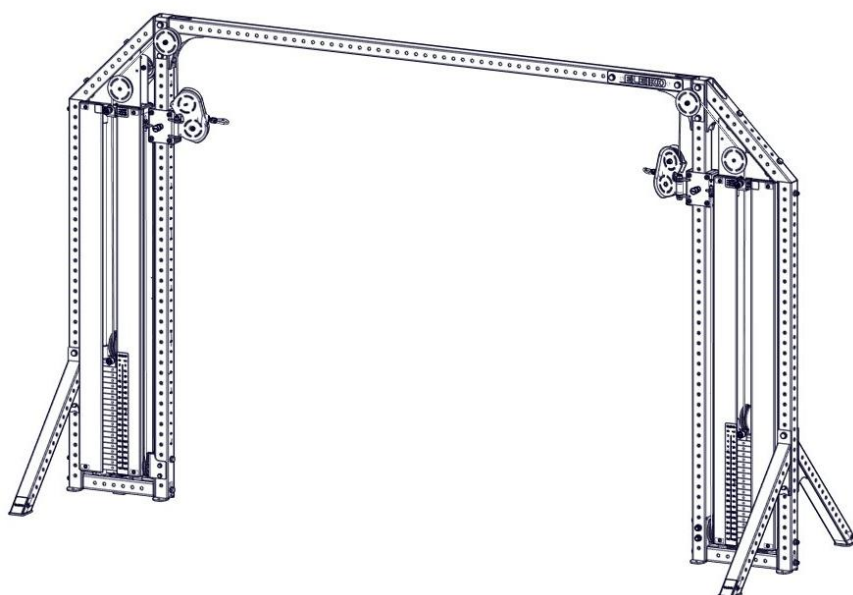


5

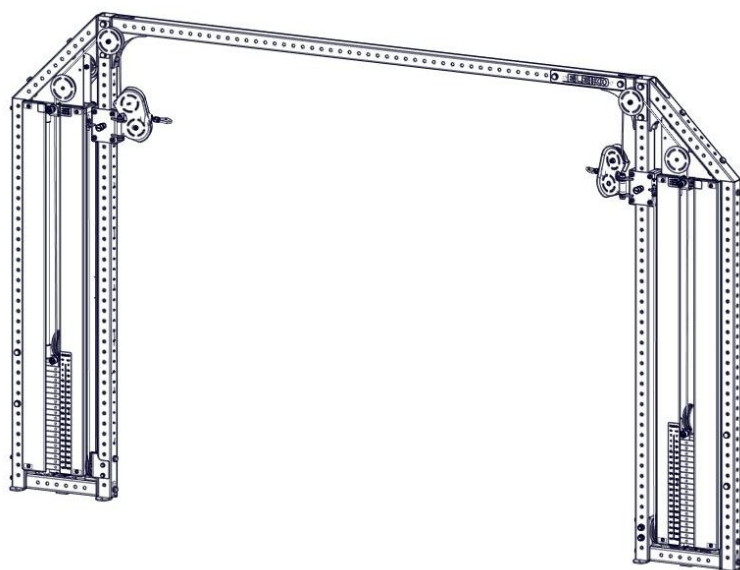

Loose screws!


6



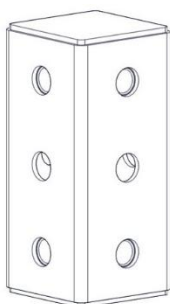


Free Standing
Continue on page 19.

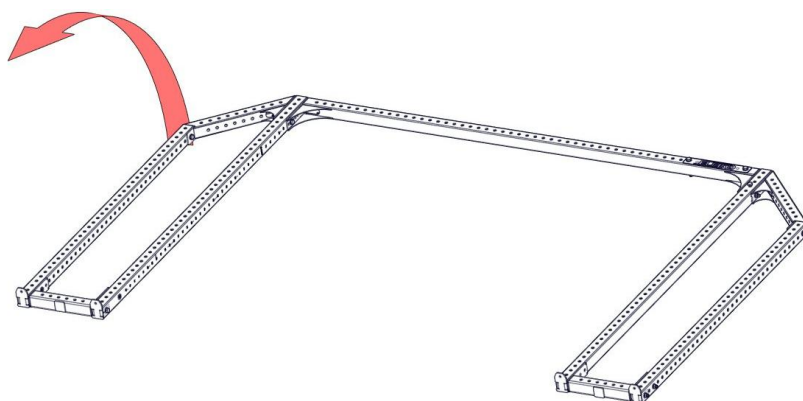
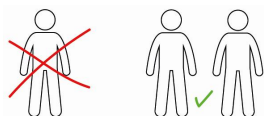


Multi Station

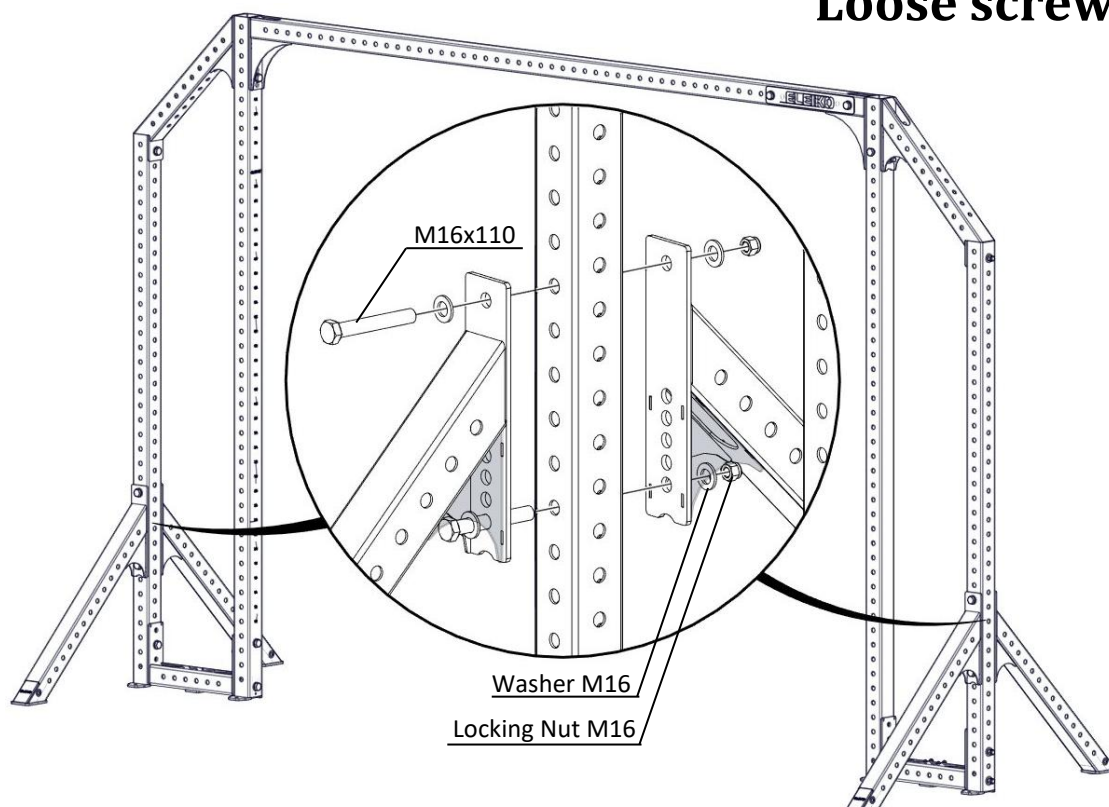
Use Connector 2002014 to connect to other stations.
Manual for how to connect is provided in box for 2002014.

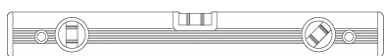


7

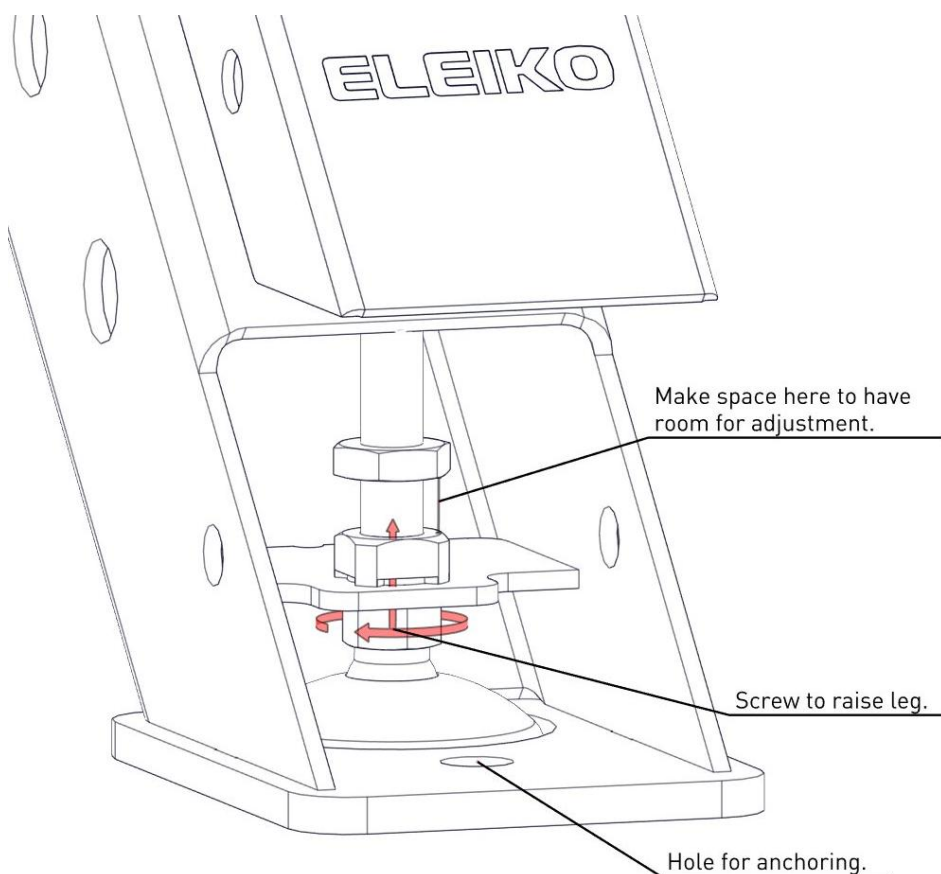
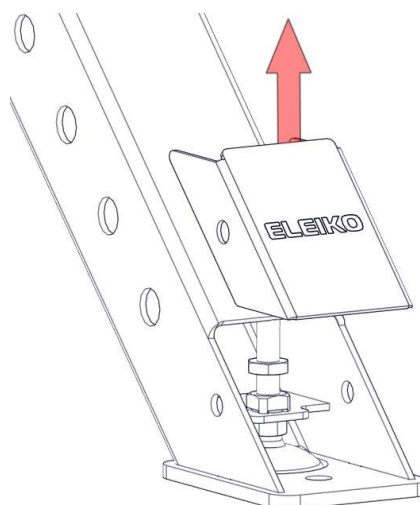
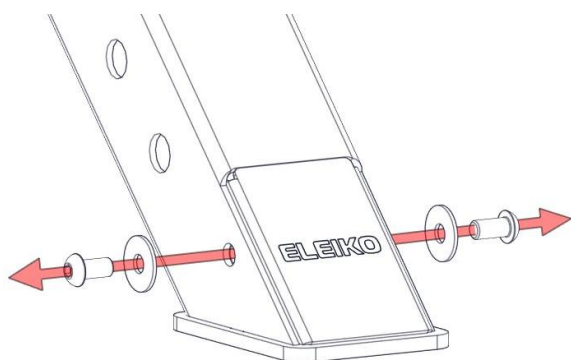
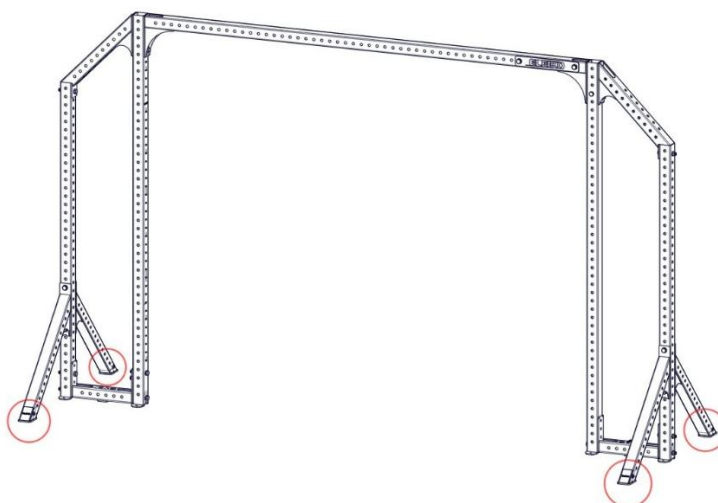


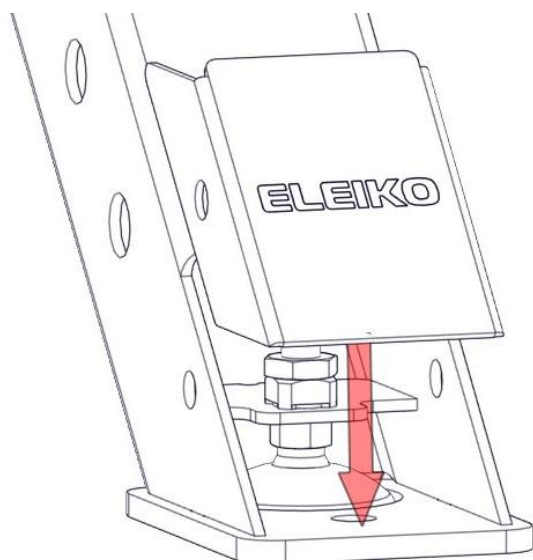
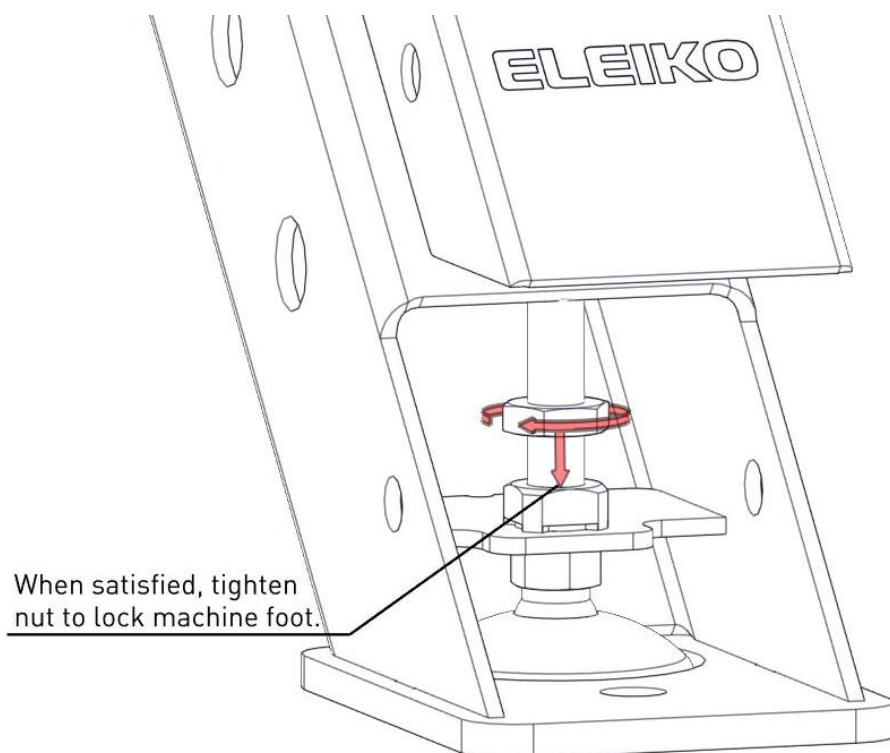
Loose screws!





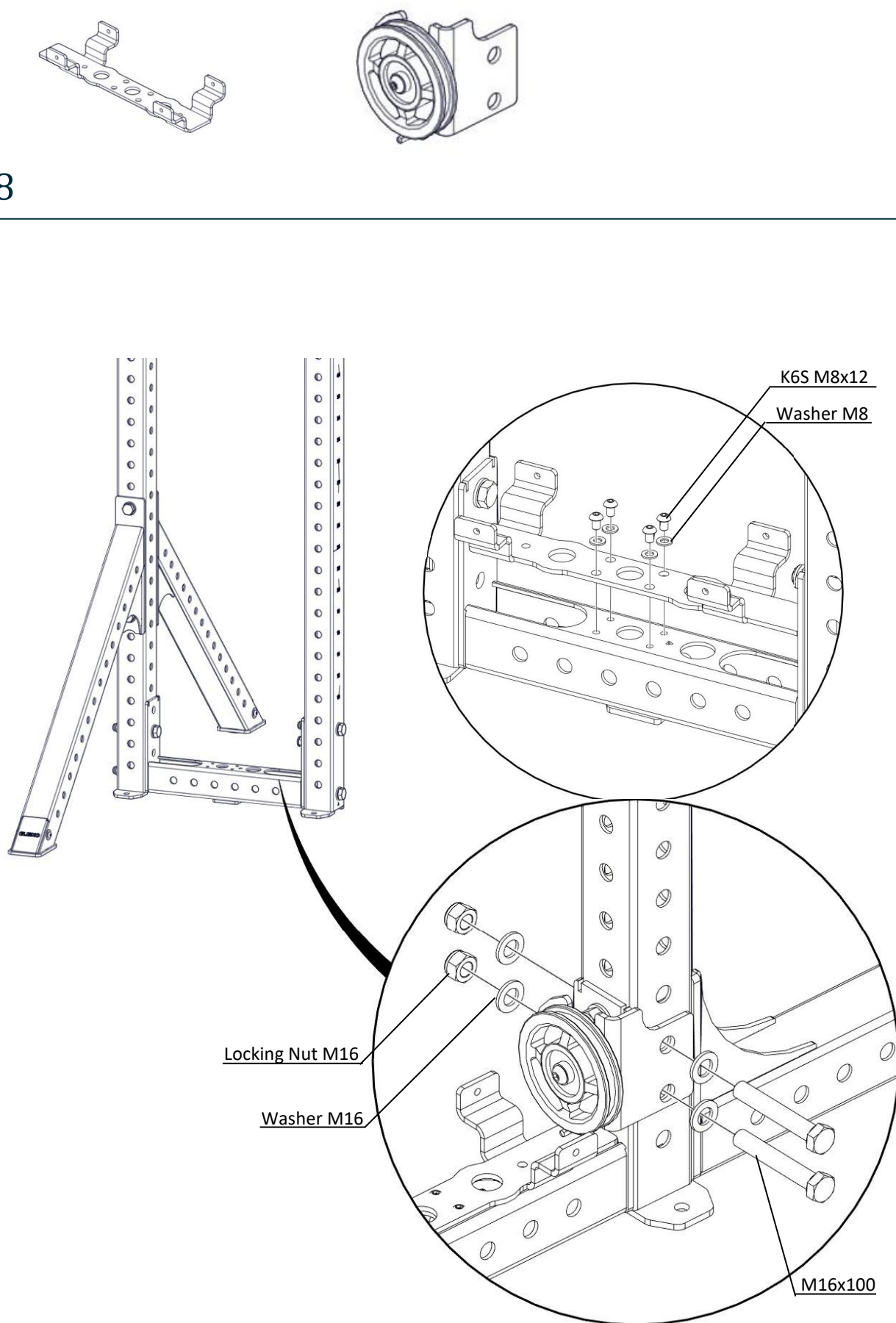
Adjust legs and level the frame for a correct position.

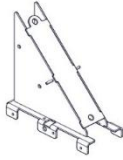




Now tighten ALL M16-screws!

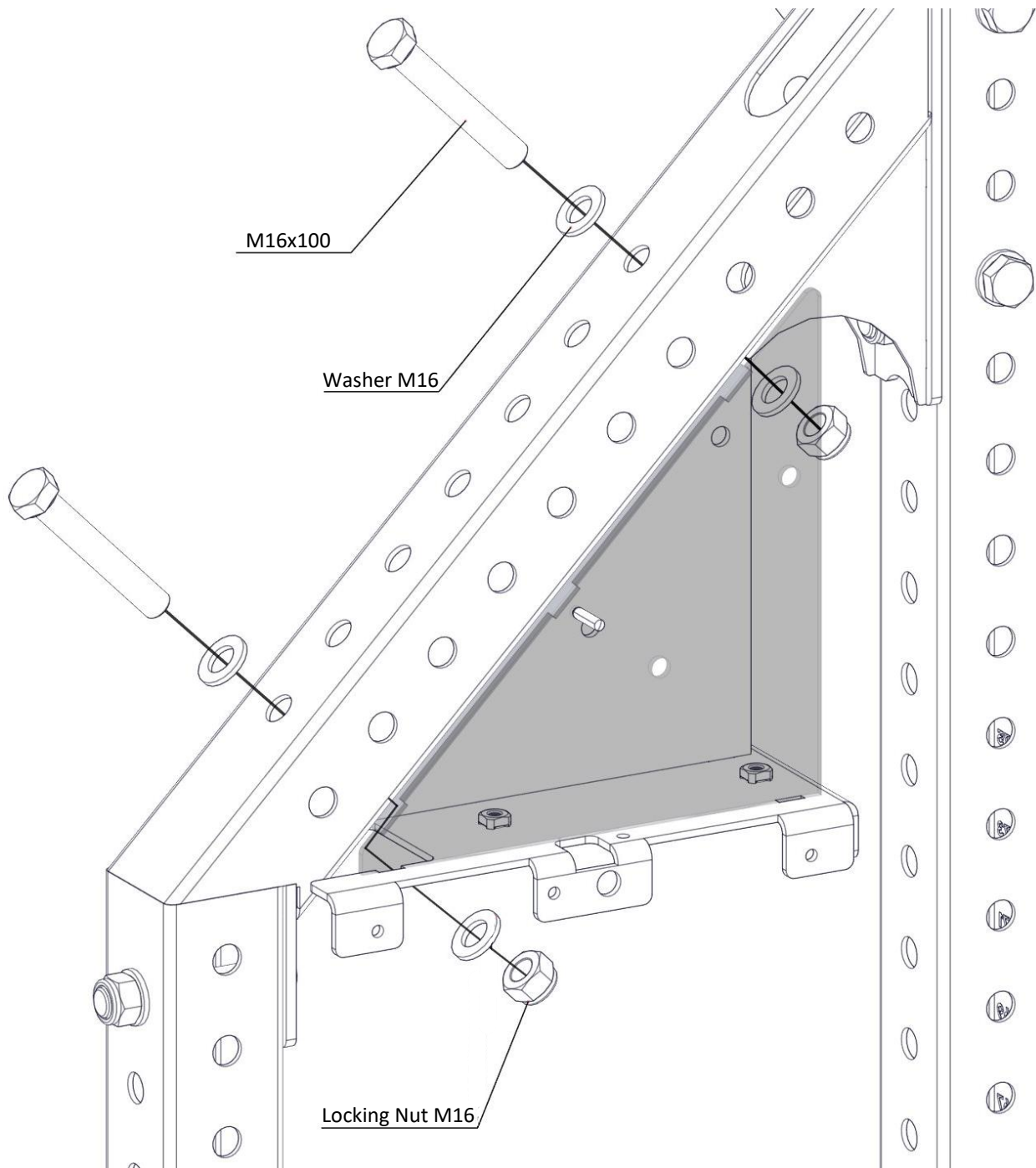
8



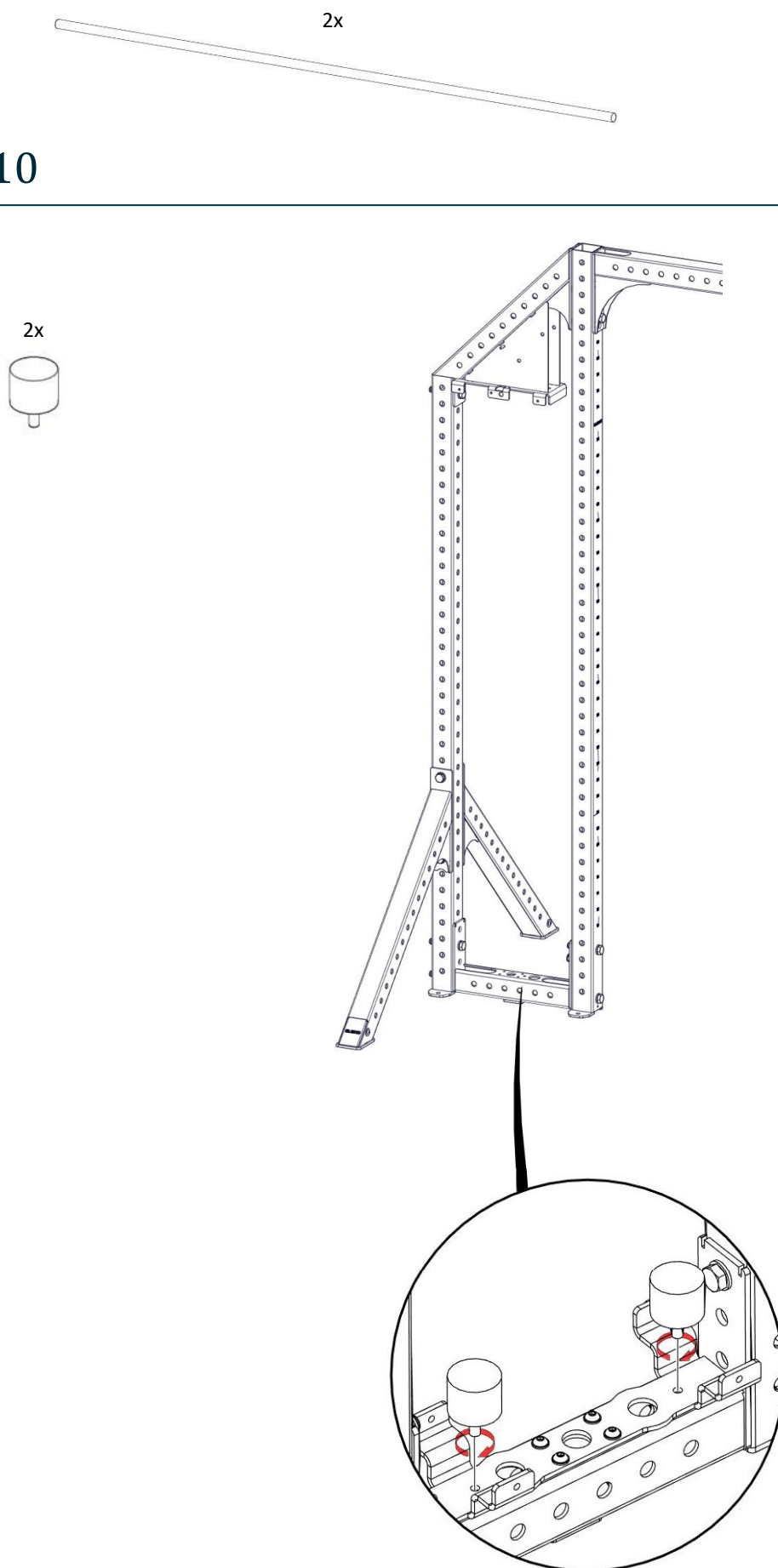


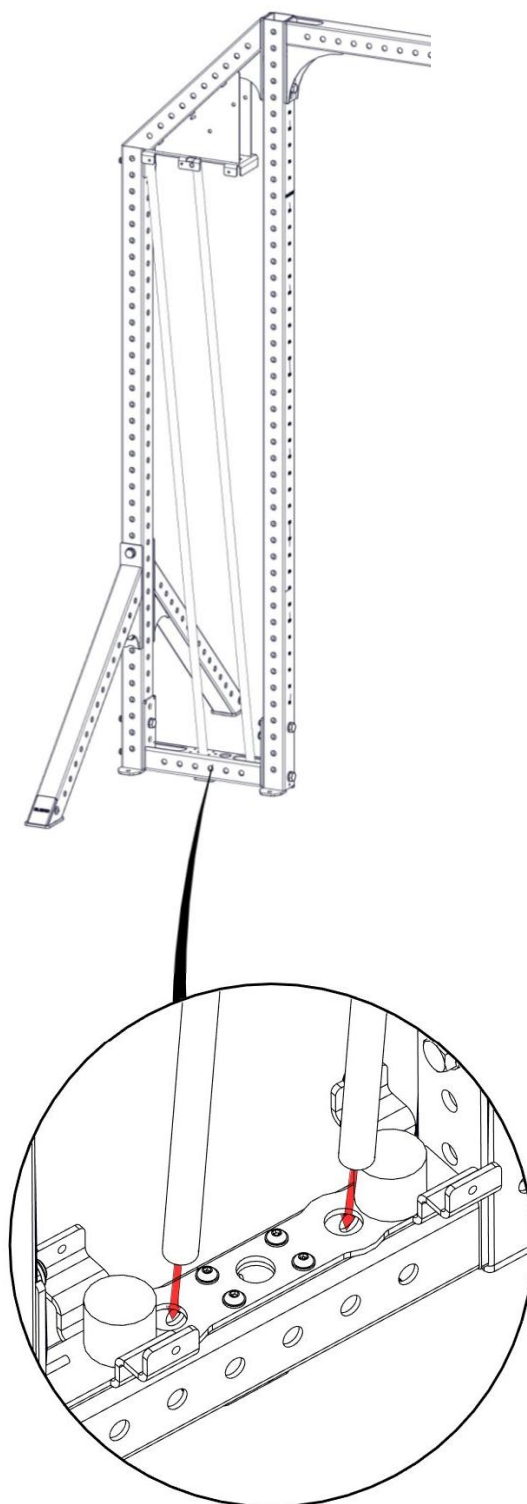
9

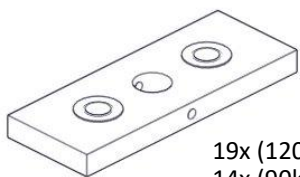
RAISE THE BAR



10

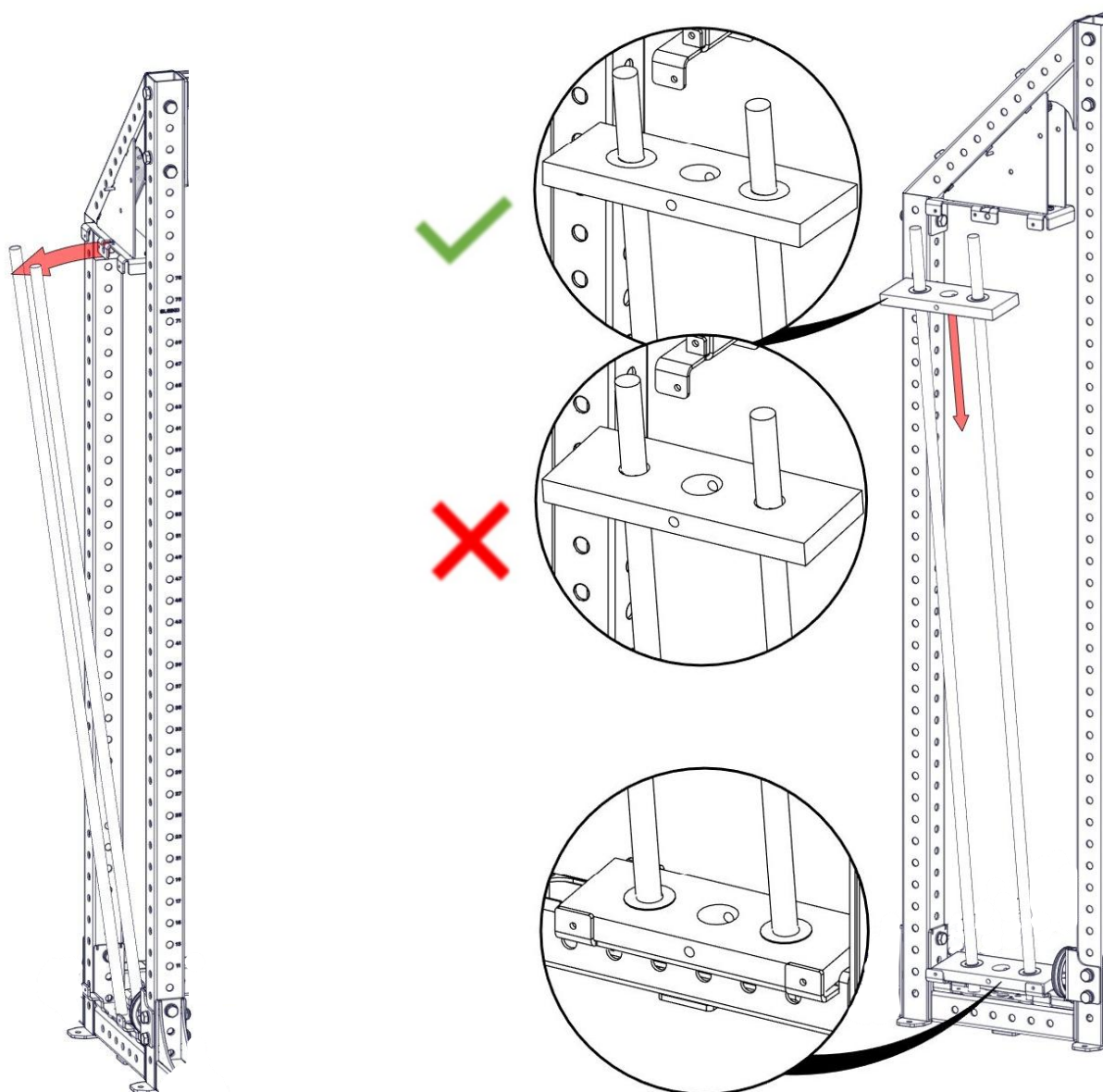




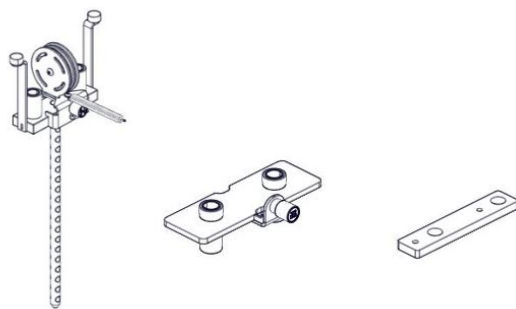


19x (120kg)
14x (90kg)

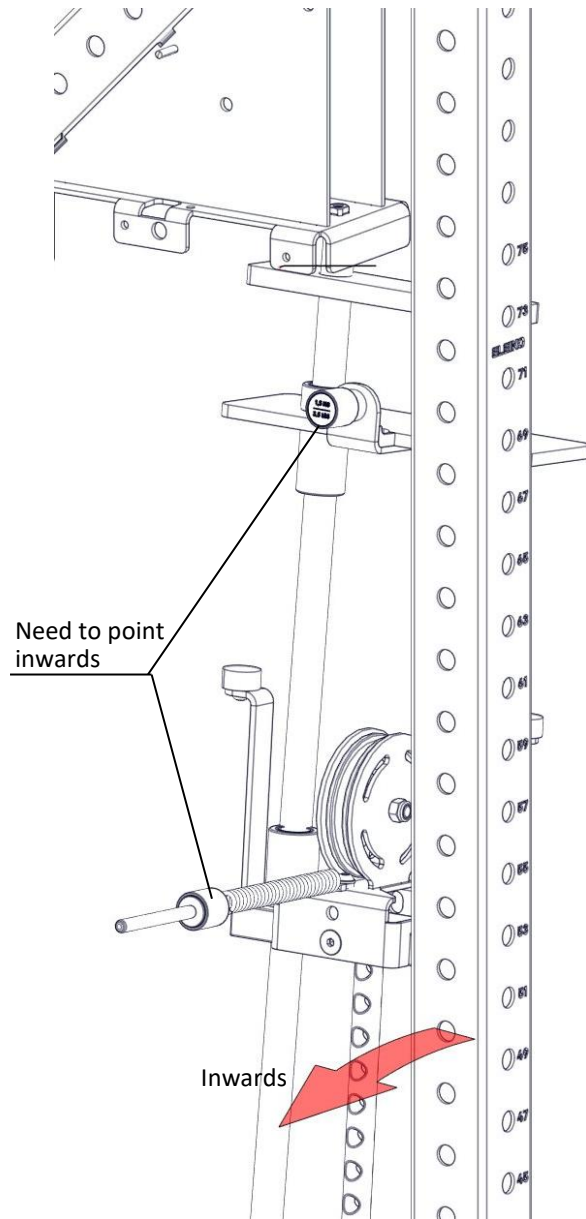
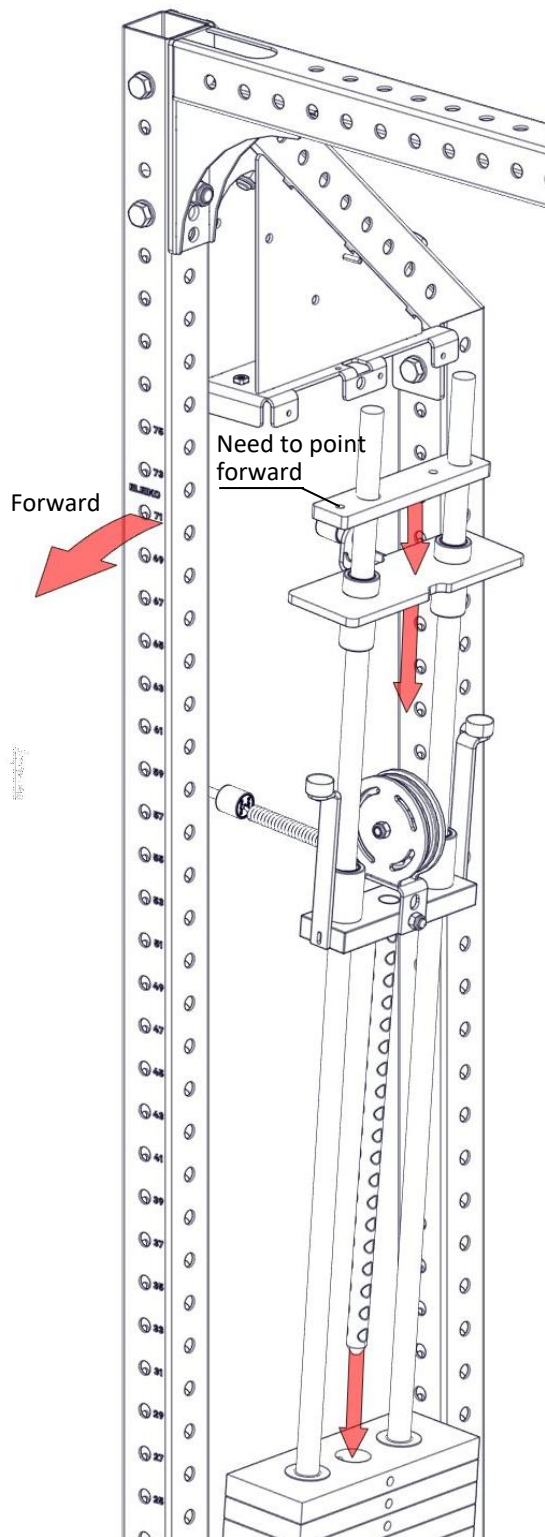
11



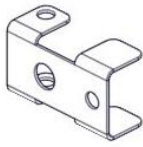
12



RAISE THE BAR

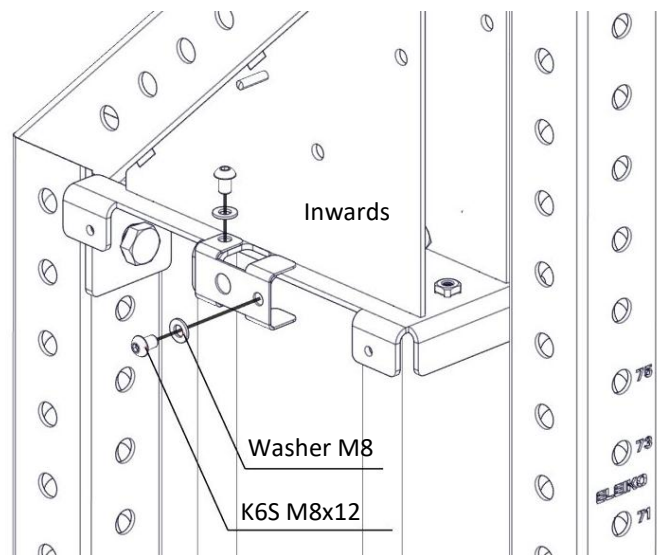
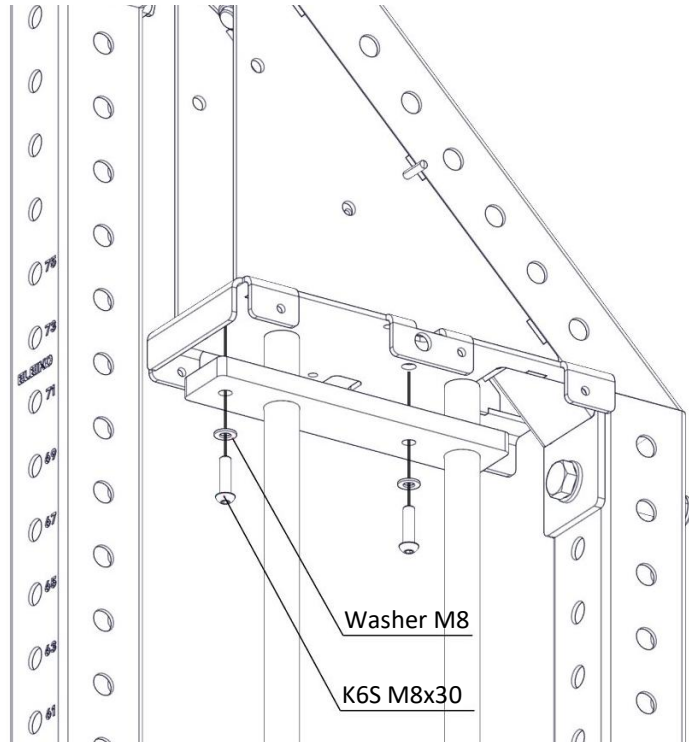
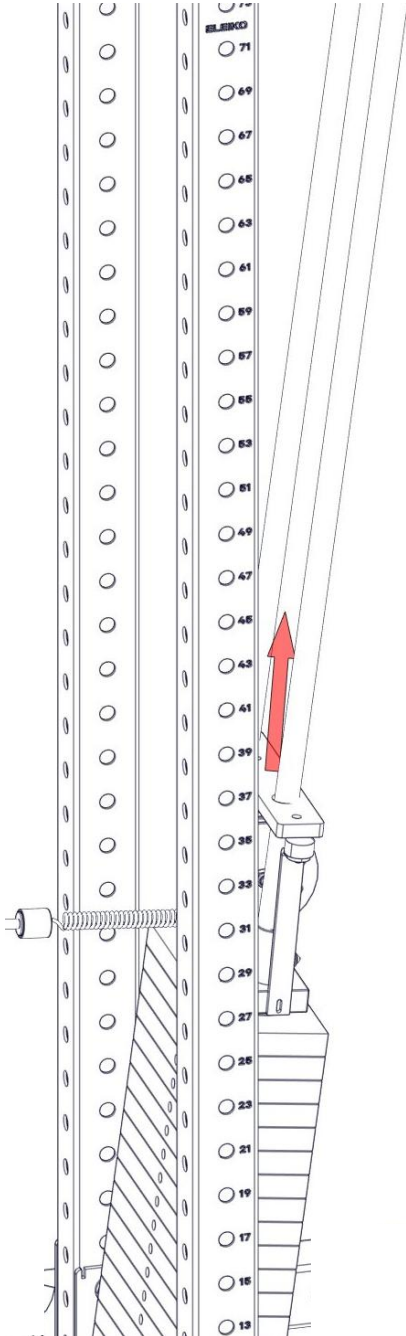


RAISE THE BAR



13

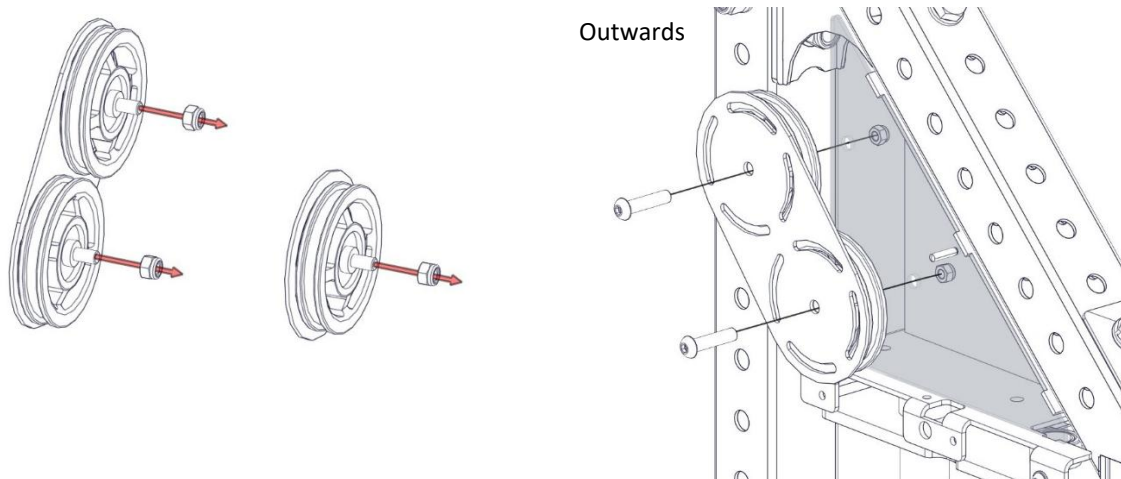
RAISE THE BAR



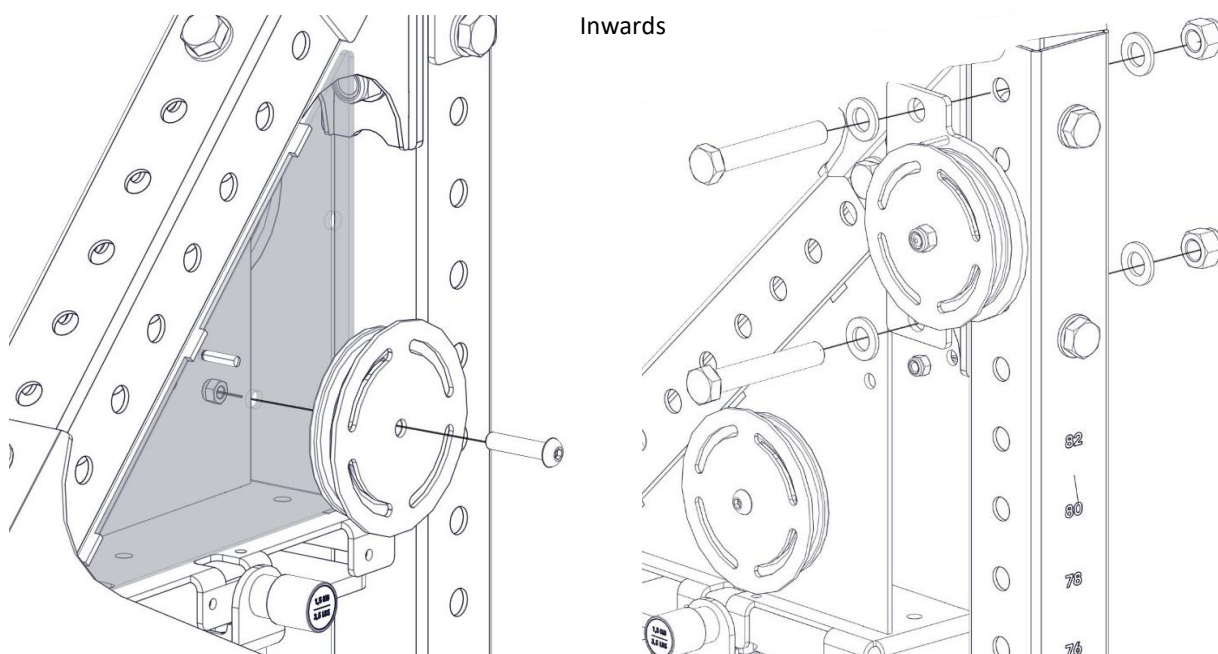


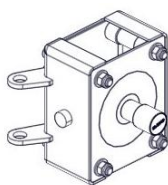
14

Remove nuts! Save for the next step.



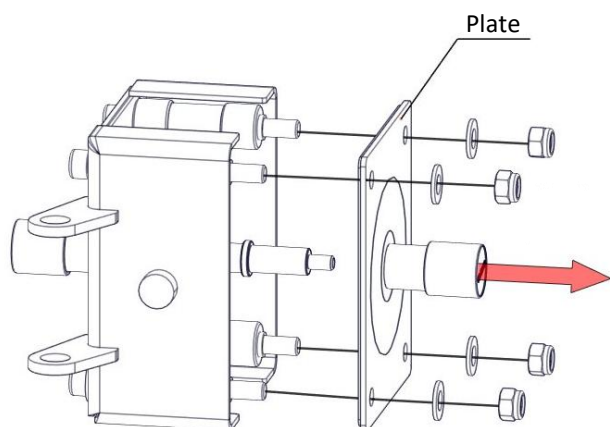
Install with existing nuts.



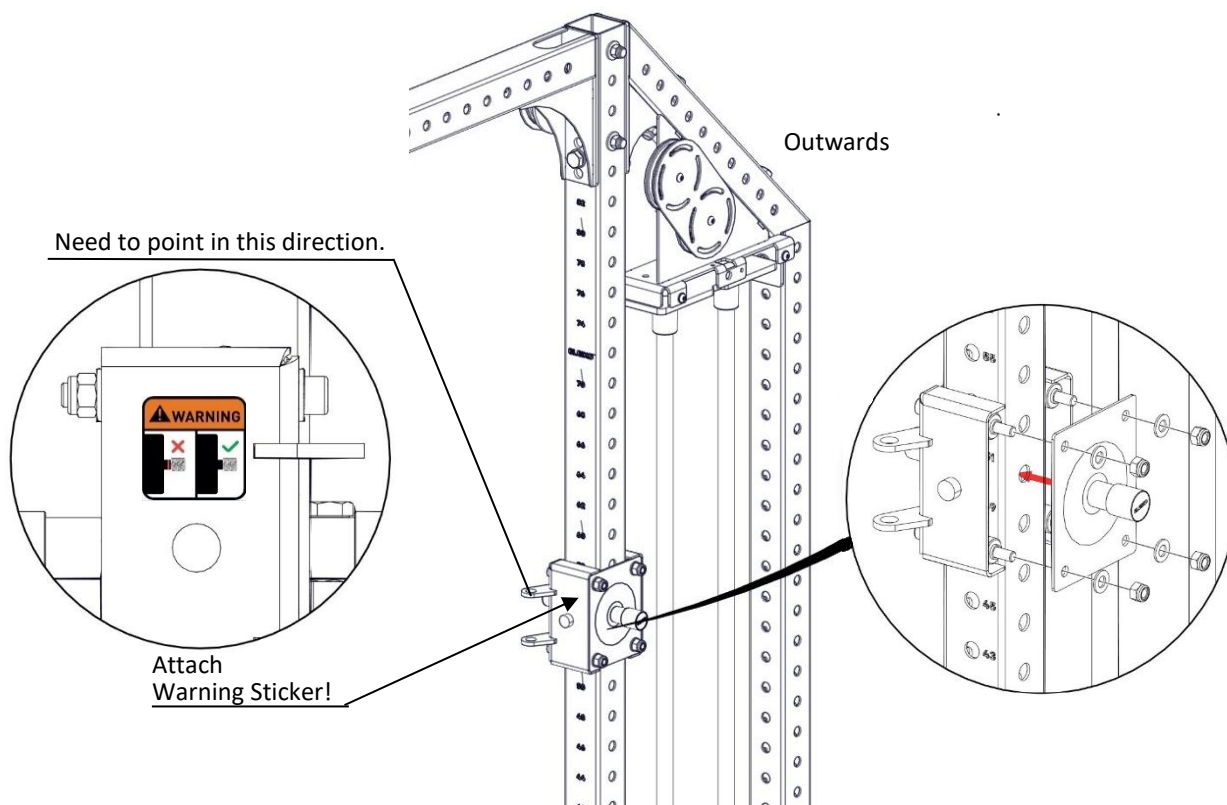


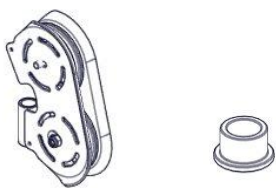
15

Remove Plate. Be careful not to lose any parts!

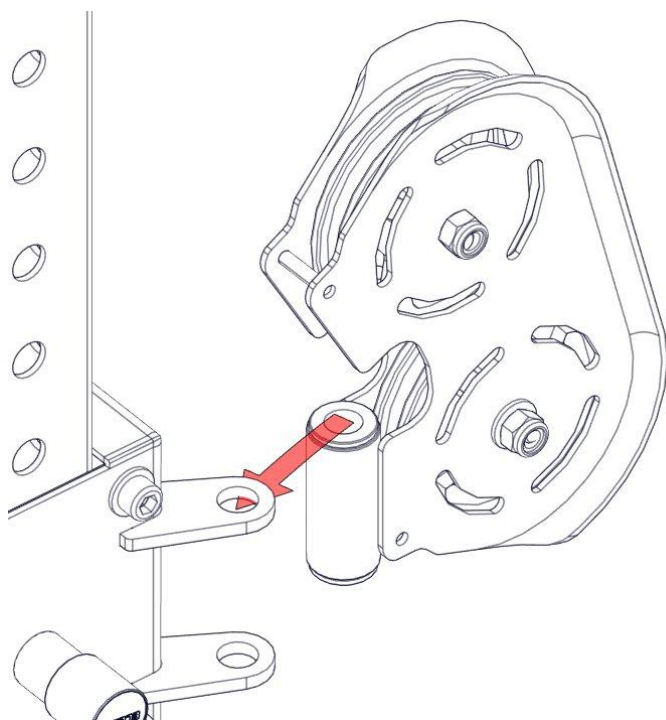
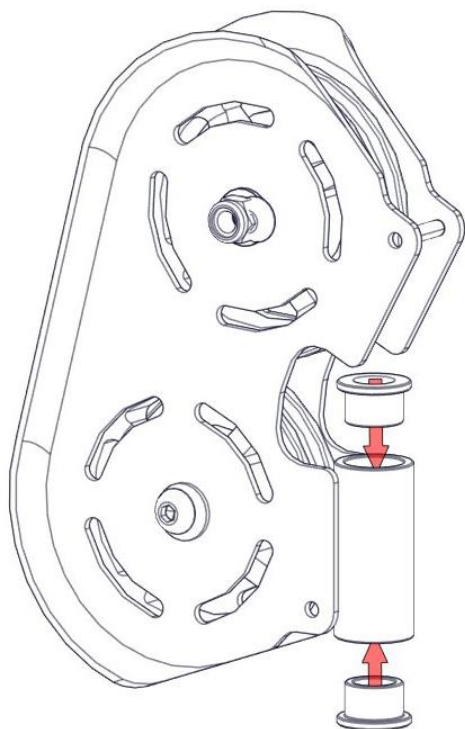


Install the Cable Trolley around the beam and put back the Plate. Tighten screws, the carriage should be easy to move.

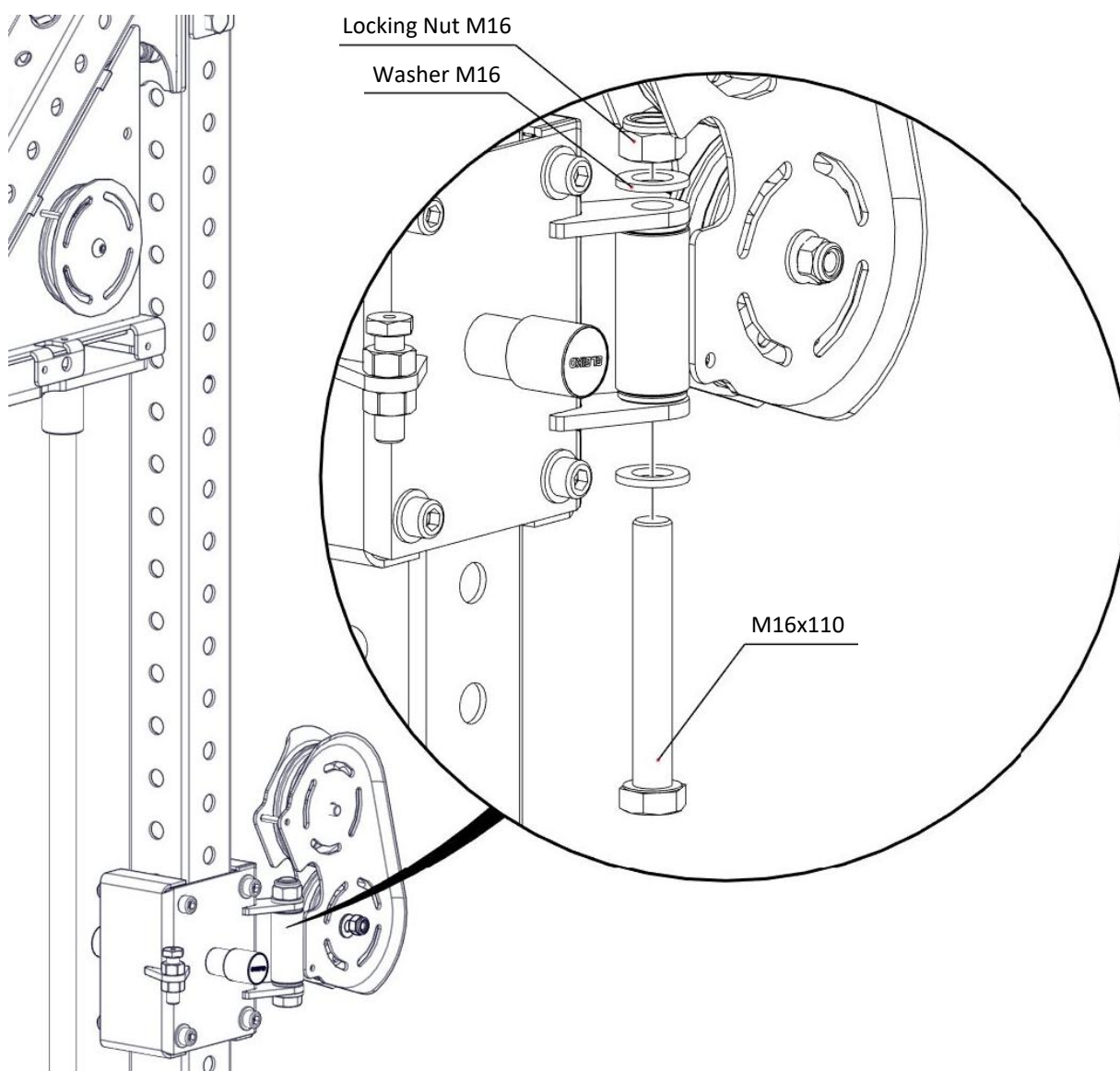




16

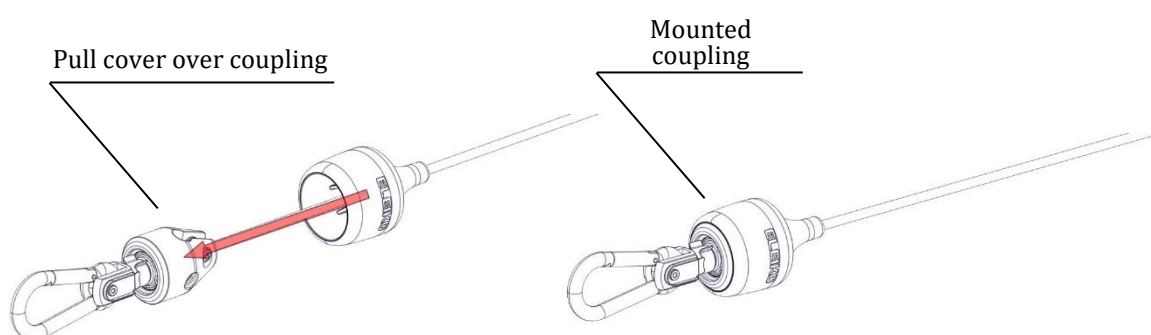
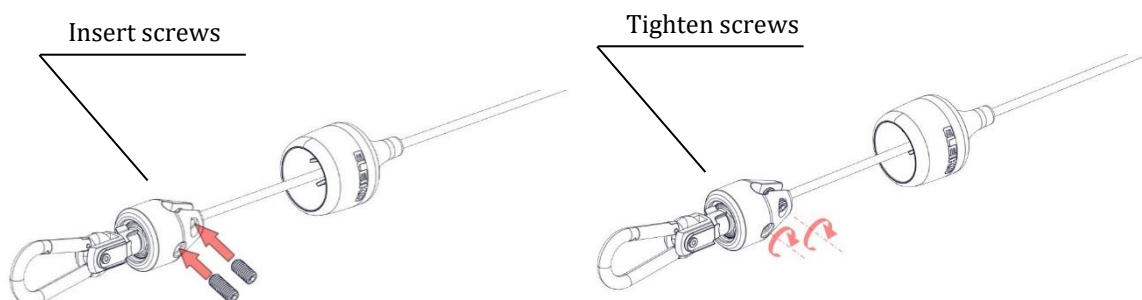
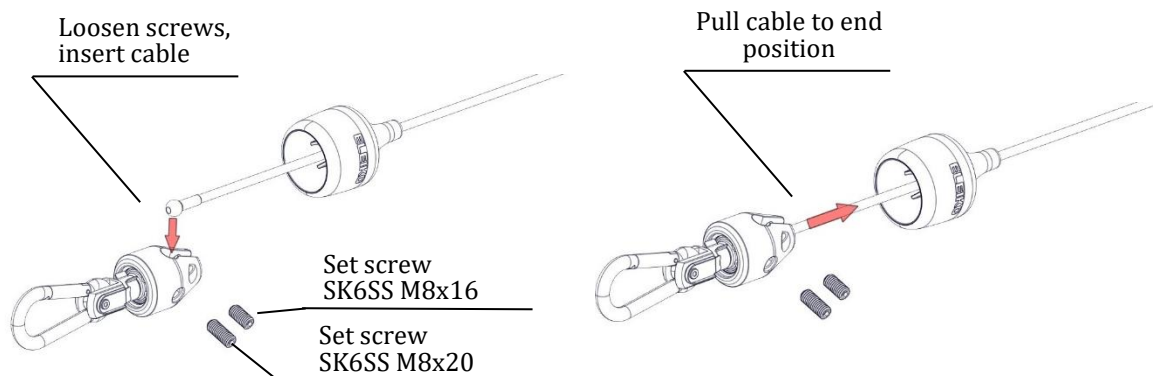


17



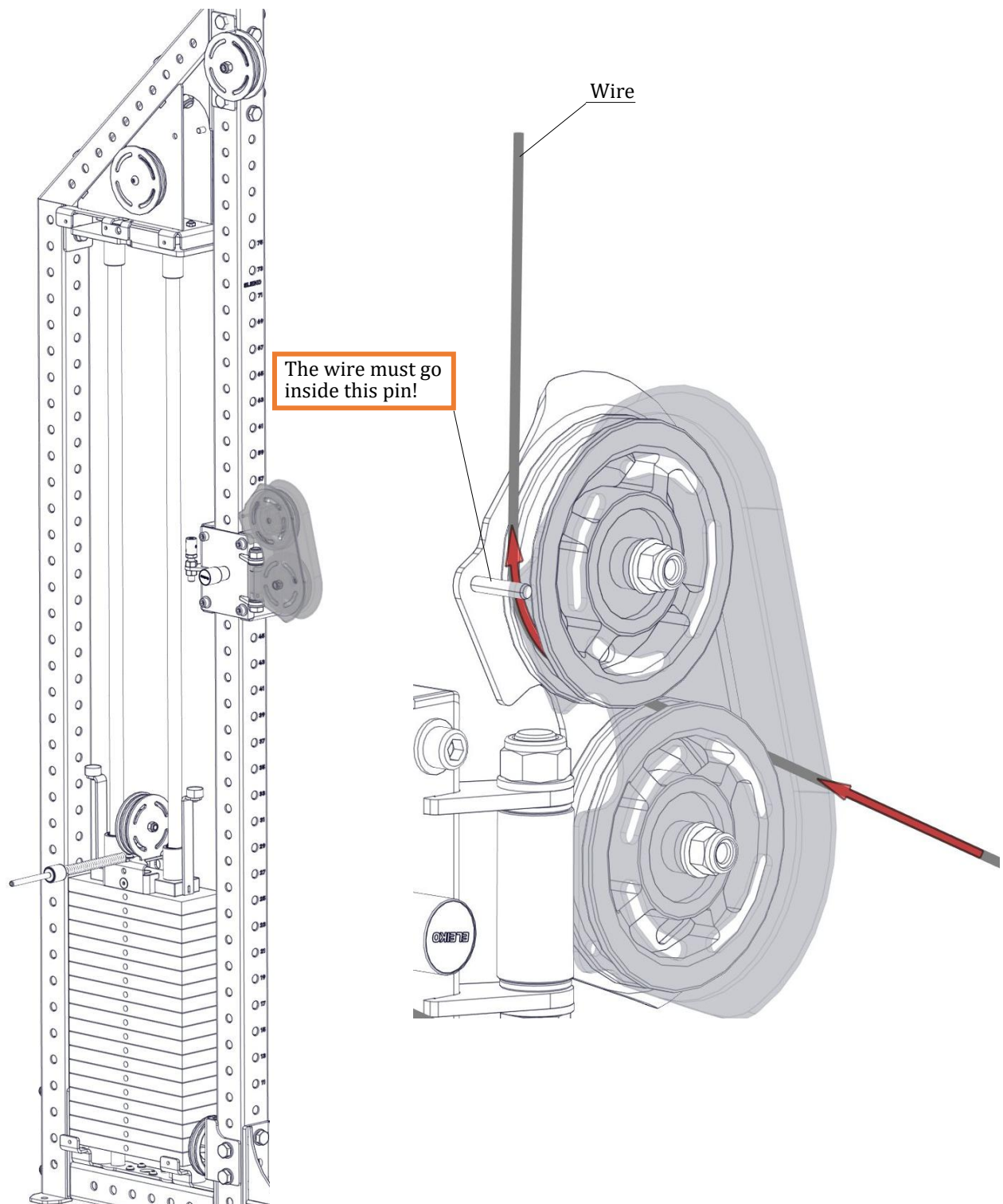
12

Install wire!

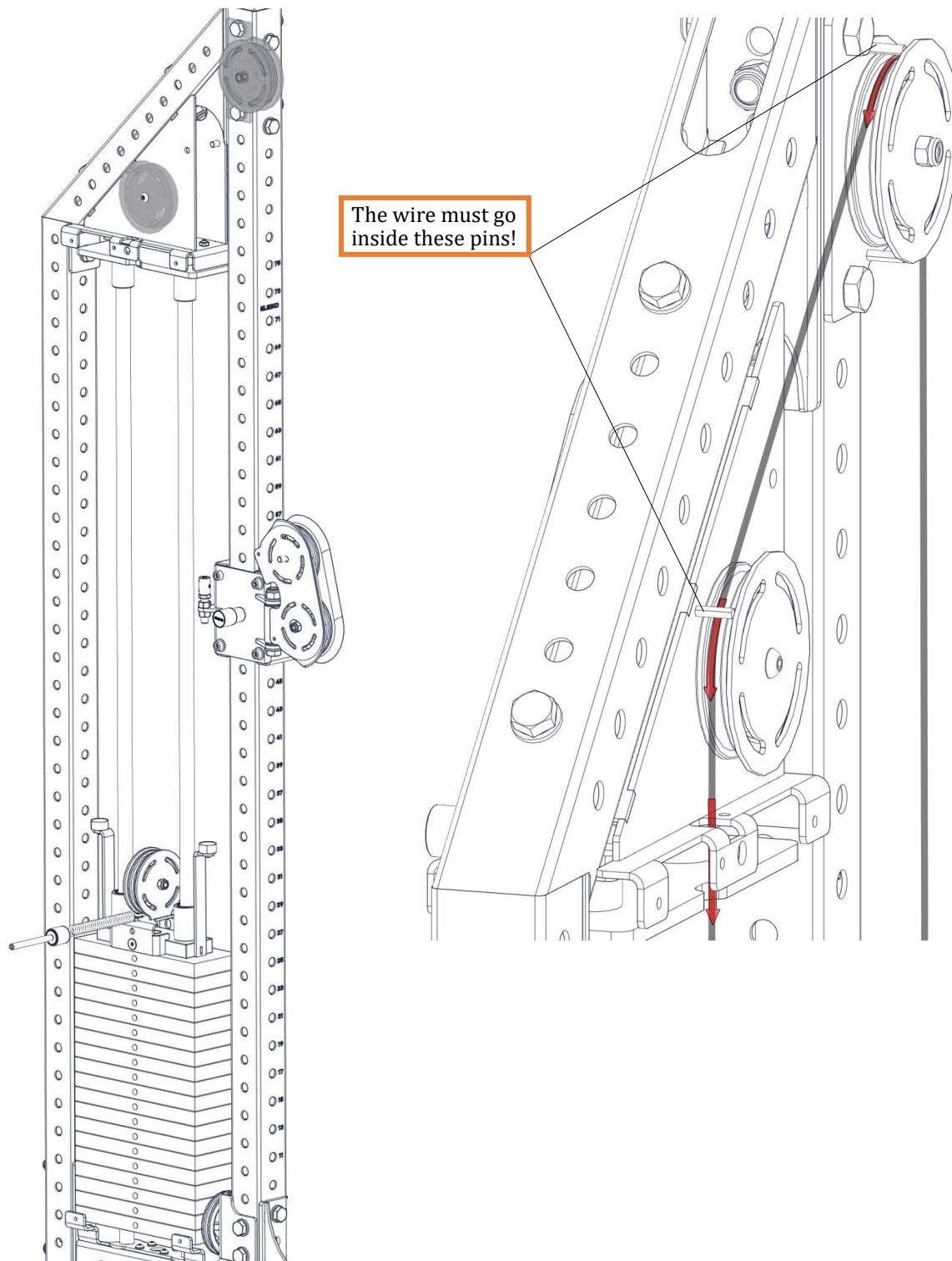


Tighten screws firmly(5Nm)!

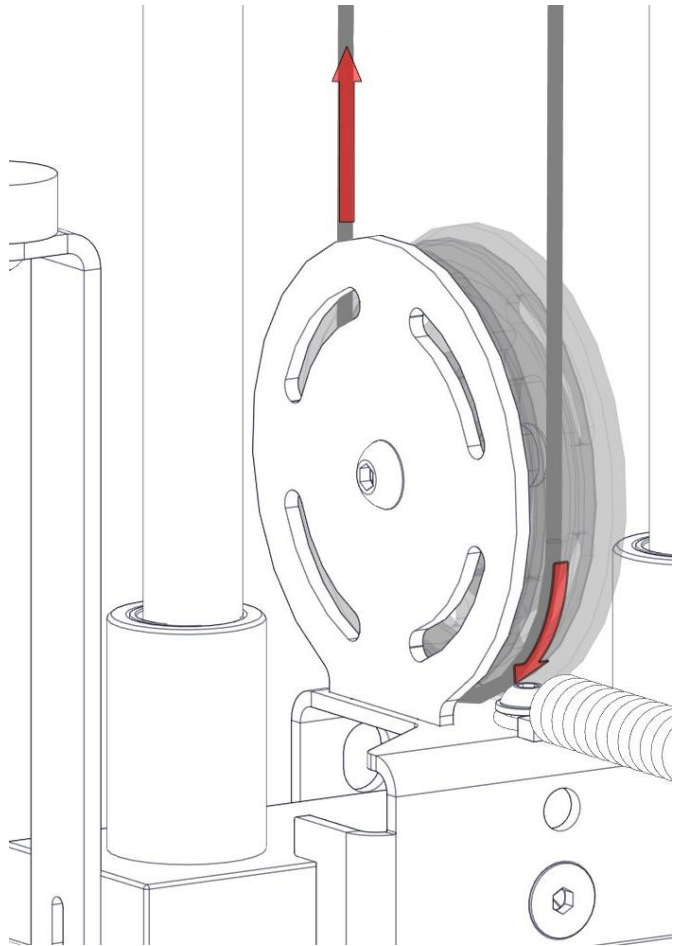
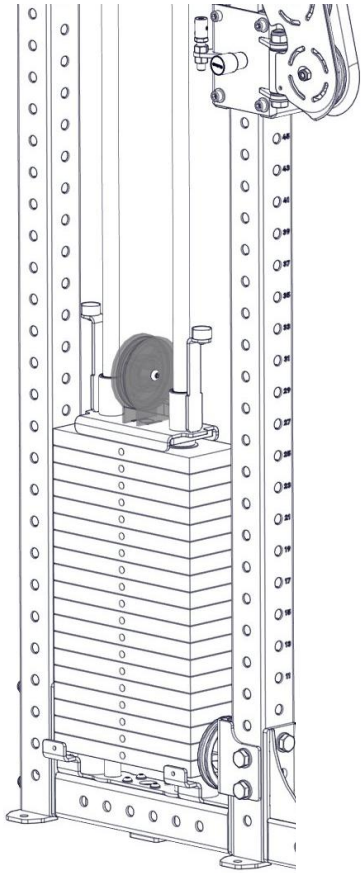
Install wire!



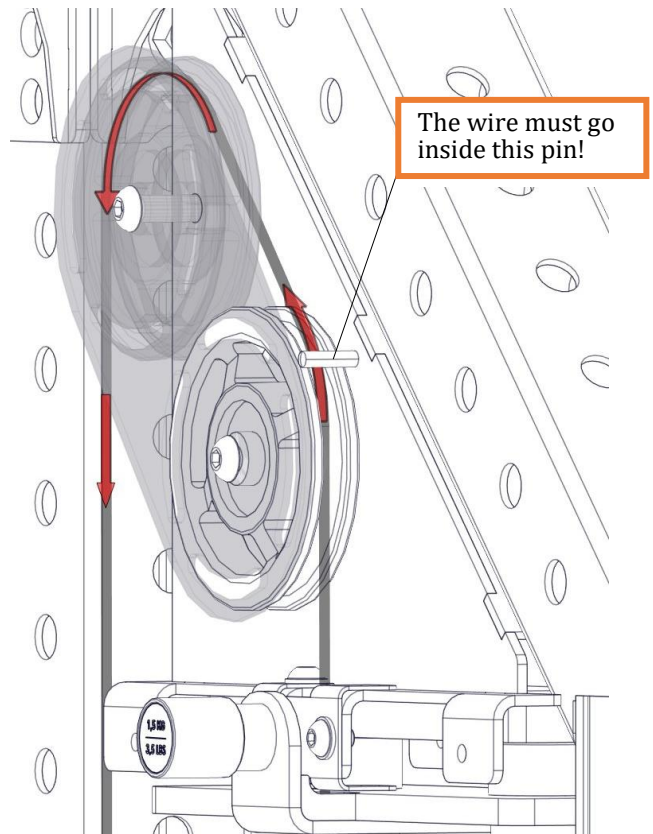
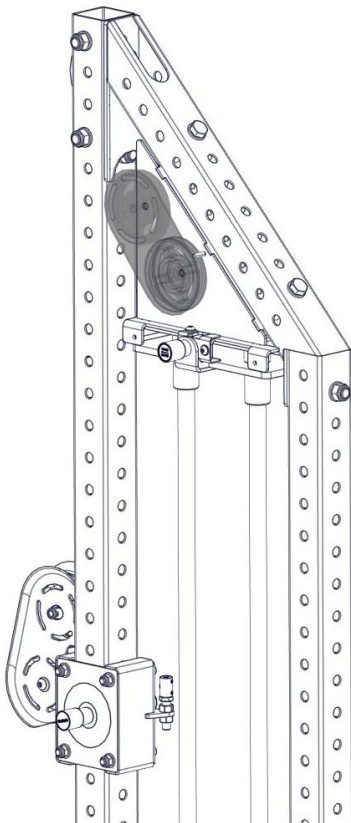
RAISE THE BAR

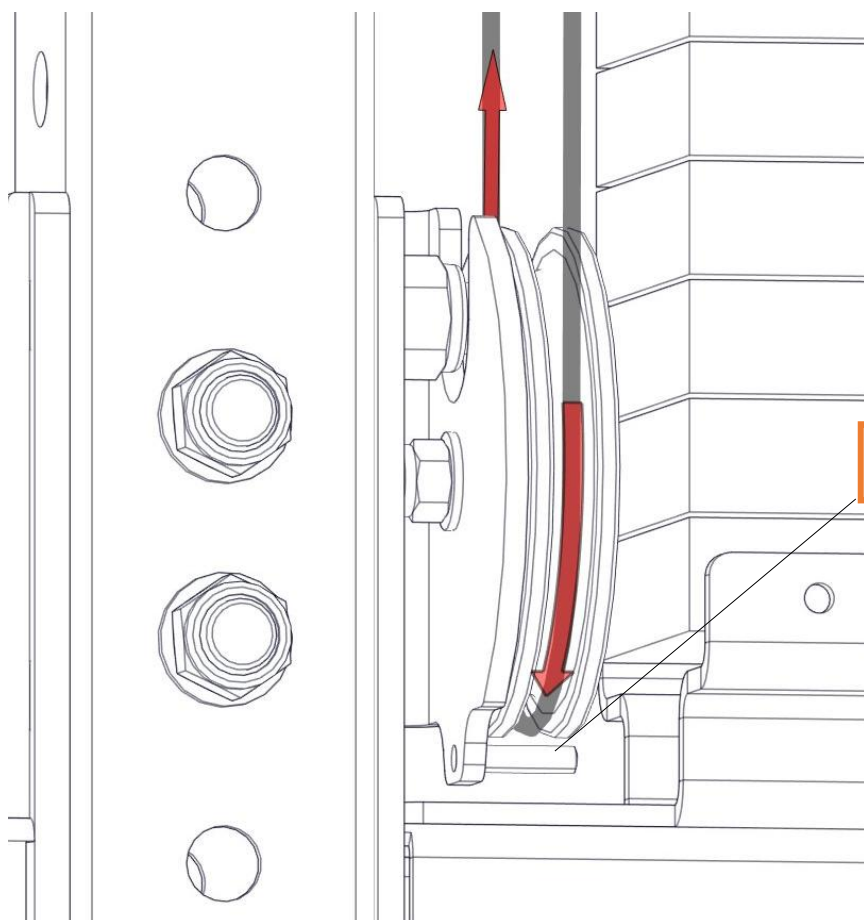
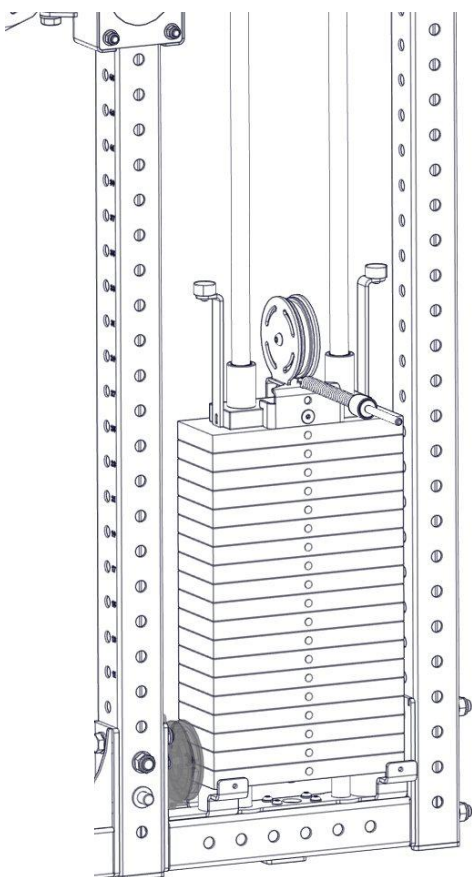


RAISE THE BAR

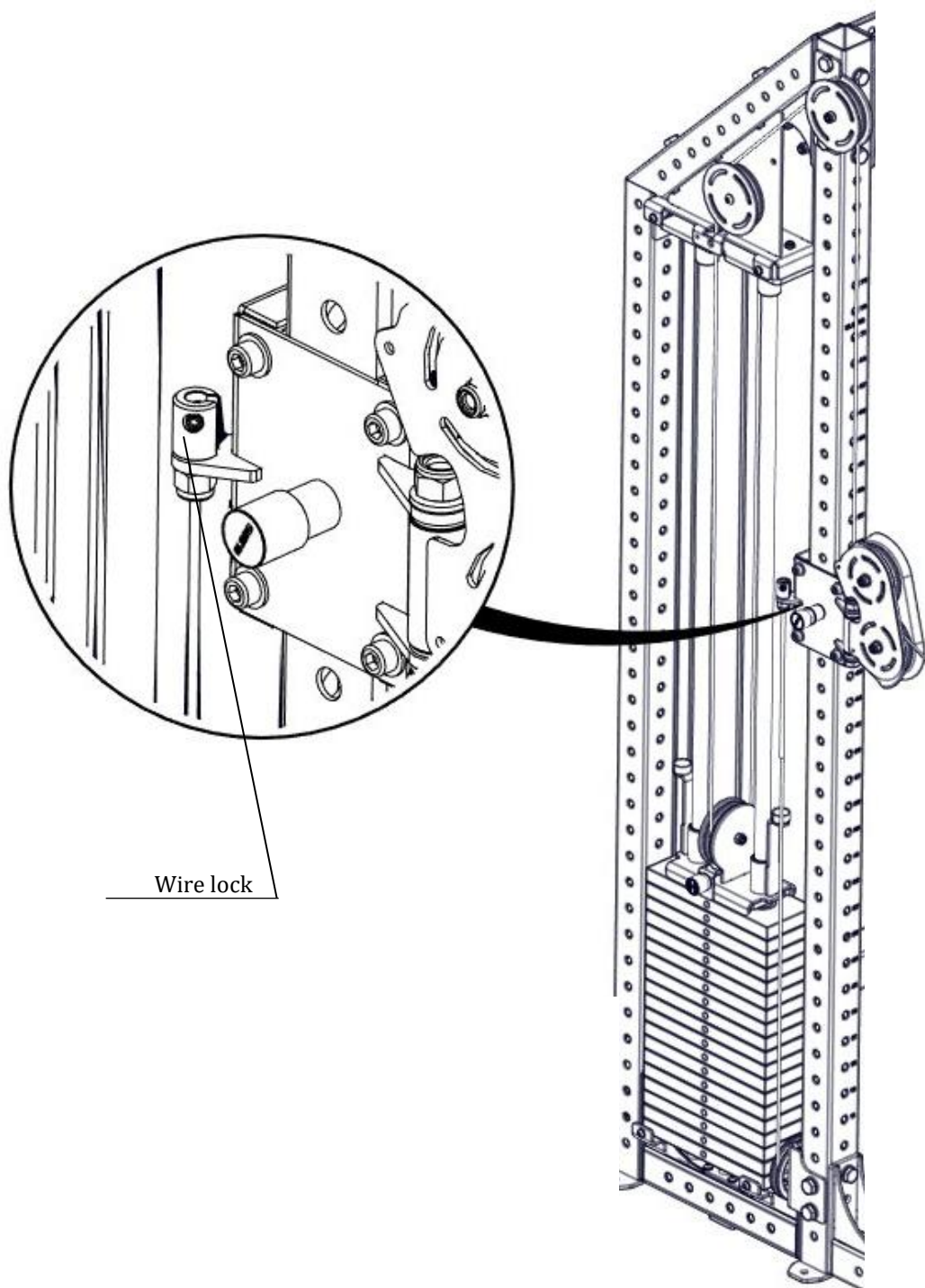


RAISE THE BAR

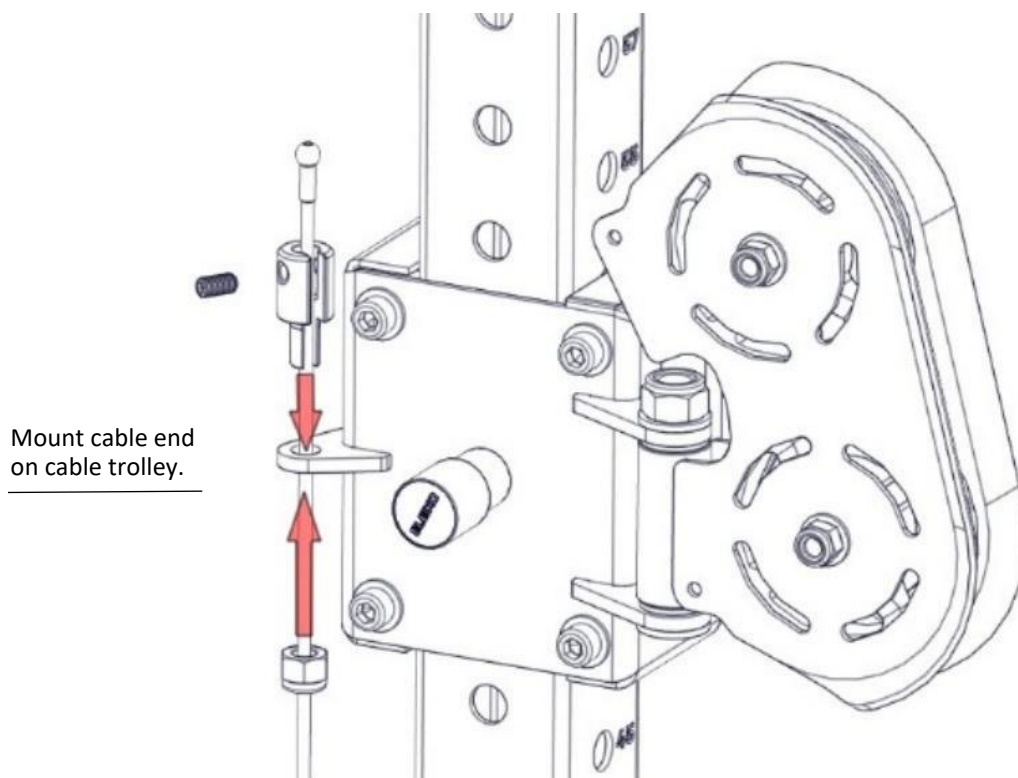
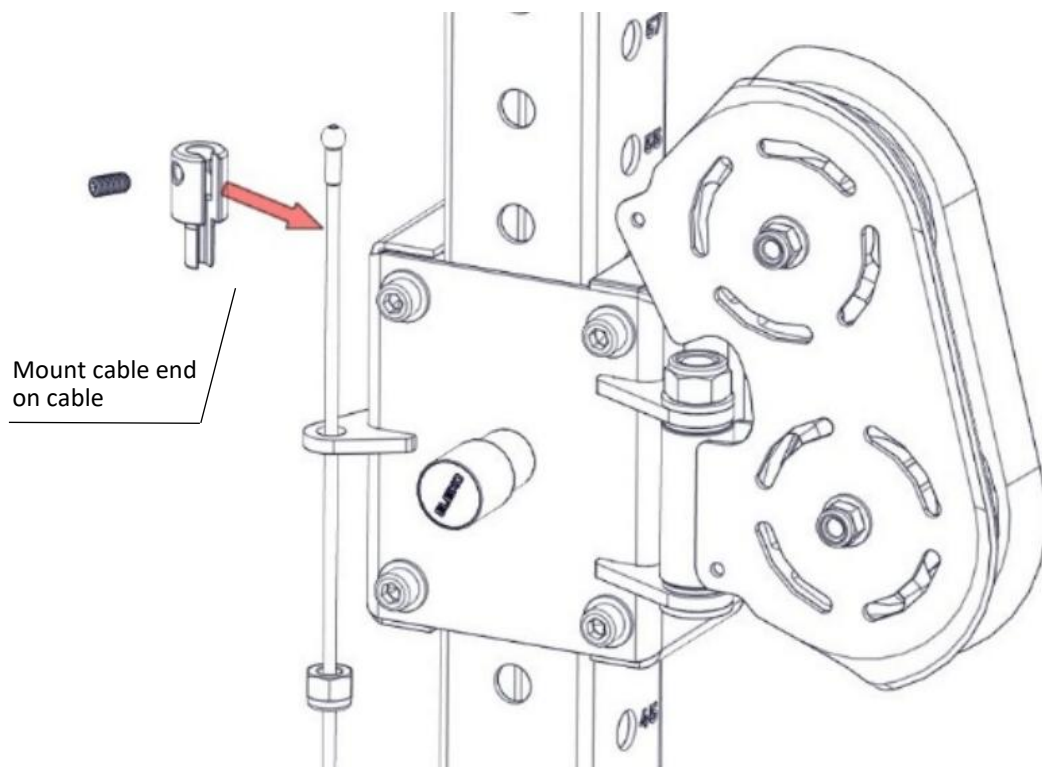
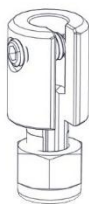




The wire must go inside this pin!

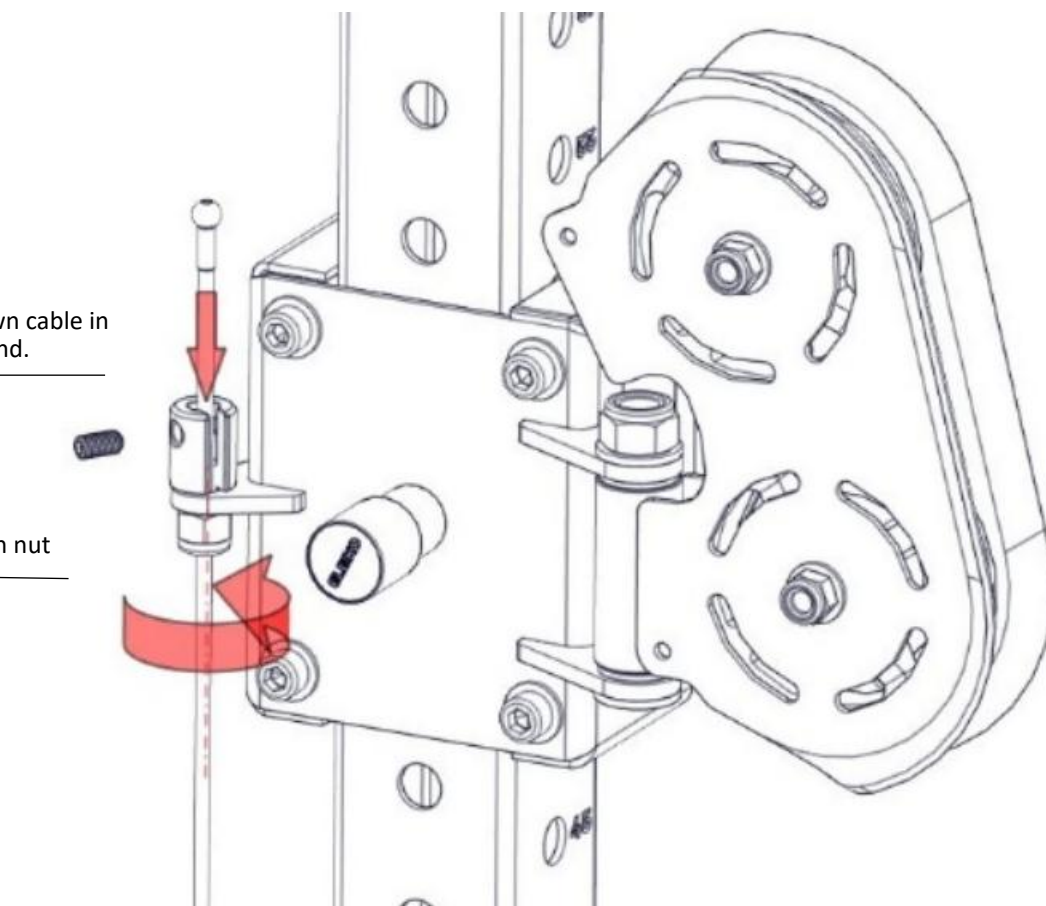


Wire lock

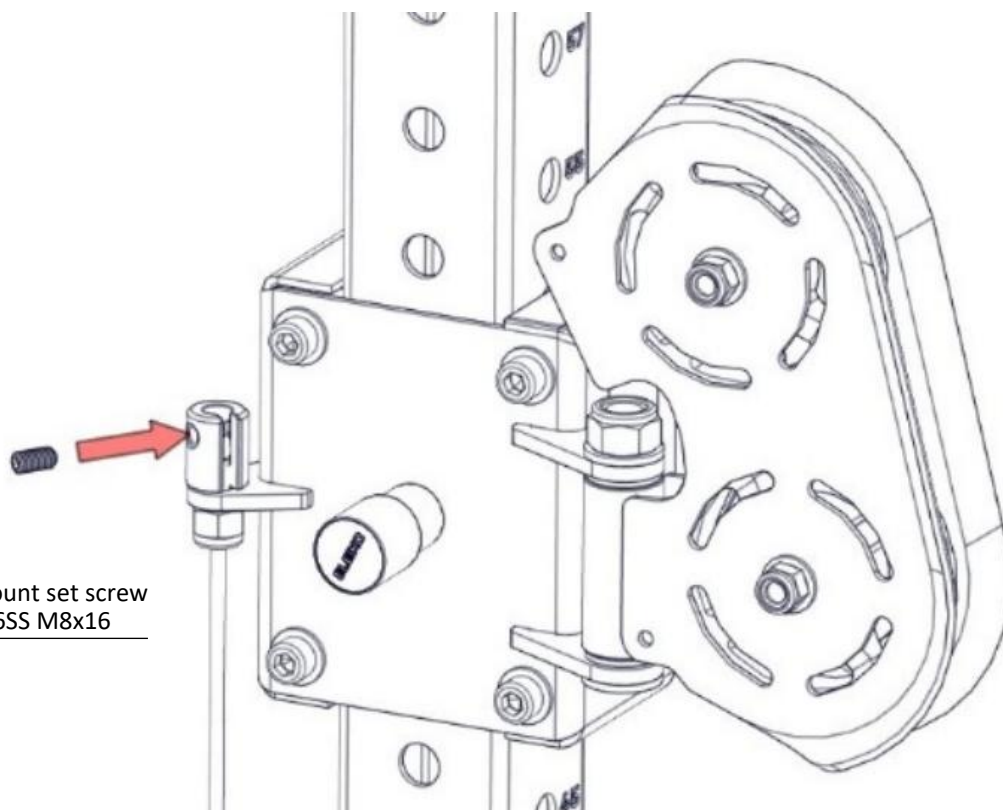


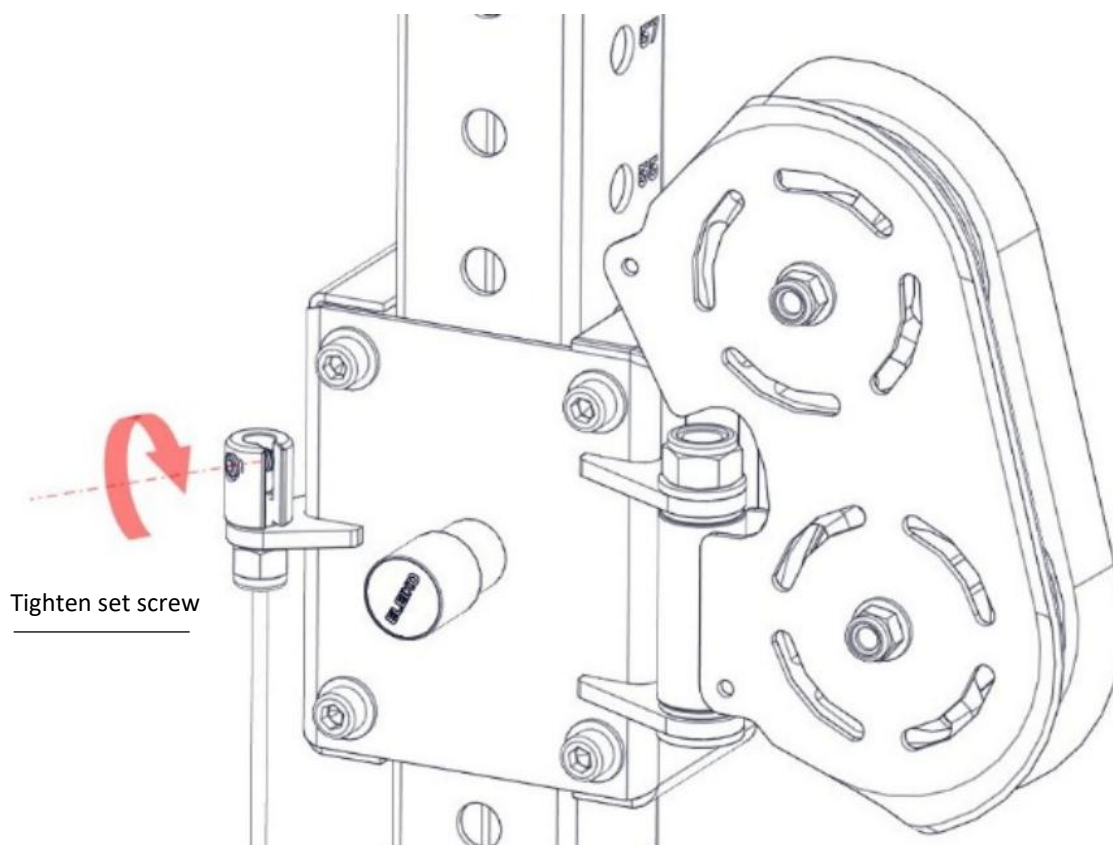
Pul down cable in
cable end.

Tighten nut



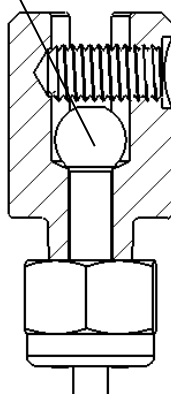
Mount set screw
SK6SS M8x16



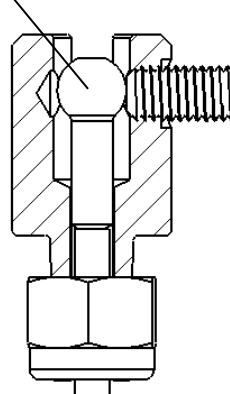


Tighten set screw

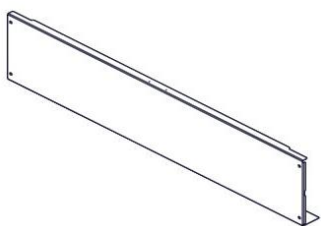
Tighten screw while
keeping cable in end
position!



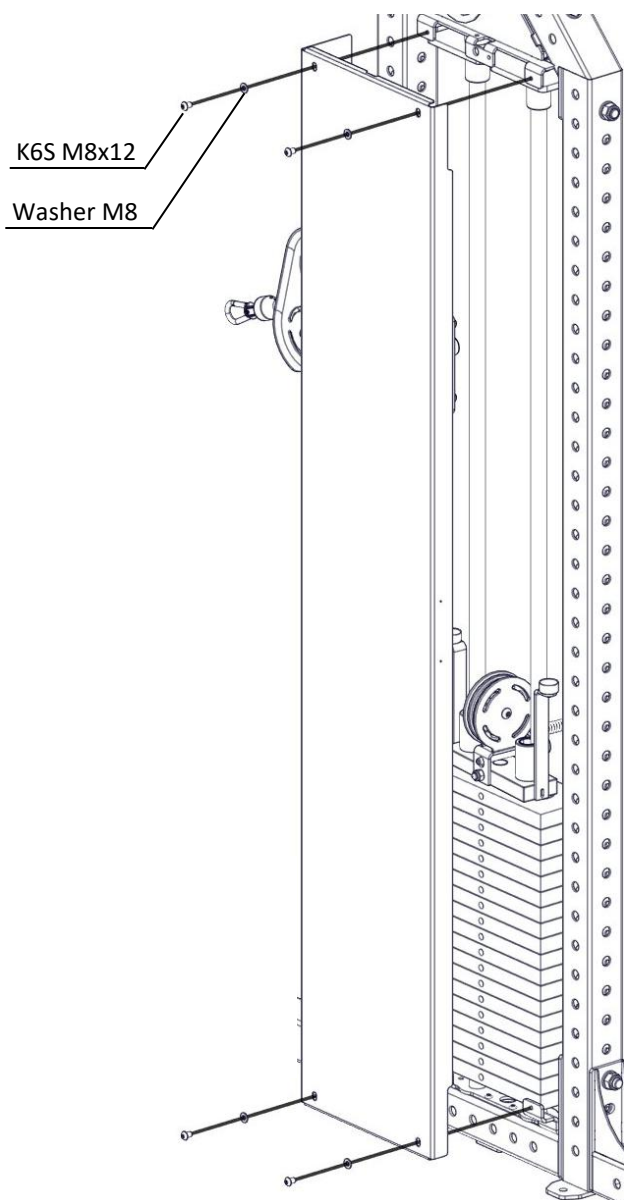
Squeezing cable end
with screw will cause
defect cable!



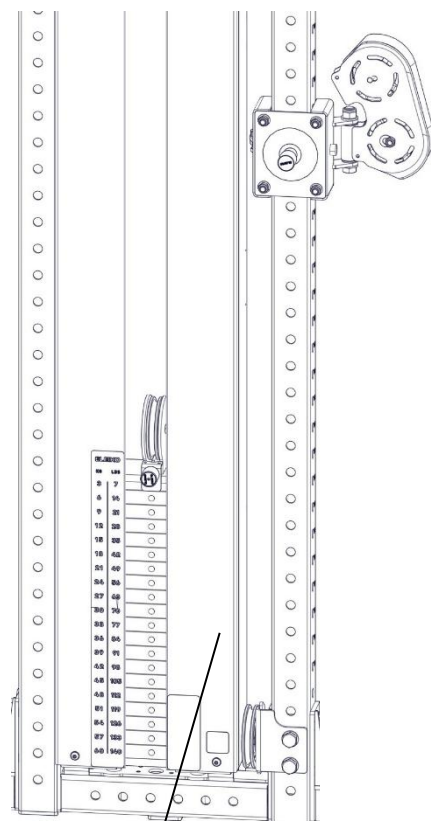
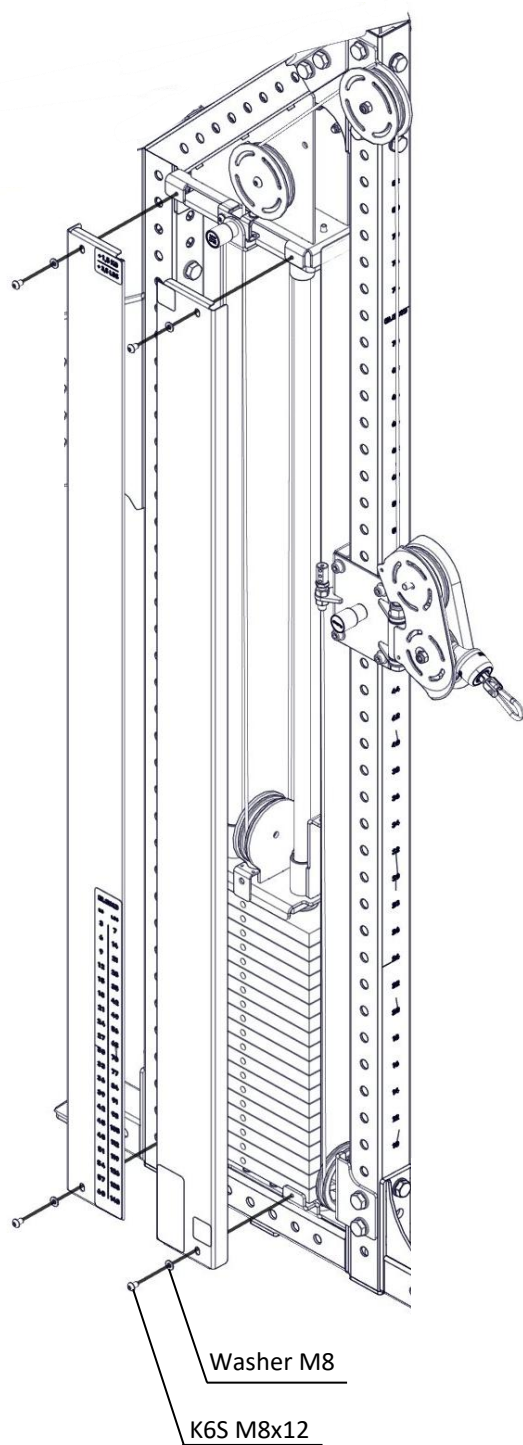
Tighten screw firmly(5Nm)!



19

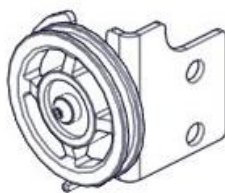
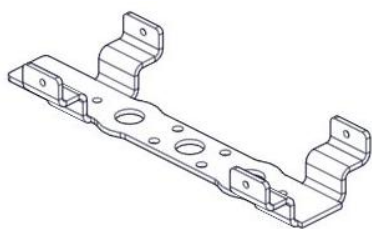


20

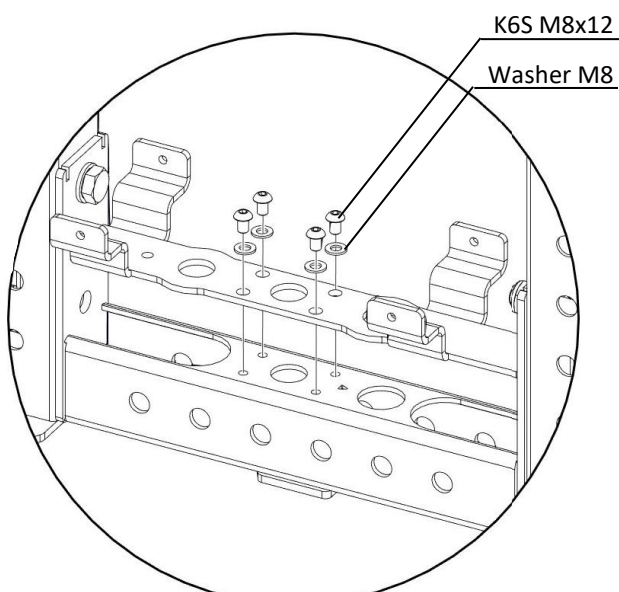
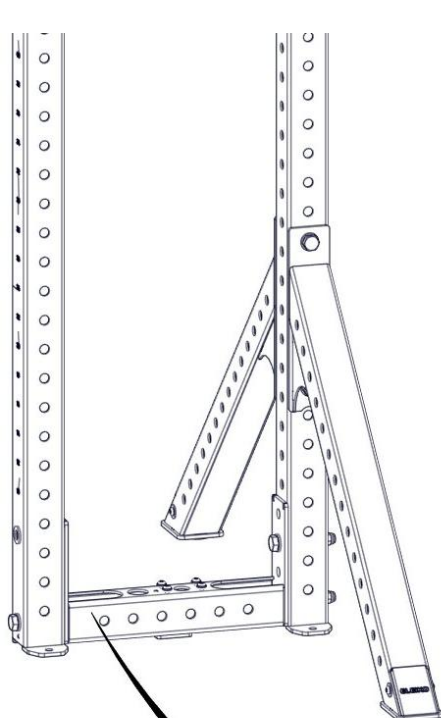


The Cover Plate with numbers goes to the left.

Make sure to install these two plates on the same side as The selector Pin.

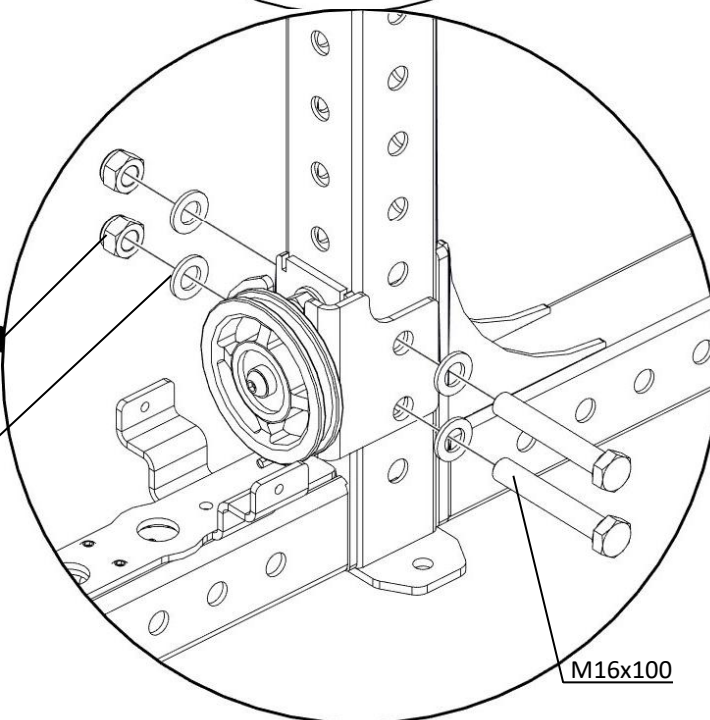


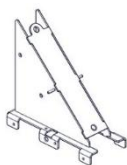
21



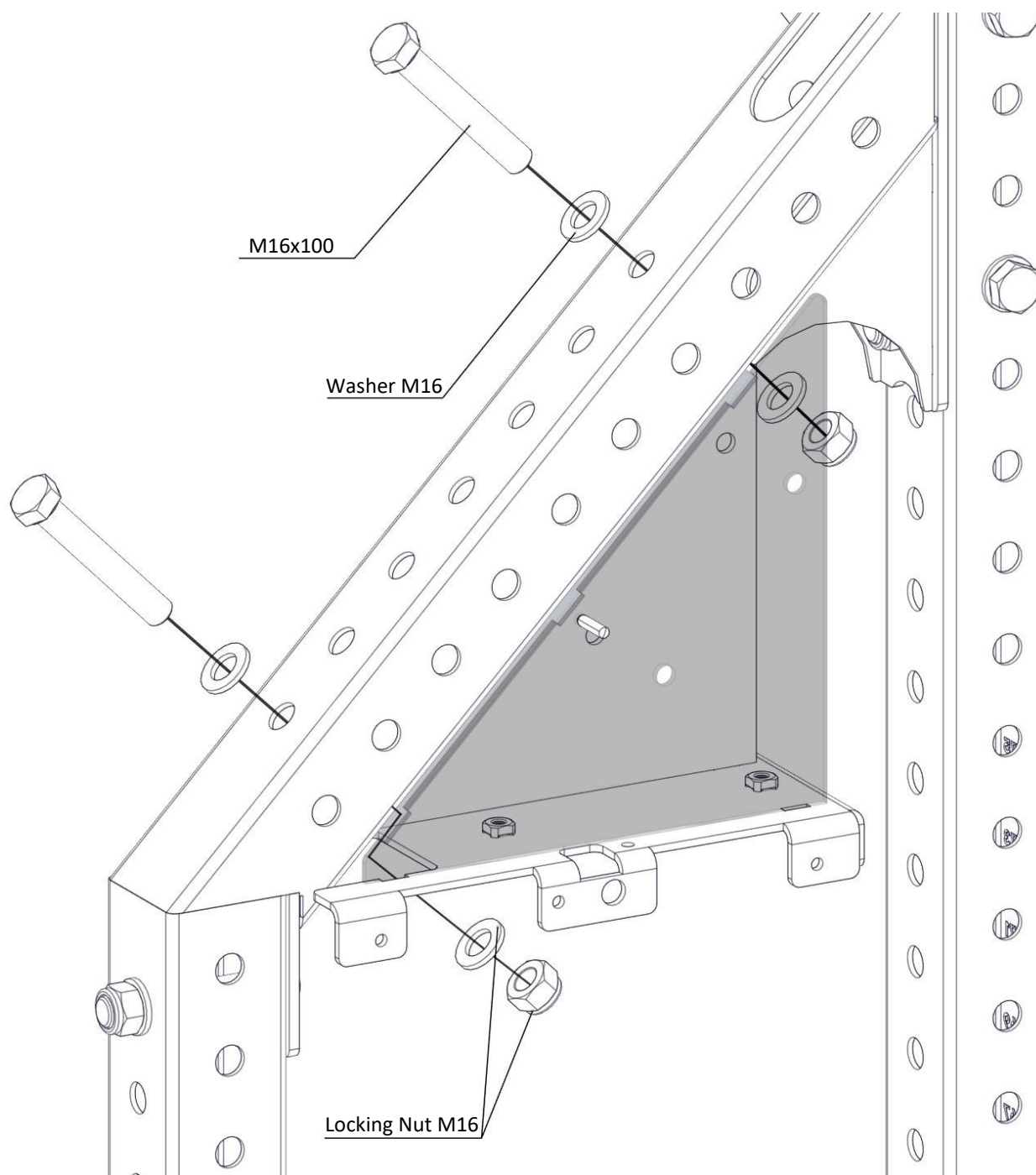
Locking Nut M16

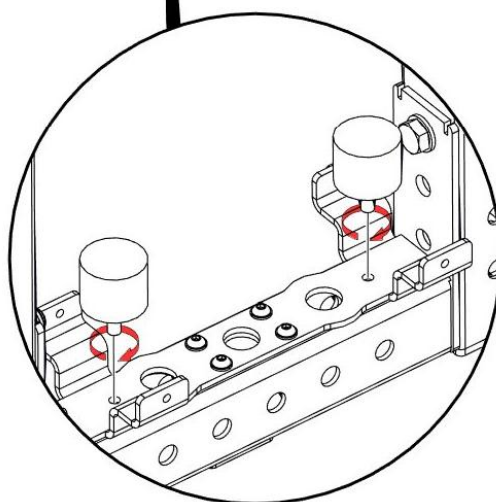
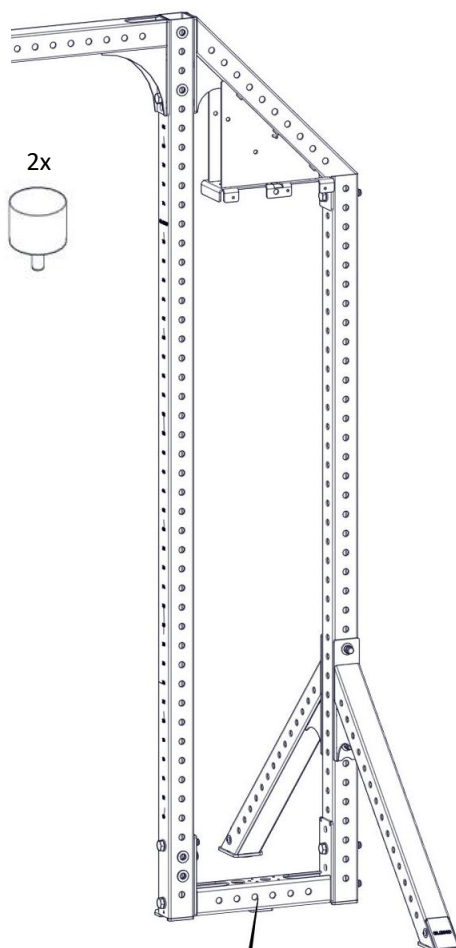
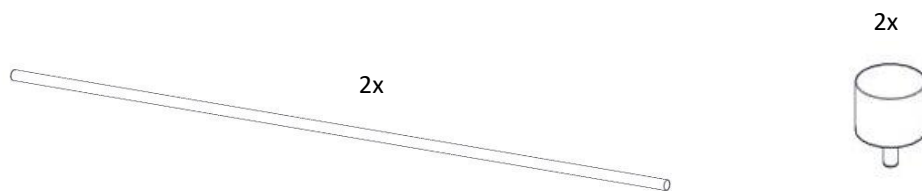
Washer M16

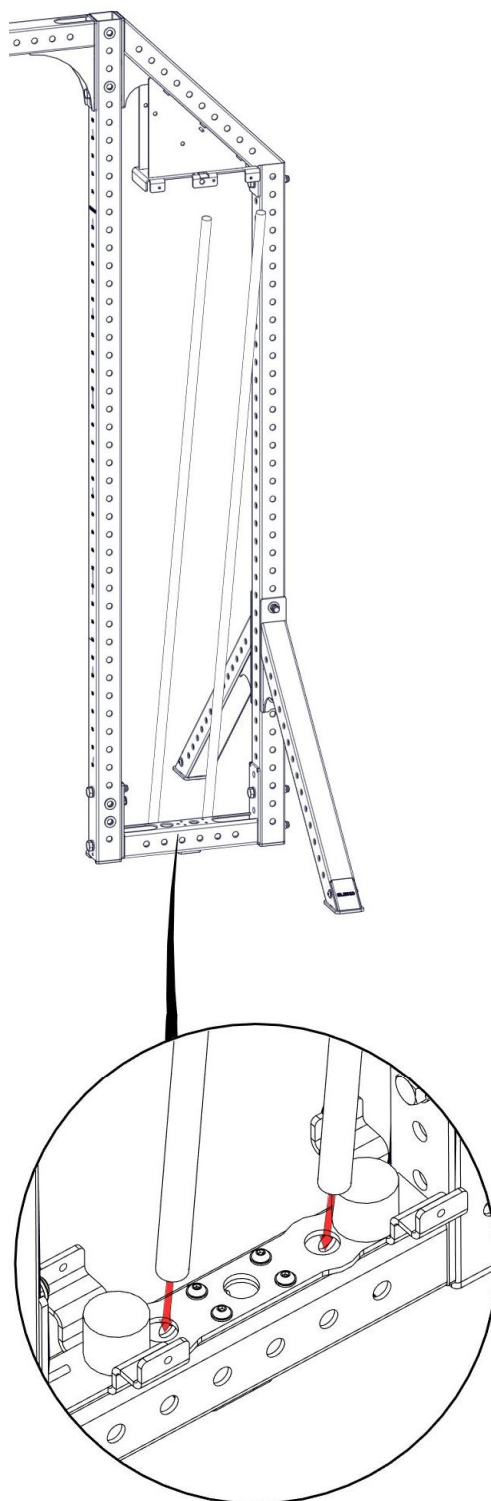


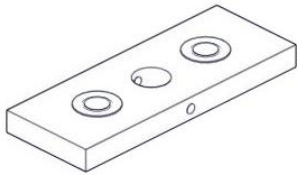


22





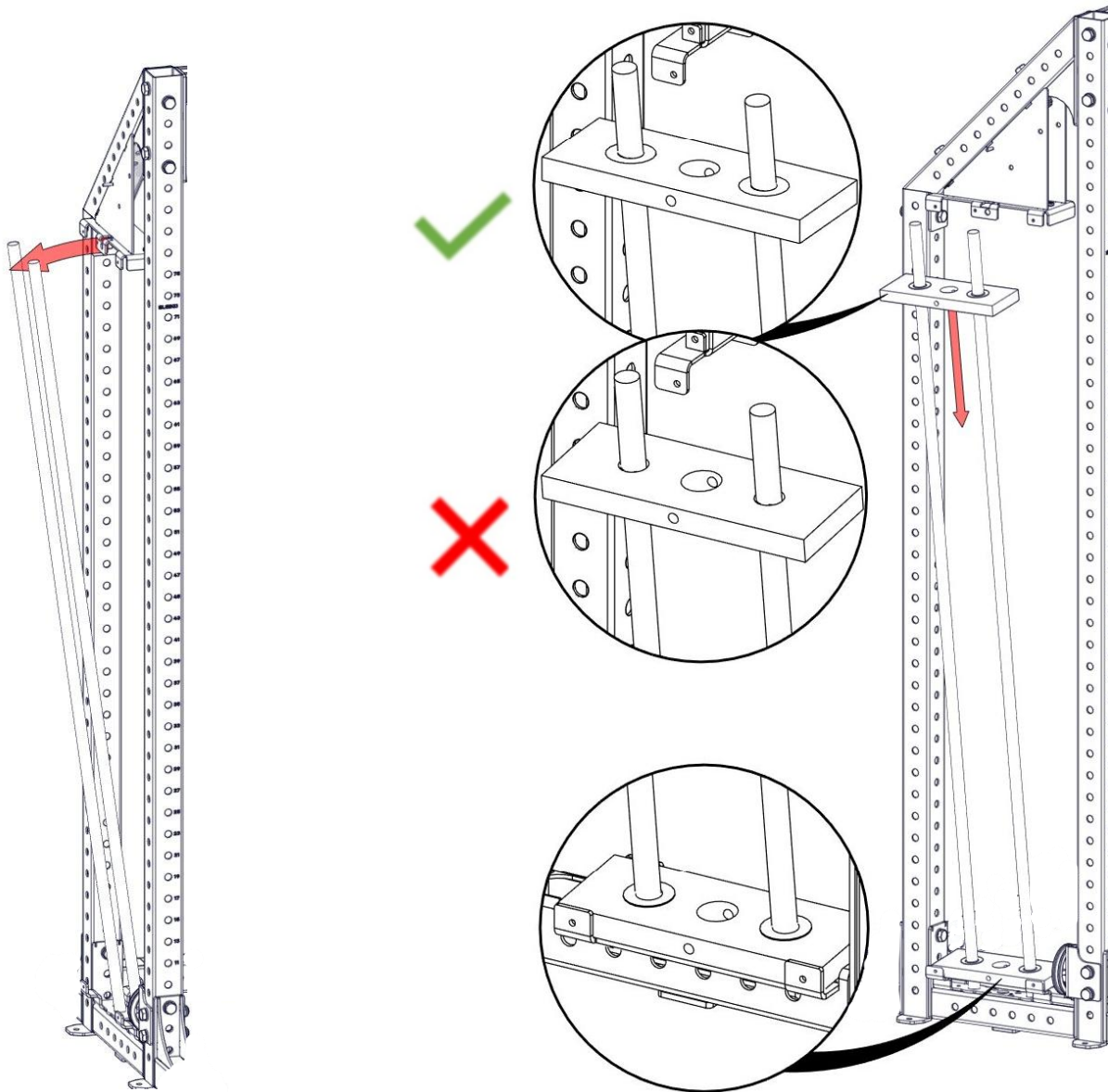


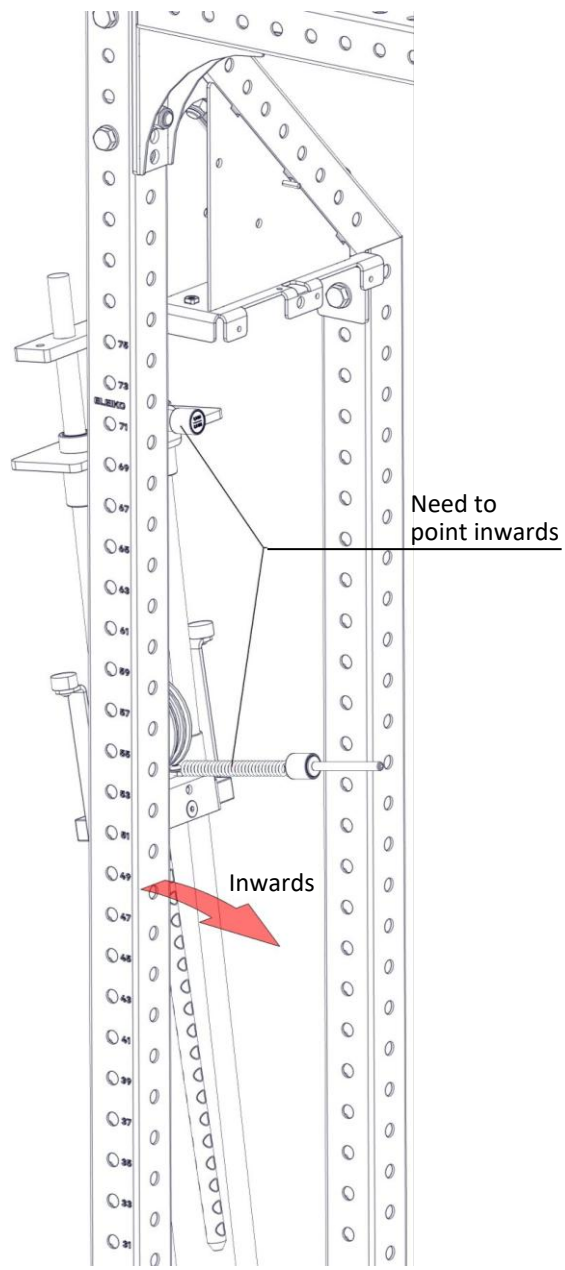
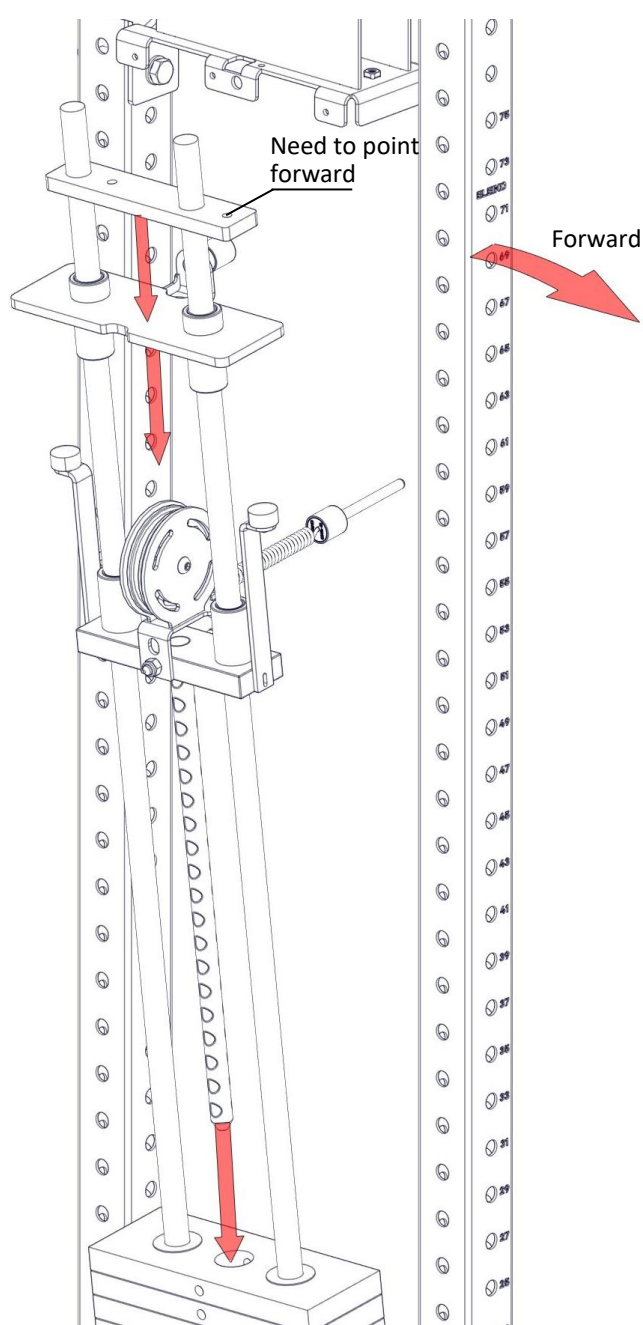
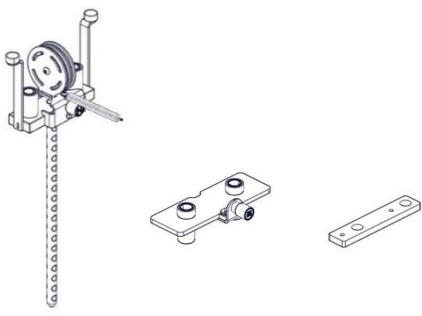


19x (120kg)
14x (90kg)

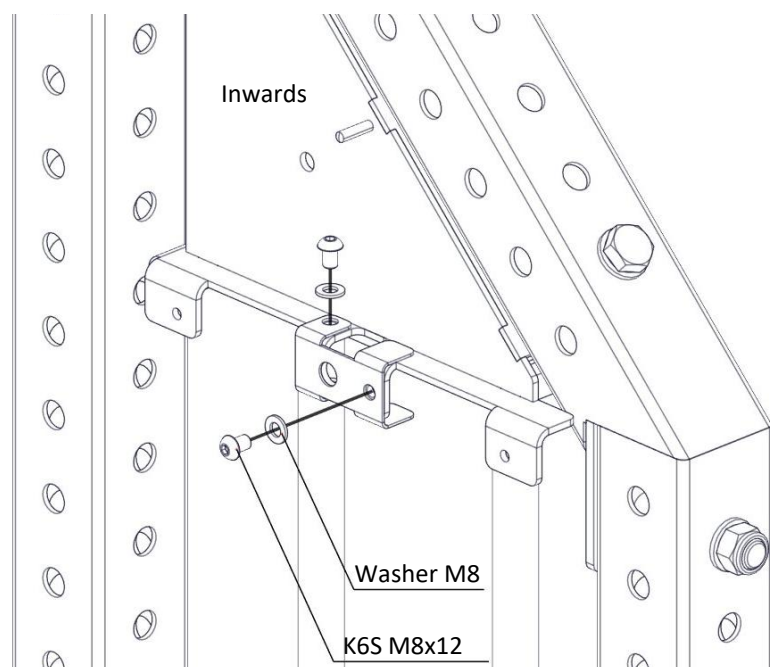
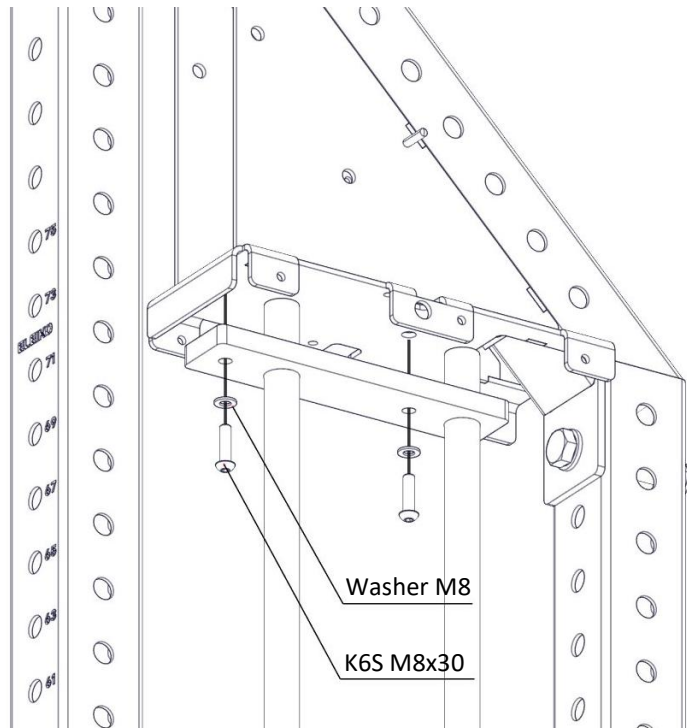
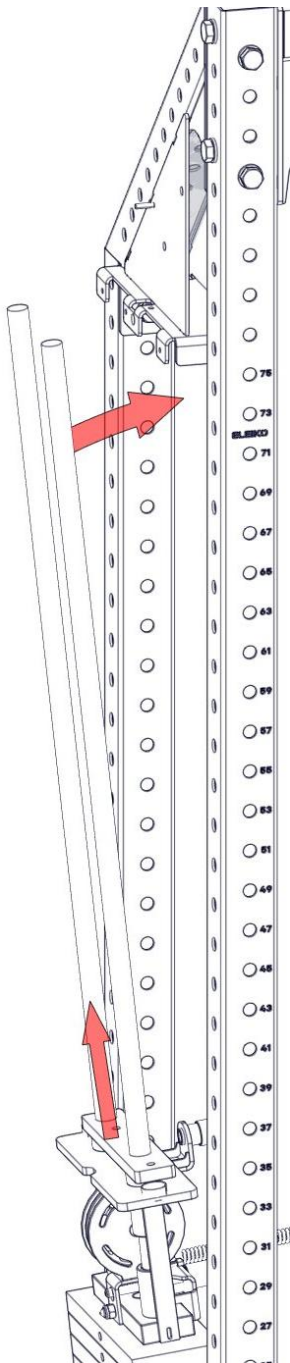
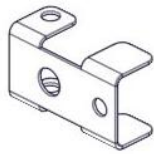
24

RAISE THE BAR



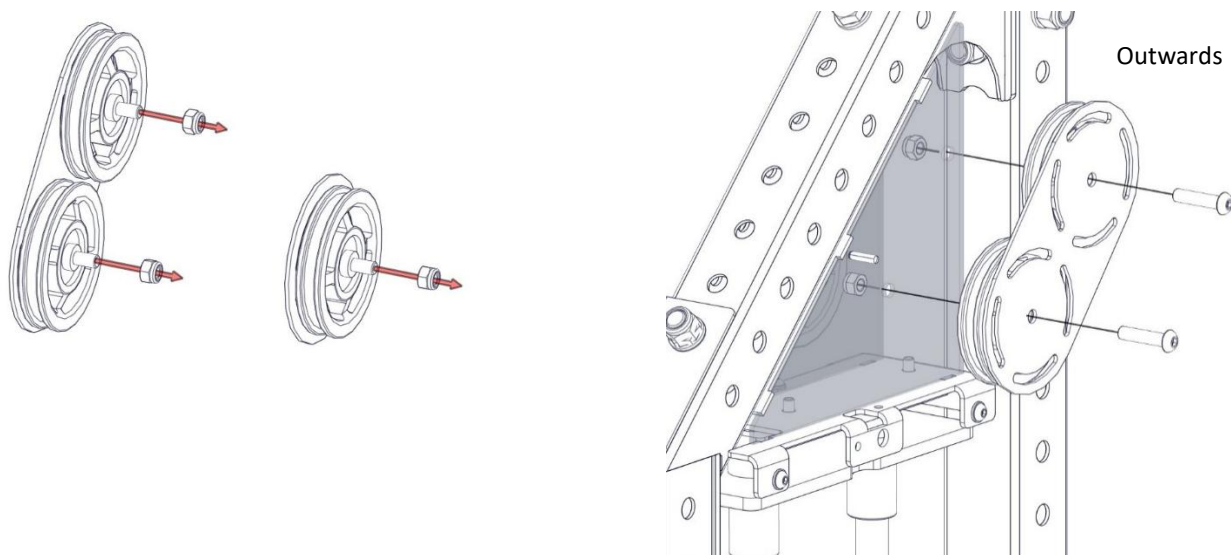


26

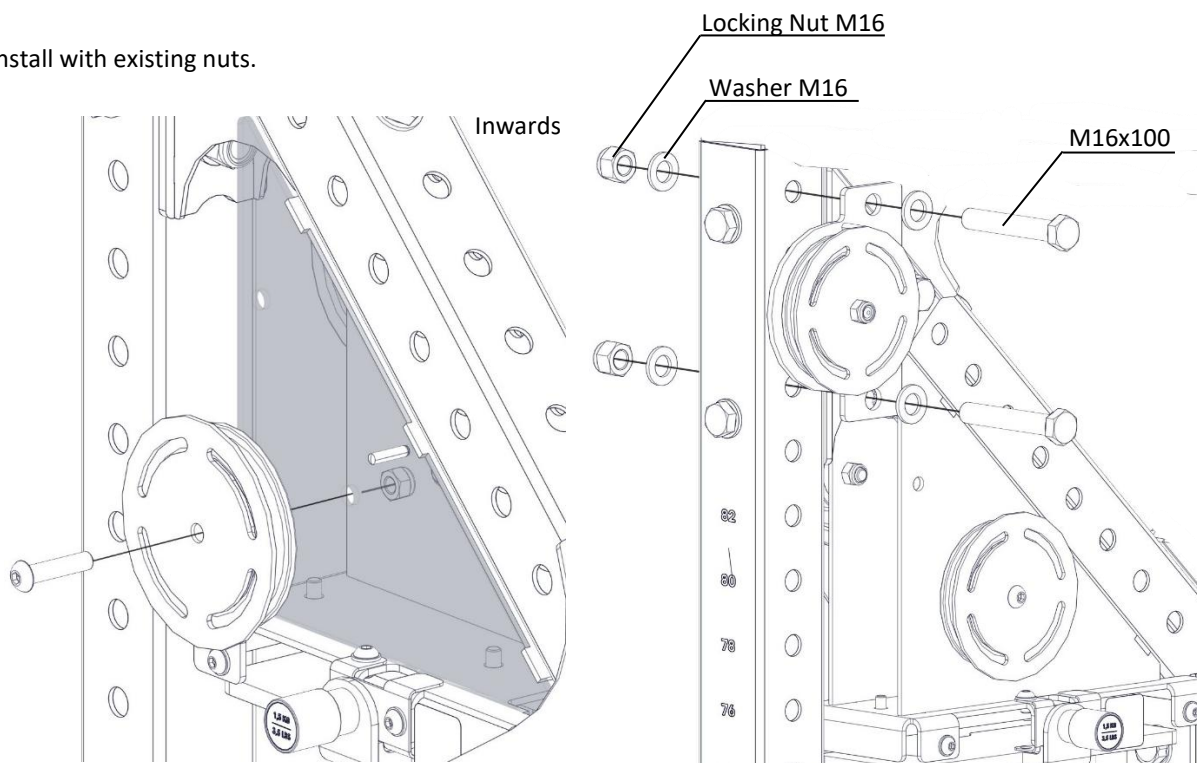


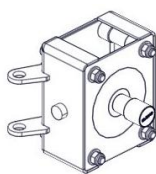
27

Remove nuts! Save for the next step.



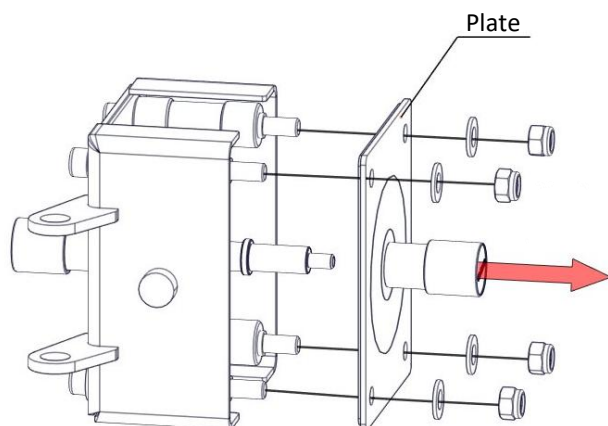
Install with existing nuts.



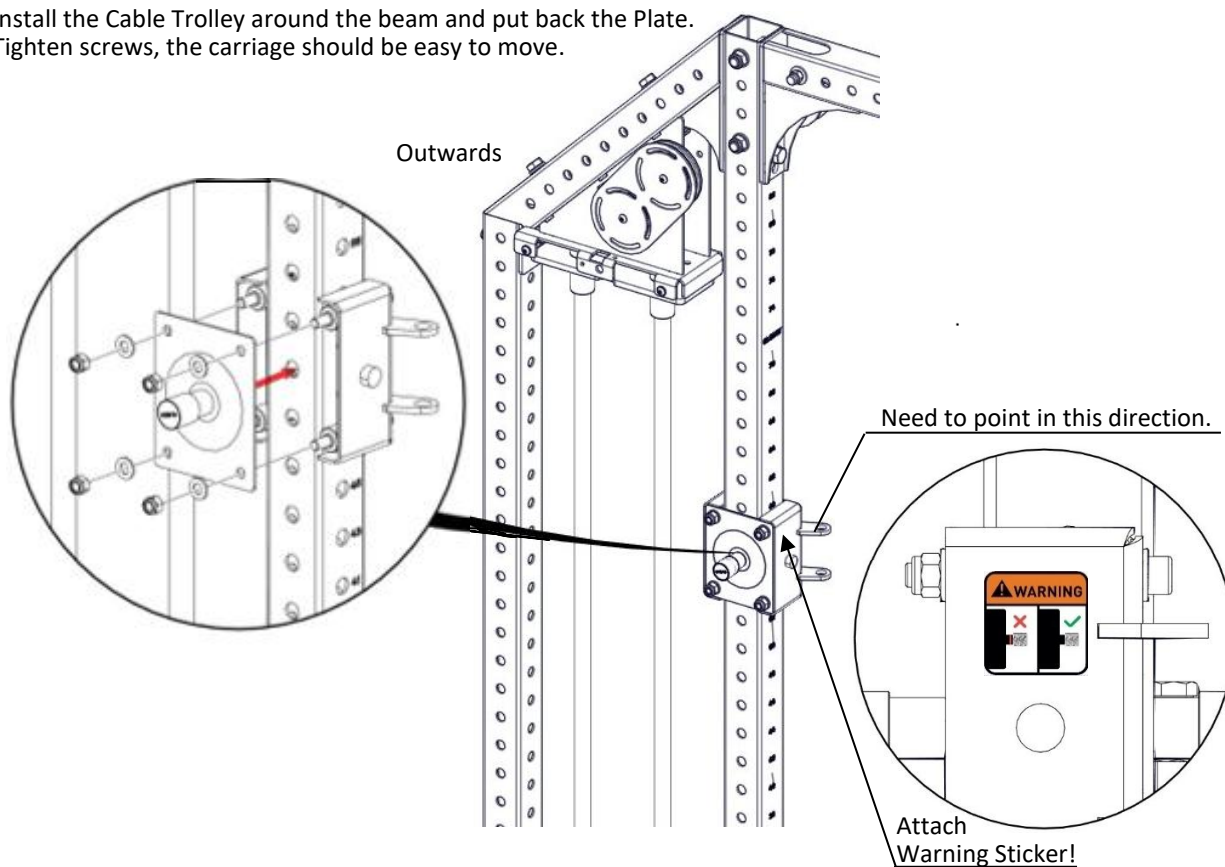


28

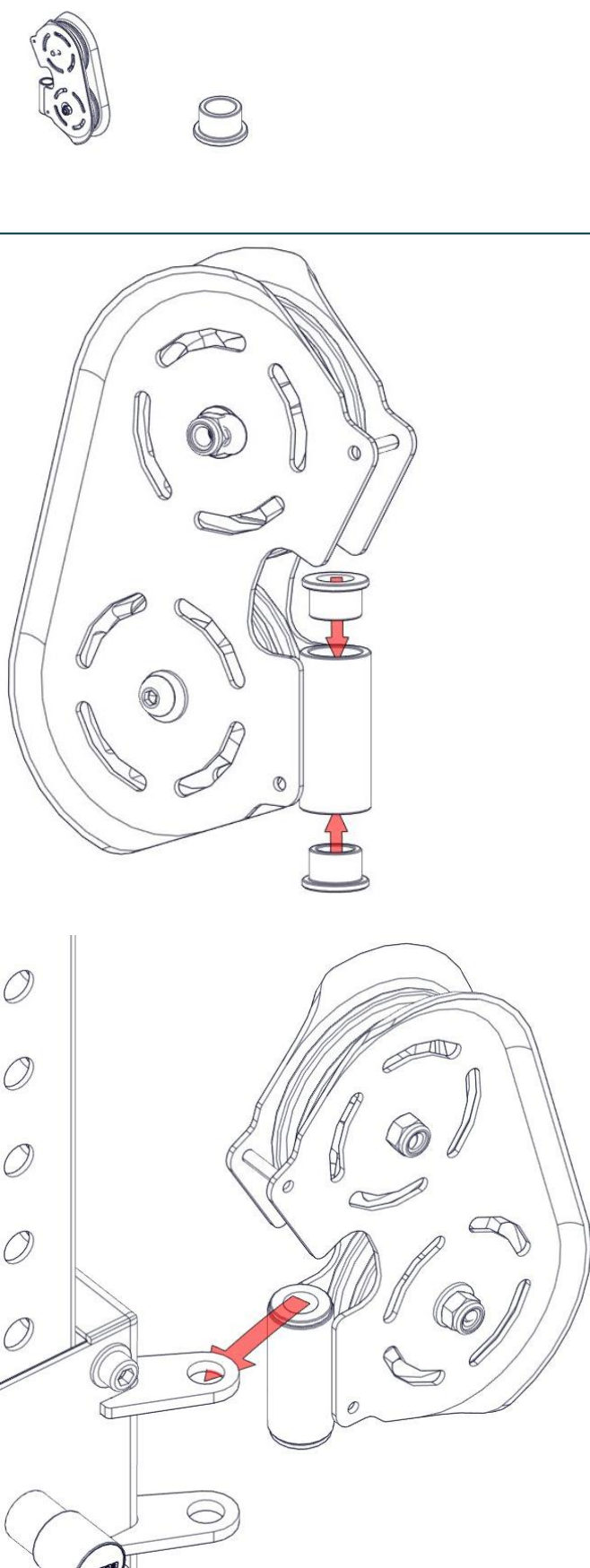
Remove Plate. Be careful not to lose any parts!

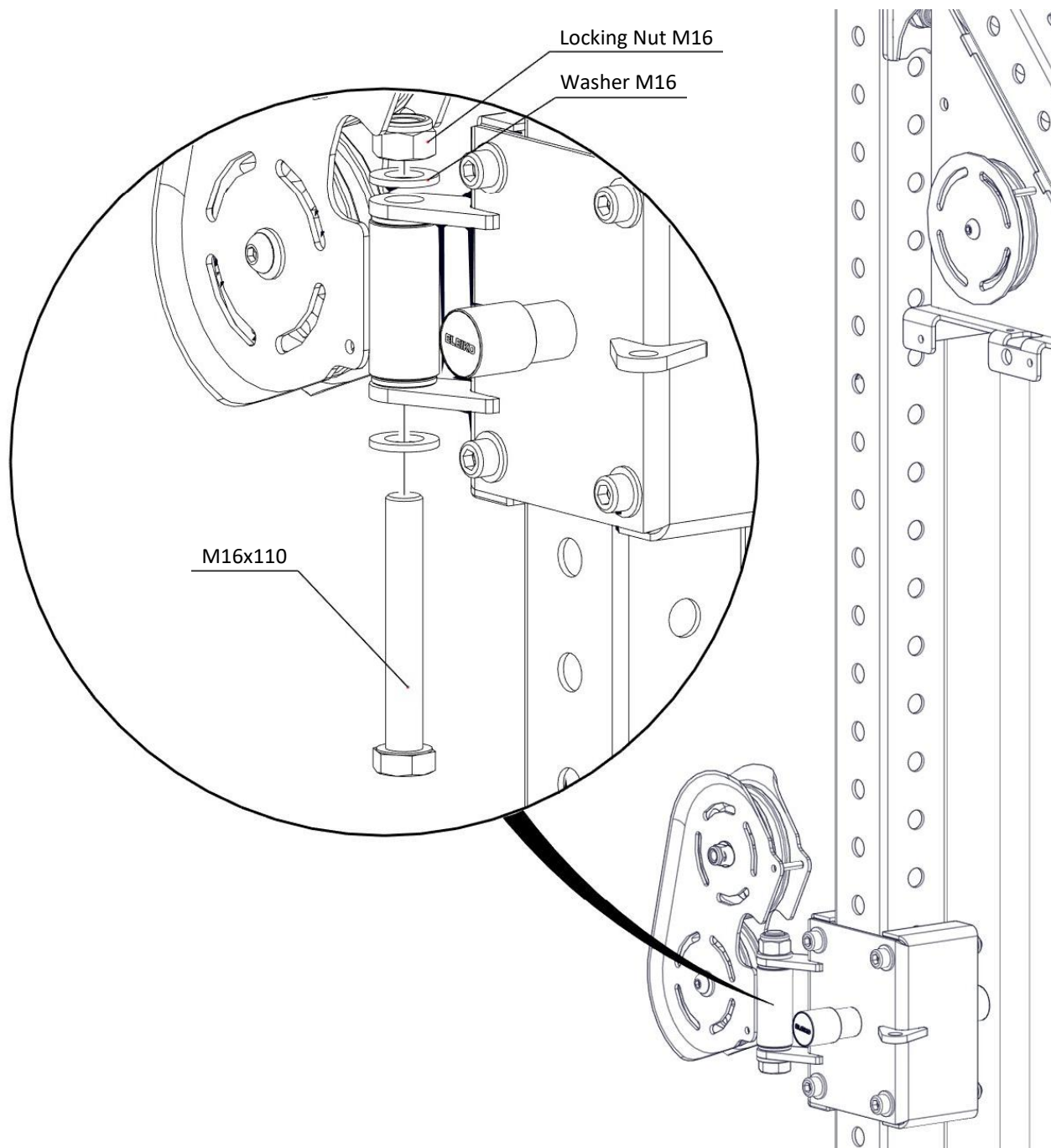


Install the Cable Trolley around the beam and put back the Plate. Tighten screws, the carriage should be easy to move.



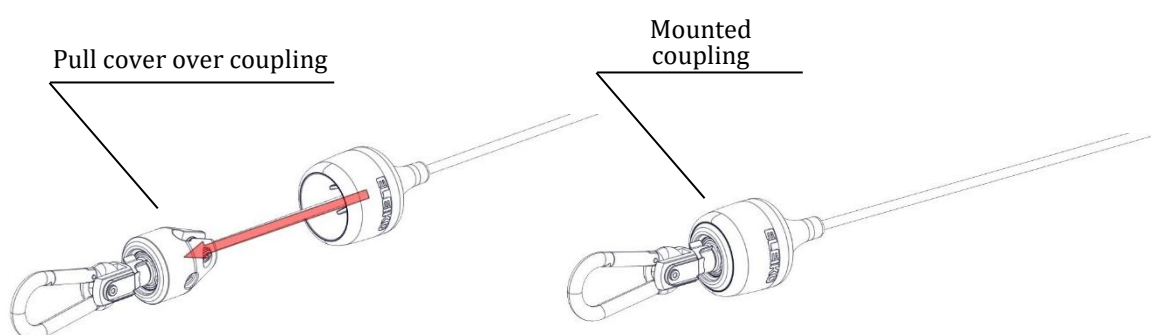
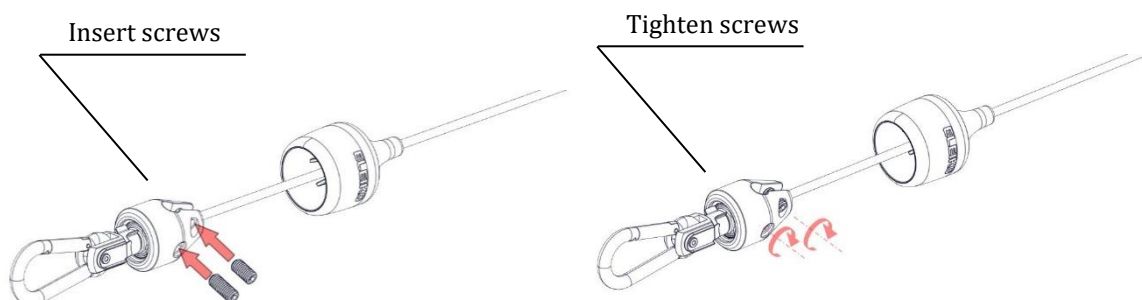
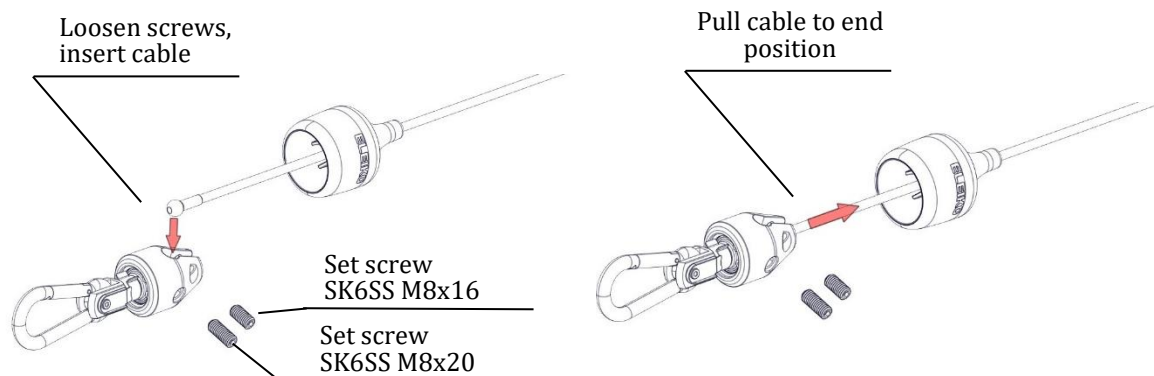
29





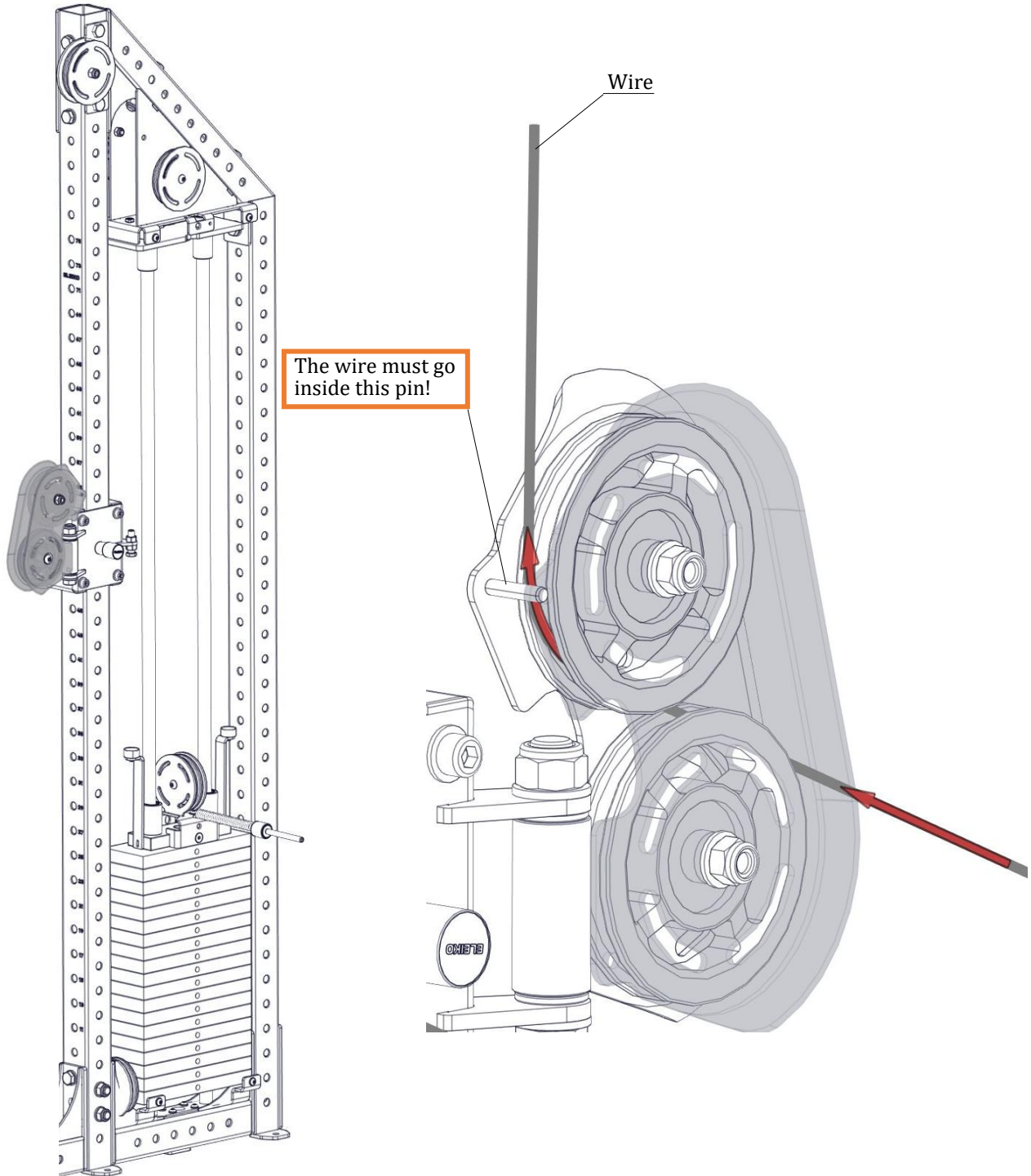
12

Install wire!

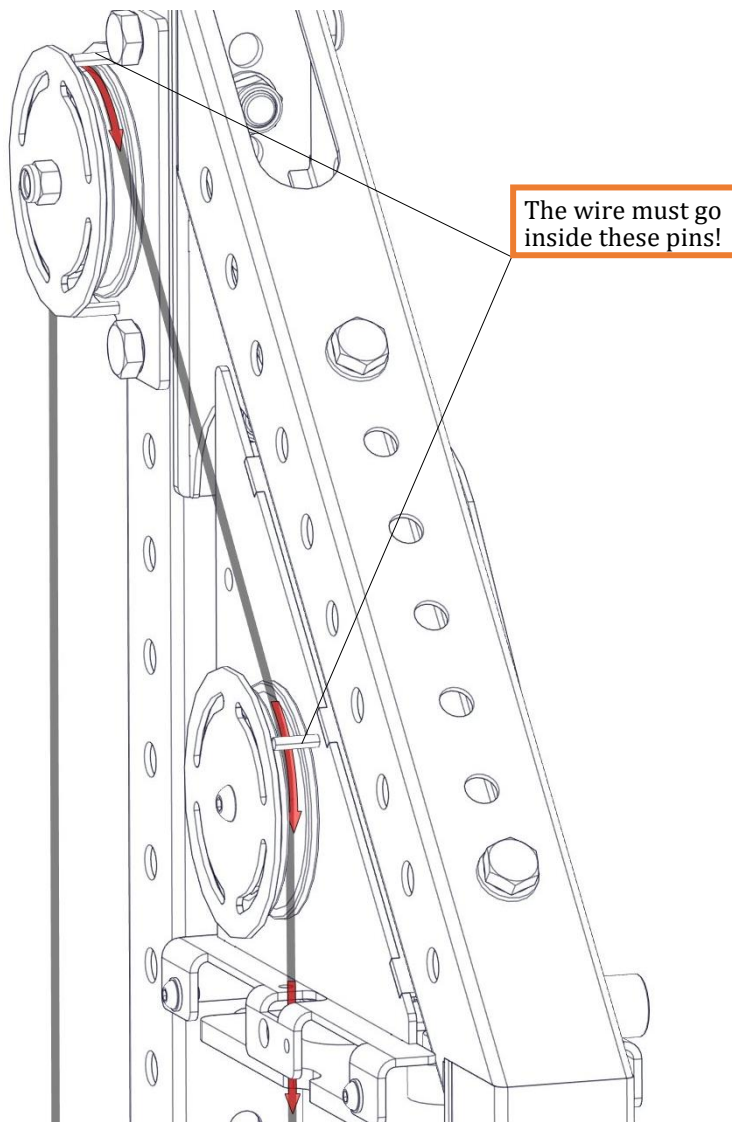
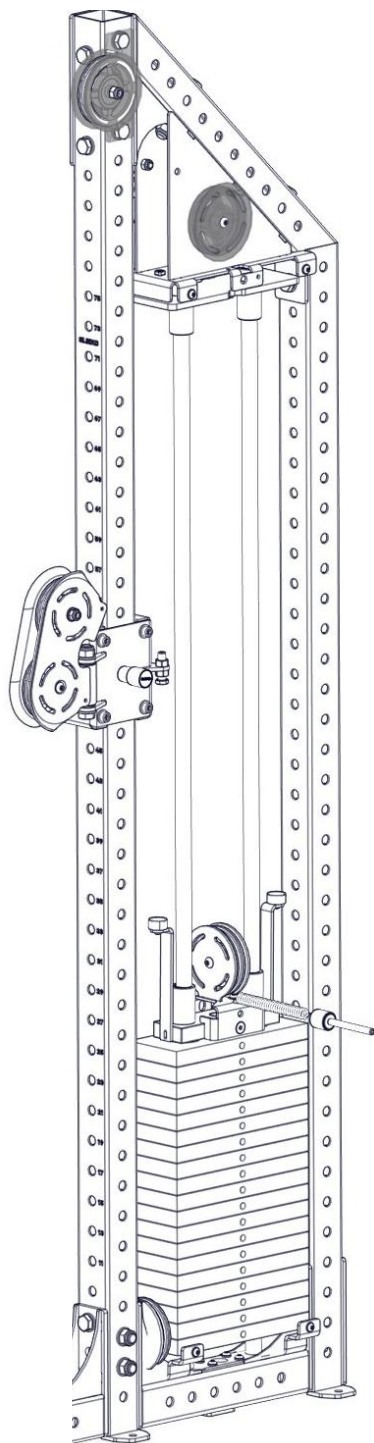


Tighten screws firmly(5Nm)!

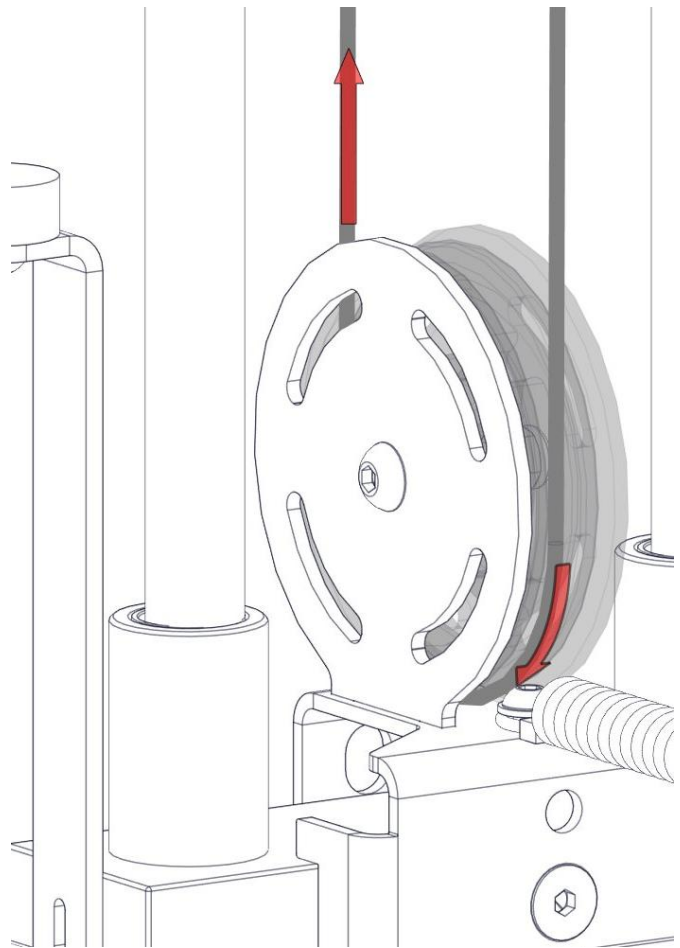
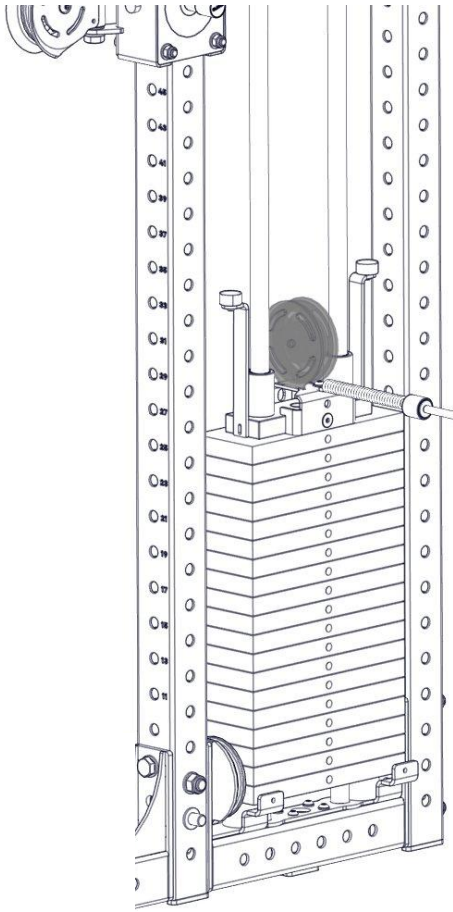
Install wire!



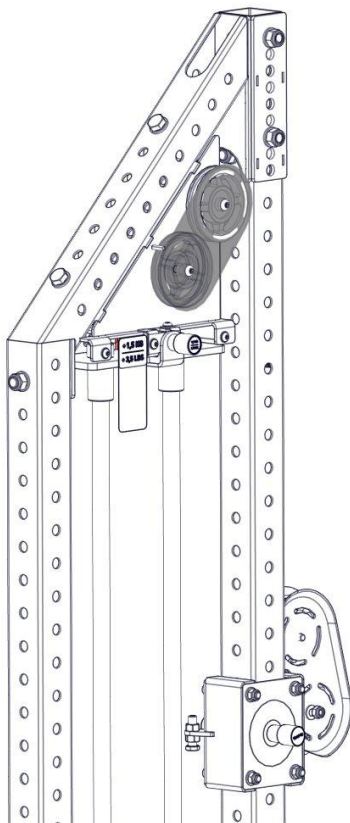
RAISE THE BAR



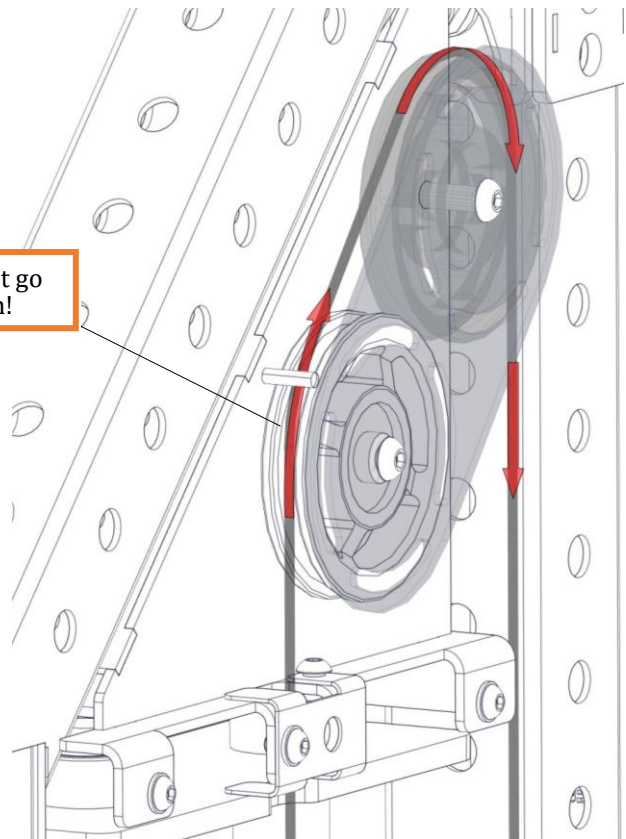
RAISE THE BAR

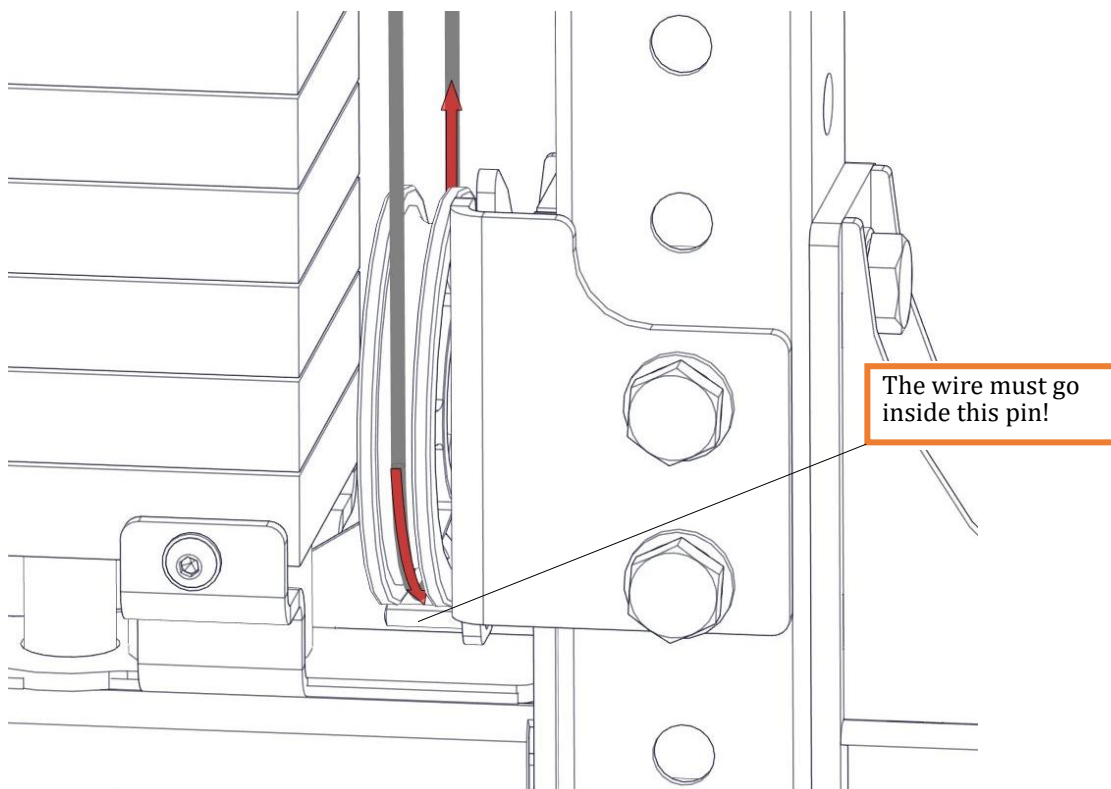
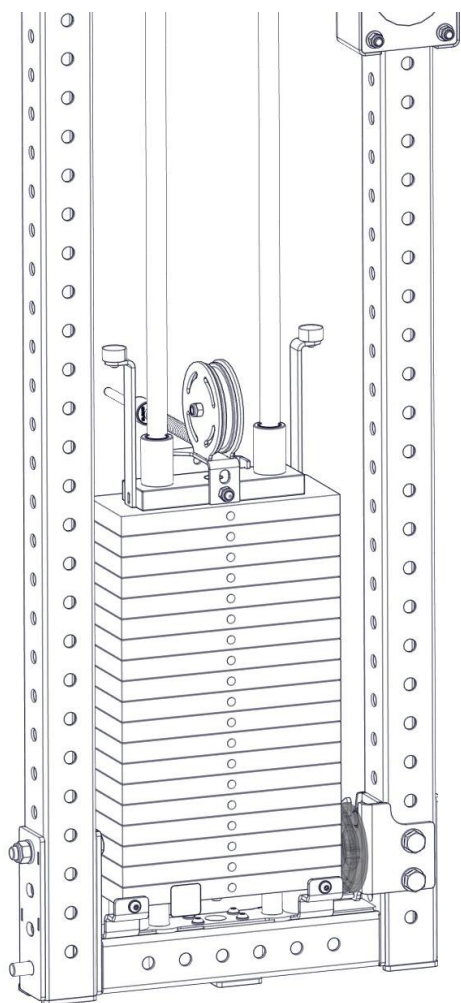


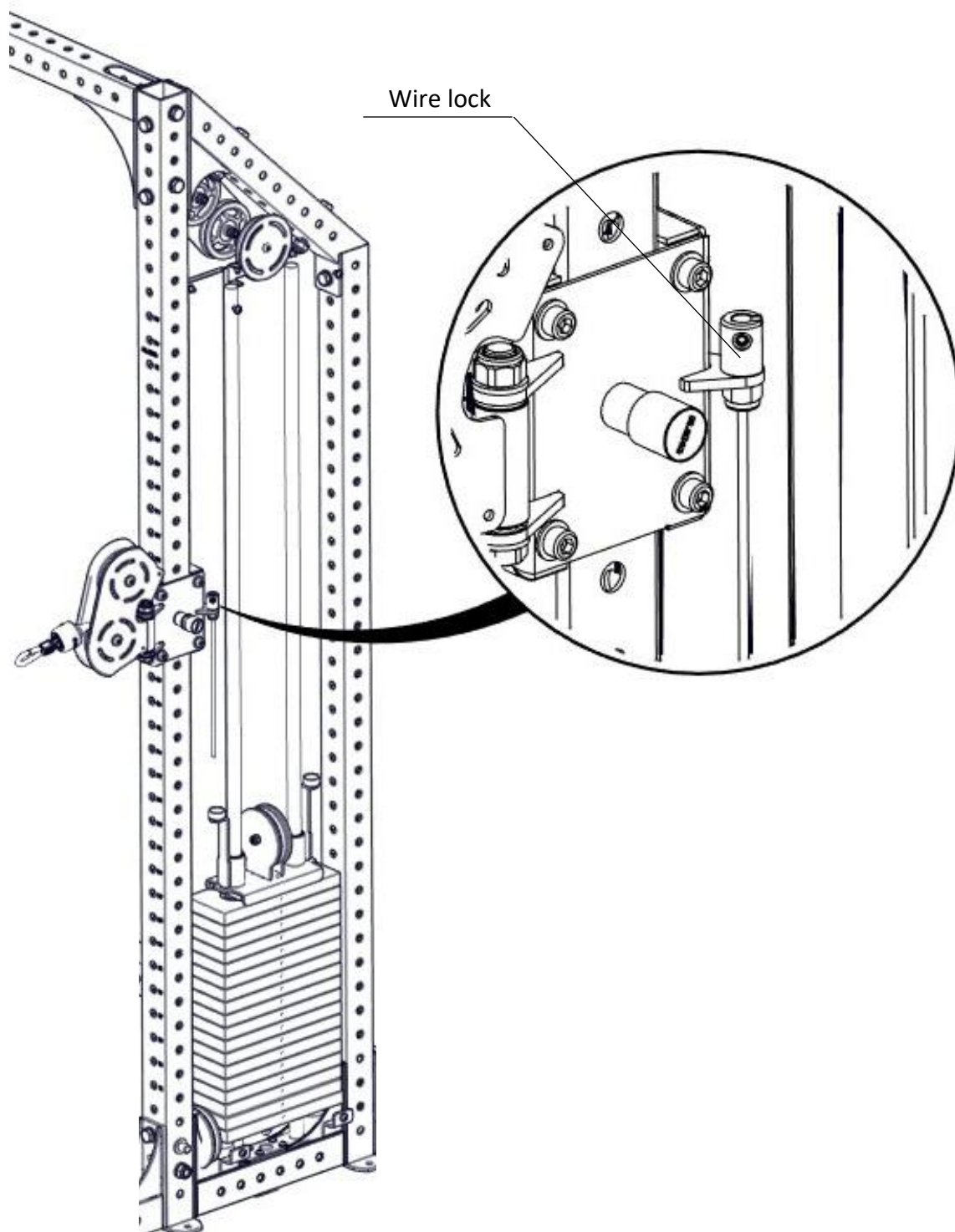
RAISE THE BAR

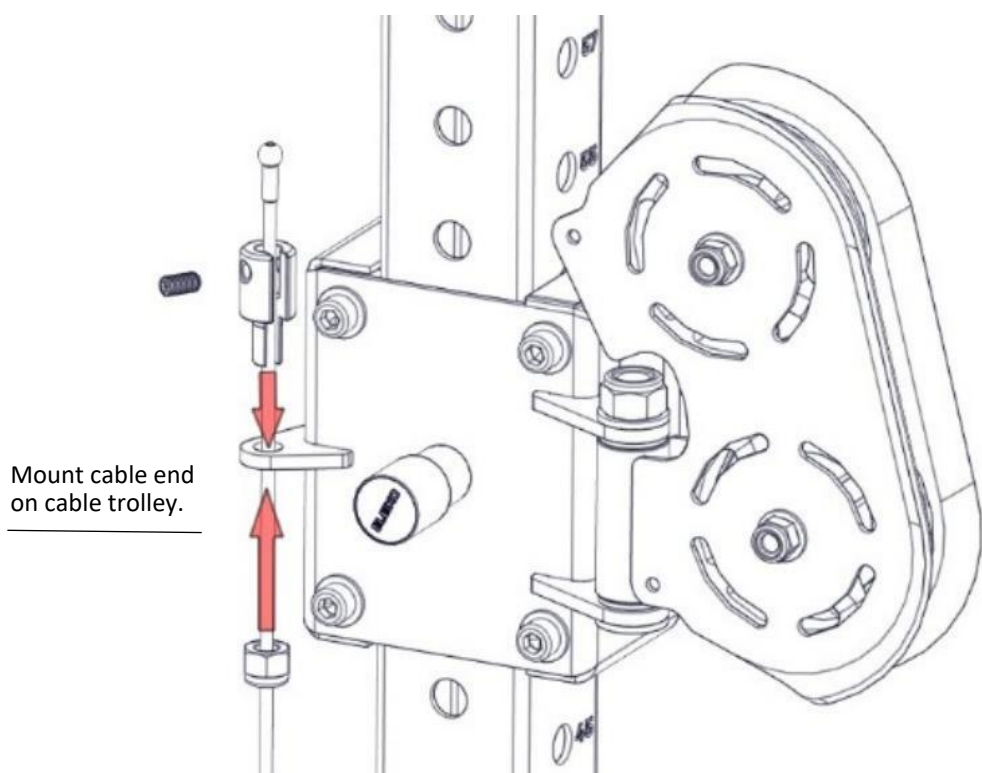
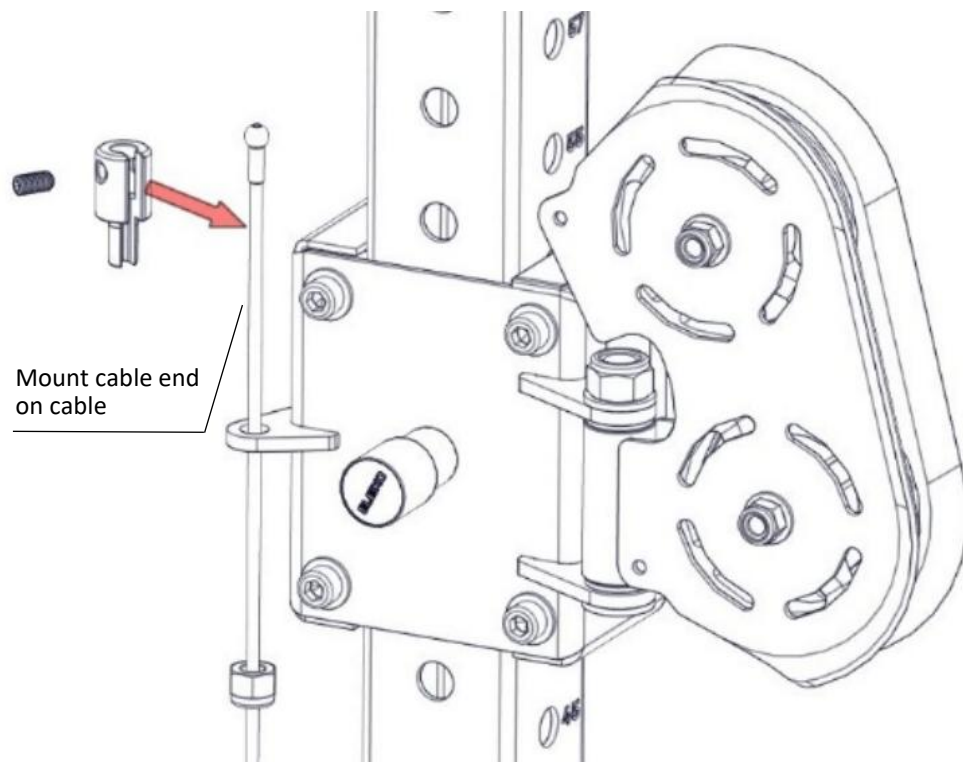
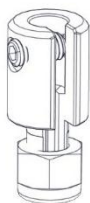


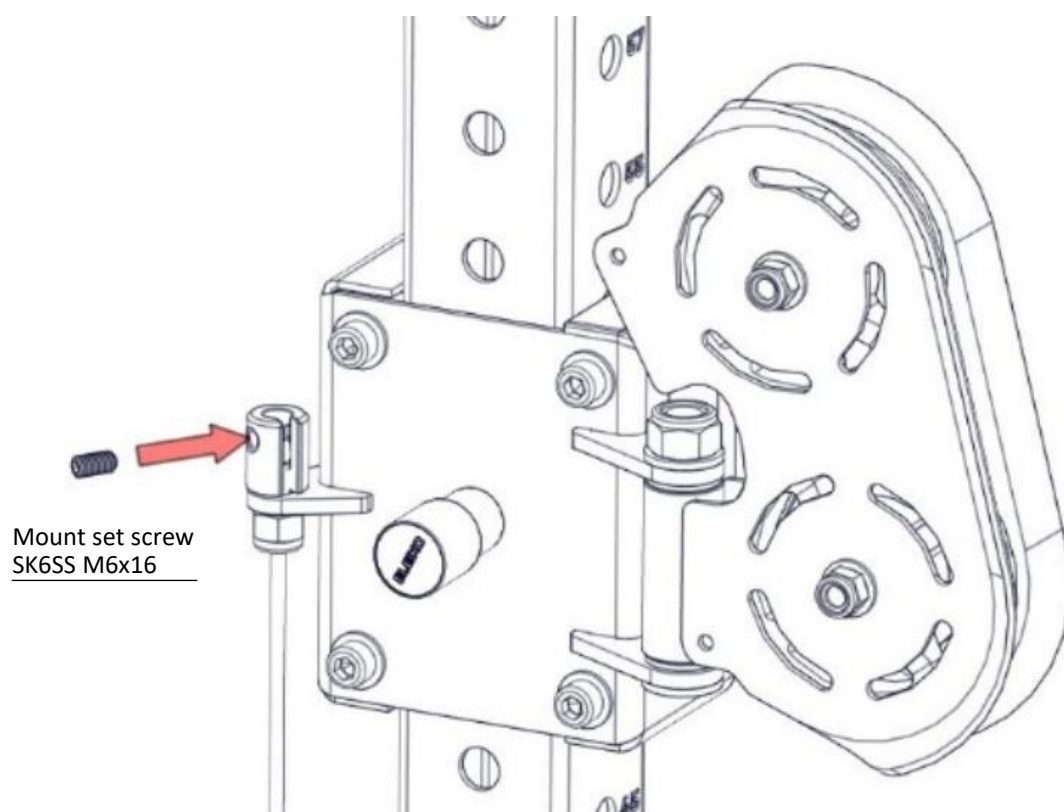
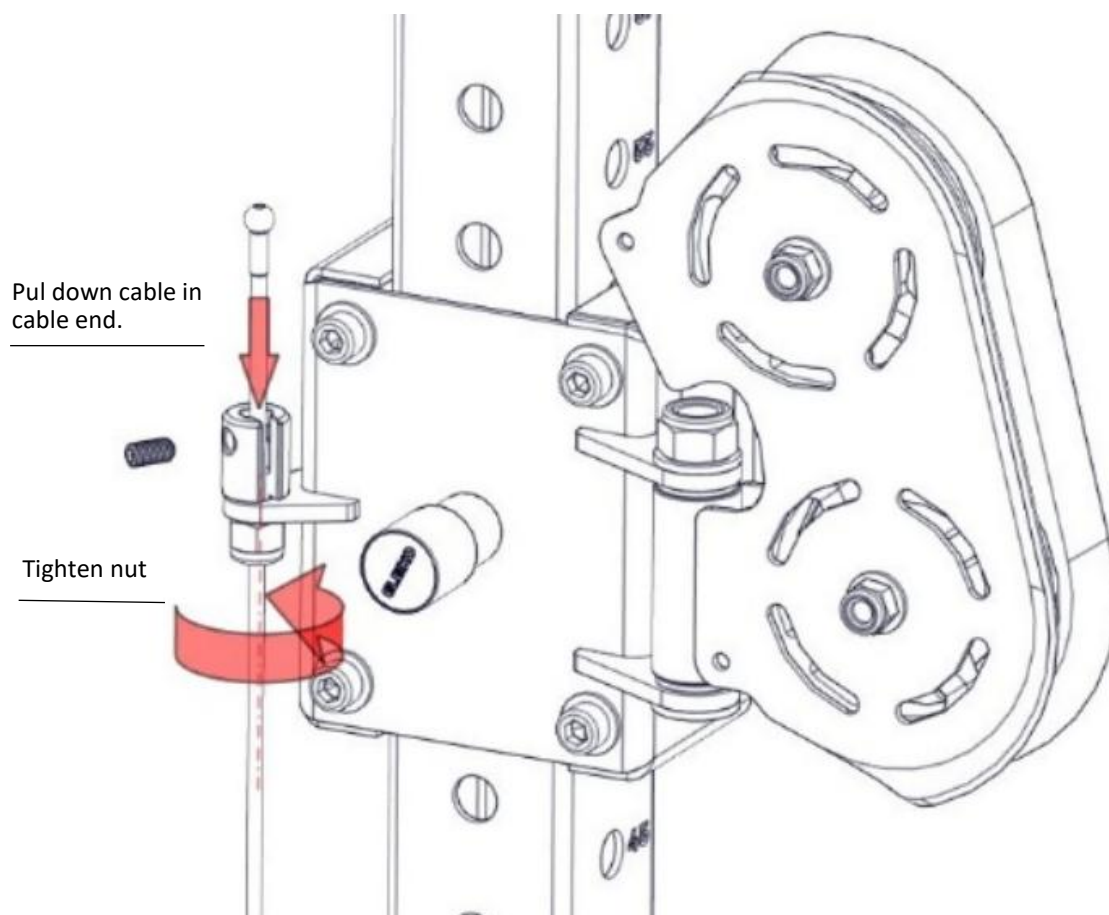
The wire must go inside this pin!

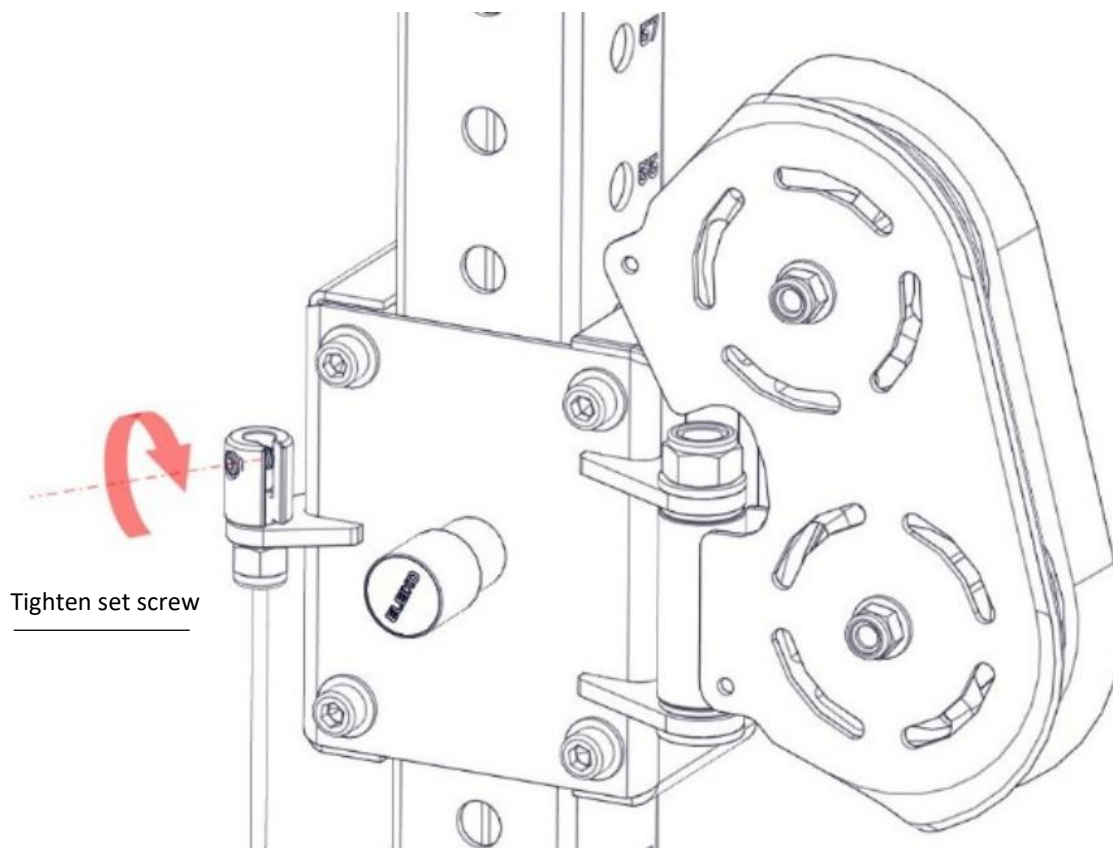






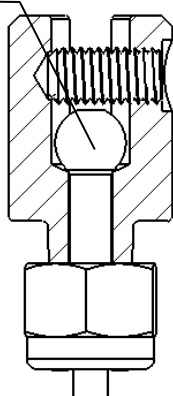




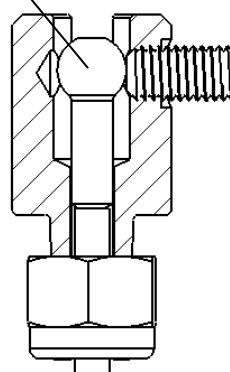


Tighten set screw

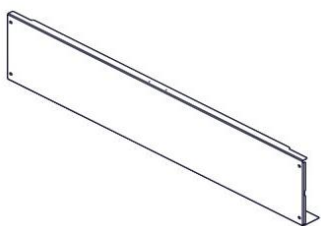
Tighten screw while
keeping cable in end
position!



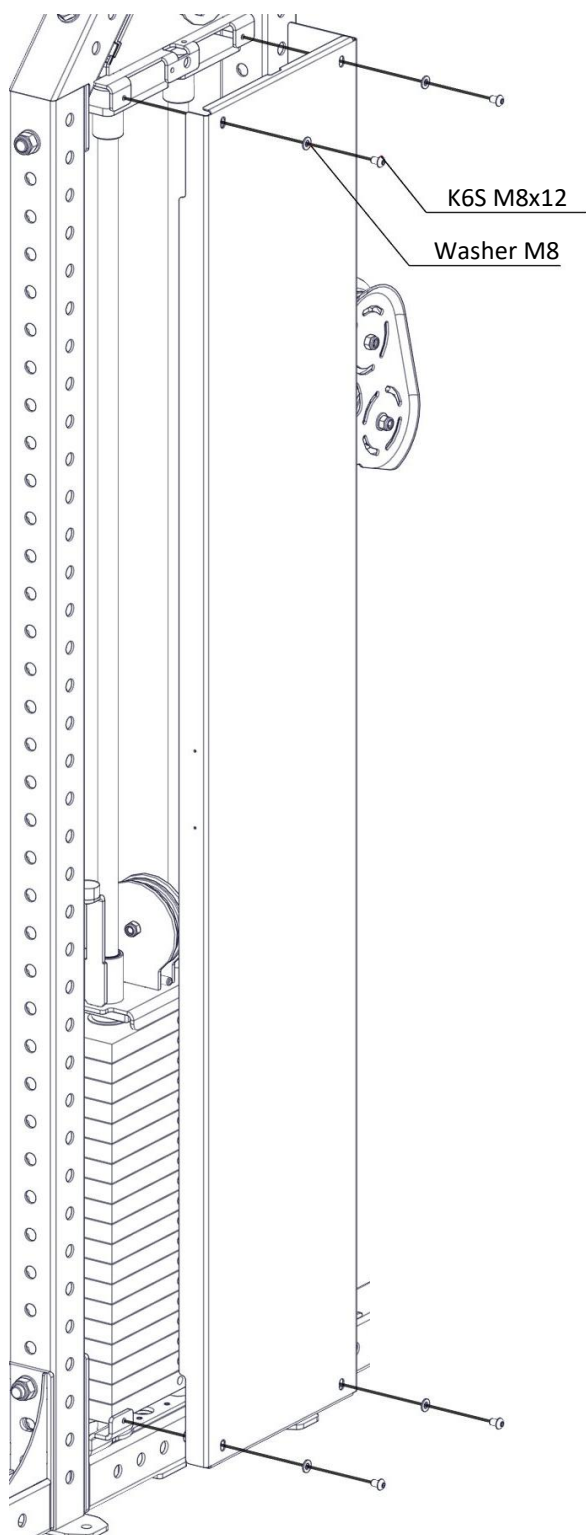
Squeezing cable end
with screw will cause
defect cable!



Tighten screw firmly(5Nm)!

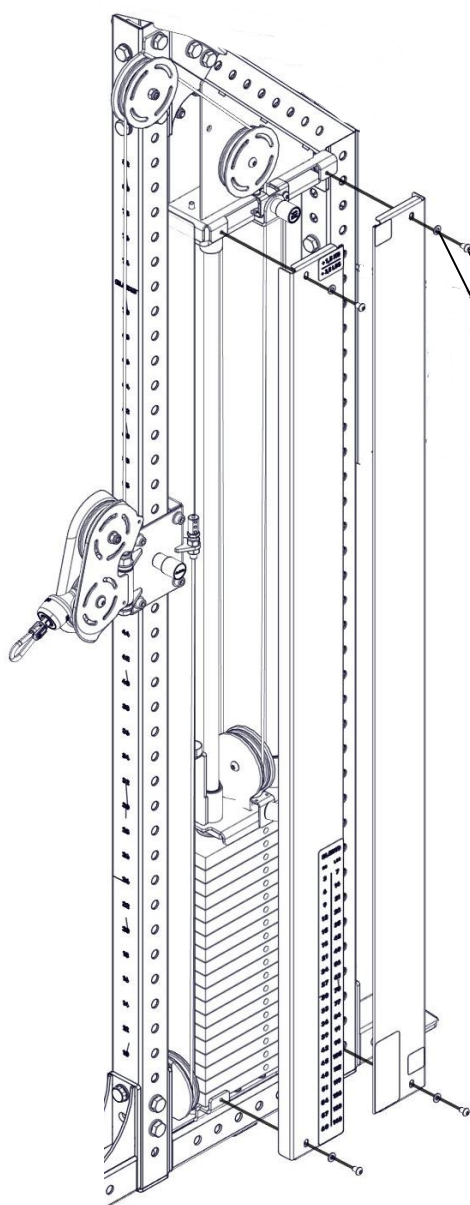
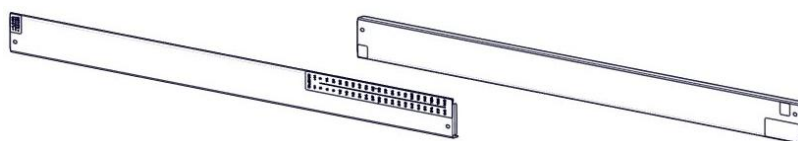


32



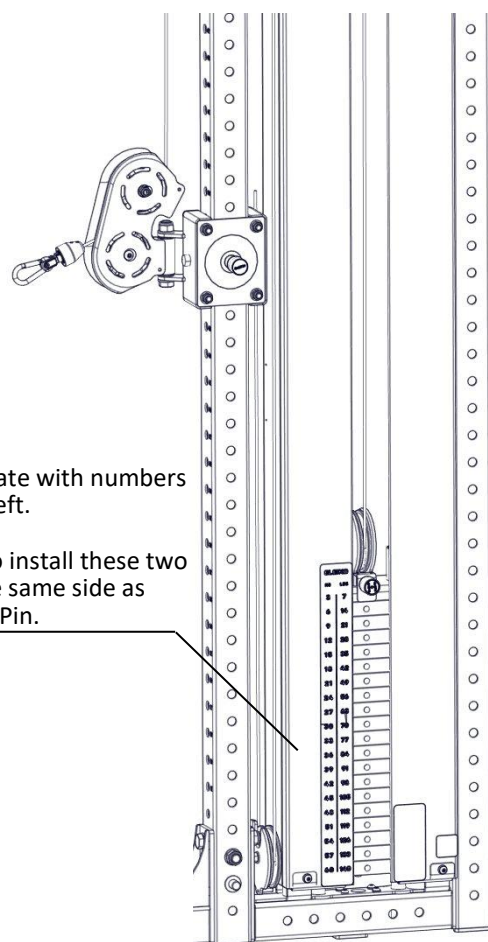
65

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K6S M8x12

Washer M8



The Cover Plate with numbers
goes to the left.

Make sure to install these two
plates on the same side as
The selector Pin.

To ensure the validity of your product warranty, make sure to review this checklist carefully. The warranty will not be applied if the checklist is not followed.

Product Checklist

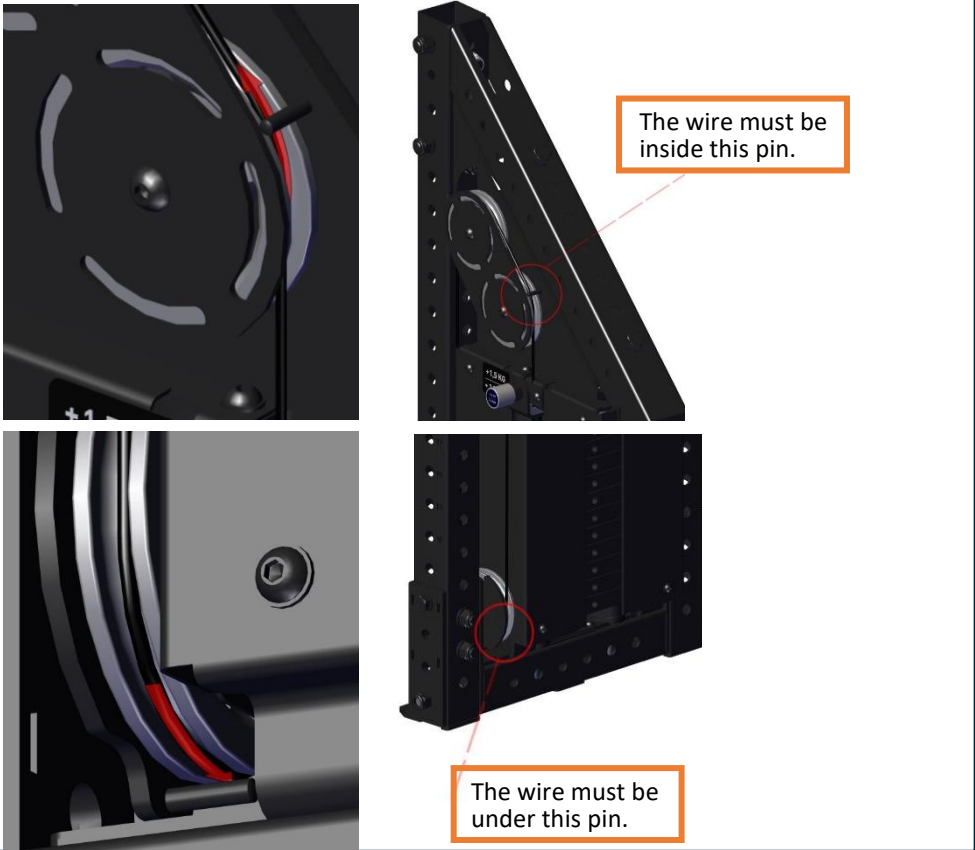
☐



The wire must be inside these pins.

The wire must be inside this pin.

☐

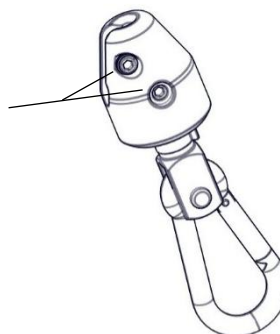


The wire must be inside this pin.

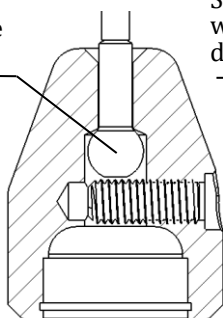
The wire must be under this pin.



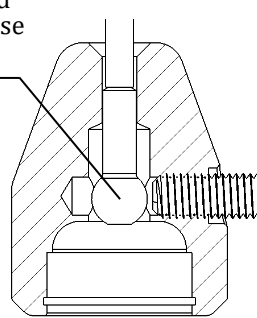
Tighten screws
firmly (5Nm)!



Tighten screws
while keeping cable
in end position!



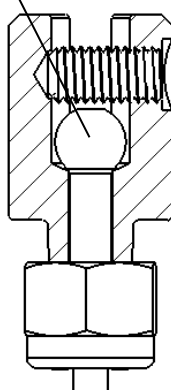
Squeezing cable end
with screw will cause
defect cable!



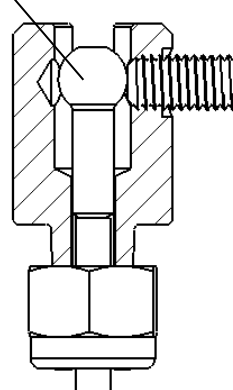
Tighten screw
firmly(5Nm)!

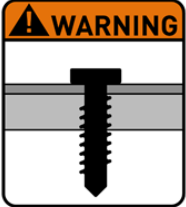


Tighten screw while
keeping cable in end
position!



Squeezing cable end
with screw will cause
defect cable!



☐	
☐	 I have read and understood that Eleiko always recommends that this product should be bolted to the ground. If you are someone other than the buyer and who performed the installation, you guarantee that the buyer has been notified of this recommendation.

RAISE THE BAR

ELEIKO

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rev. 2025-09-24 Rev E